



National Core Indicators®
Intellectual and Developmental Disabilities (NCI®-IDD)

NCI In-Person Survey COVID-19 Supplement

National Report Special Edition

In response to the COVID-19 pandemic, NCI-IDD added a state-optional COVID-19 supplement to all NCI surveys. The COVID-19 supplement is intended to support the understanding of the experience of people with disabilities and their families at the beginning of the COVID-19 pandemic, and their interactions with services during that time. Data were collected between July 1, 2020 and June 30, 2021. This Special Edition Report shows individual state and overall national outcomes for the NCI-IDD COVID-19 Supplement questions.

(The 2021-22 NCI-IDD data cycle also contains a COVID-19 supplement to support an ongoing understanding of the continuing effects of the pandemic on people's lives and services.)

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Executive Summary

Given the disruptions that have occurred on a global level due to the COVID-19 pandemic, policymakers and other stakeholders need data to understand the consequences of these disruptions in the lives of people with intellectual and developmental disabilities (IDD). To capture these experiences, the NCI-IDD team developed a supplemental module to the In-Person Survey (IPS) that was administered from July 2020 through the end of June 2021. Supplemental questions elicited information on the extent of COVID diagnosis (or presumed diagnosis) and hospitalizations, changes to services and supports, the role of technology, adequacy of supports, health and safety, and the personal fallout from enforced isolation and anxiety.

Diagnoses (or Presumed Diagnoses) and Hospitalizations

According to administrative records of survey respondents, 10% of respondents had ever been diagnosed with COVID (or presumed to have had COVID). Of those who developed COVID symptoms, 18% required in-patient hospitalization. The data on diagnosis and hospitalizations came from existing records, and was not asked directly of the person receiving services.

Changes to Services

Given the lockdowns and isolation that occurred during the first several months of the COVID-19 pandemic, it is not surprising that 38% of respondents reported that they stopped going to their in-person day programs or other unpaid day or community activity; a further 17% reported having fewer hours of day programming; and another 12% reported having stopped work at their paid community job during the COVID-19 pandemic. Almost one quarter of respondents (22%) noted that they liked the fact that they got to talk more with family and friends during the COVID-19 pandemic, and one third (33%) noted that they liked the changes to their daily routine that allowed them to stay home more during the pandemic. Among respondents, almost three quarters (77%) noted that they either chose or had input in choosing the changes to their daily schedule that occurred due to COVID-19 pandemic.

Technology

Technology played a big role in keeping people with IDD in touch with case managers, healthcare workers, remote day programs and

WHAT IS THE NCI-IDD IN-PERSON SURVEY?

The NCI In-Person Survey (IPS) is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state Developmental Disability (DD) service system.

The IPS is conducted via direct conversation with the person receiving services – either face-to-face or via videoconference.

The survey instrument includes a “Background Information Section” that gathers data about the person from agency records.

The IPS includes questions that can only be answered by the person receiving services from the state, as well as subjective questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

family and friends. Over one quarter (28%) of respondents noted that they liked using technology more during the COVID-19 pandemic. Of respondents, 88% had access to a computer, tablet, or smartphone that they could use in their home, and 83% reported that their home internet always worked and the connection was always good. More than half of respondents (57%) reported using a videoconference tool (like Skype, Zoom or FaceTime) at least once to talk with their case manager/service coordinator and 68% reported that they liked talking to their case manager/service coordinator using videoconference. Almost one fifth (18%) of respondents reported having participated via videoconference technology in social groups organized by their day program; 16% reported participating in exercise or physical activity via videoconference; and 12% reported participating in life skills (cooking or other self-care) activities via videoconference. Slightly more than three quarters (78%) of respondents said they like receiving services through videoconference or felt in-between about it.

Support

There were concerns that the COVID disruptions would result in a reduction in available support for people with IDD. While some disruptions were inevitable, slightly less than 20% of respondents said that they often or sometimes didn't have the help they needed during the COVID-19 pandemic. Eleven percent of respondents said they did not talk to their case manager/service coordinator enough during the COVID-19 pandemic.

Health and Safety

To stay safe, 47% of respondents said that they needed more help or reminders to wash their hands regularly during the day. Forty-five percent said that they needed more help or reminders to wear a mask when they went outside or to places where other people were, and 48% need more help or reminders to stay far enough away from people so germs don't spread (social distance). Almost all (99%) respondents said that there was always or sometimes a mask available when they need one, and 85% noted that all of their staff always used personal protective equipment (PPE).

Personal Experiences

For some respondents, the COVID-19 pandemic was an anxious time: More than one third of respondents (37%) felt more worried, scared, or sad during the COVID-19 pandemic when compared to before the COVID-19 pandemic, though only about a fourth (23%) of respondents said that they wanted help or wanted more help to feel less worried, scared, or anxious. Social connections and community participation were also affected by the COVID-19 pandemic: Sixty-six percent (66%) of respondents said they talked to family and friends as much as they wanted to, while 19% said they talked to some friends and family as much as they wanted, but talked with others less than they wanted.

Conclusion

These data provide a snapshot of the COVID-19 pandemic experiences of people with IDD receiving services and supports. These data can help state DD systems to reflect on their emergency response processes—and to examine whether system processes adequately address the needs and goals of those receiving services during emergencies and to identify where improvements can be made.

**In-Person
Survey (IPS)
COVID
Supplement**

IPS COVID Supplement participating states were: AL, AR, CA, CO, FL, GA, HI, IL, IN, KS, KY, MI, MO, NC, NE, NH, NJ, NV, OH, OR, PA, SD, TN, VA, WI

NCI Averages:

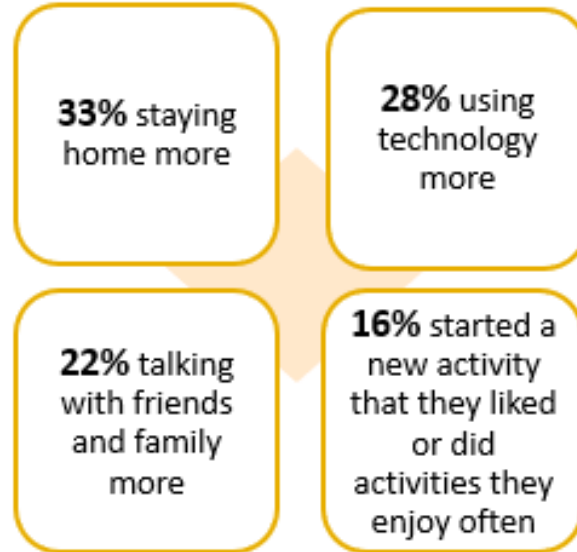
- Include all participating states
- Data are weighted

**proxy respondents were allowed for some questions*

The most common changes to routine or daily schedule during the COVID-19 pandemic



Respondents reported liking the following changes to their lives and daily routines that they experienced during the COVID-19 pandemic



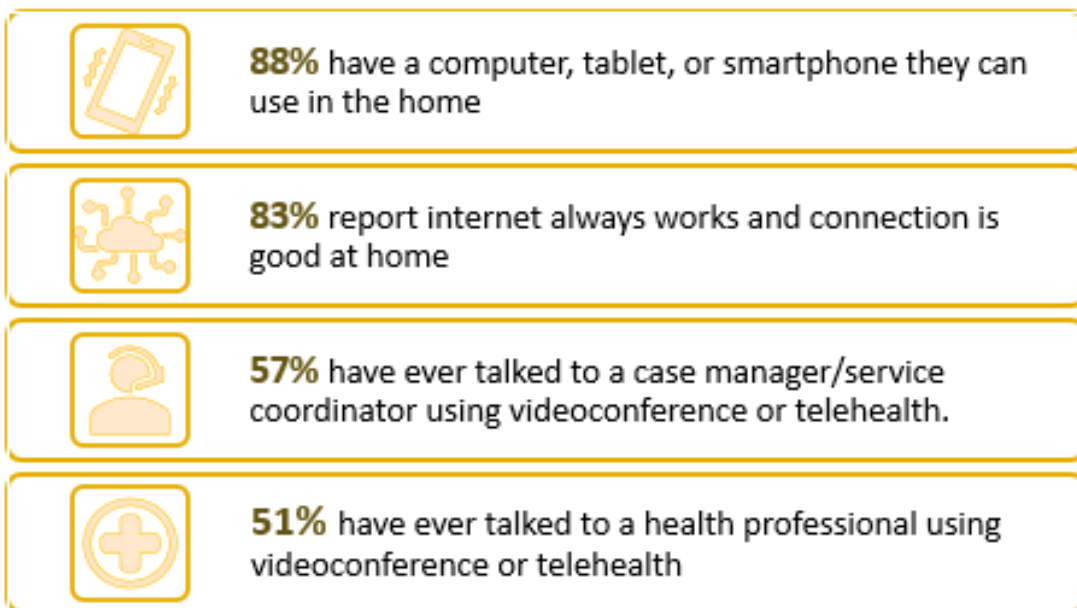
If there were changes in daily schedule, who chose person's new daily schedule?

- 44%** person chose
- 33%** person had help choosing
- 23%** someone else chose

During the COVID pandemic in 2020



Technology



Services done using videoconference since COVID time started...

- **18%** social groups organized by day program
- **16%** exercises or physical activity
- **12%** life skills (cooking, other self-care)
- **4%** job coaching, job skills, other employment related activities



Presentation of Data

This report includes statewide and weighted NCI-IDD averages for the IPS COVID Supplement. The following 25 states chose to use the 2020-21 IPS COVID-19 Supplement: AL, AR, CA, CO, FL, GA, HI, IL, IN, KS, KY, MI, MO, NC, NE, NH, NJ, NV, OH, OR, PA, SD, TN, VA, WI.

Data for this COVID supplement are primarily derived via direct conversation with the person receiving services, or for some select questions, from a proxy respondent. Some data come from a background information section of the survey (typically collected from administrative records). The source of the information is noted within the table titles.

The NCI averages contained in this report are “weighted” means; their calculations reflect the relative population sizes of participating states and the sample sizes. In addition, California averages are weighted to account for oversampling by regional center.

Important notes on data

The data collection cycle runs between July 1, 2020 and June 30 2021. Individual and state-level COVID experiences may have varied throughout the year, and these data do not account for national or state-level policies that may have changed through the year and impacted experiences with the service system.

Please note: Analysis of the COVID supplement data was conducted separately from analysis of the standard IPS content. Please take caution in comparing these data to national reports.

To protect people’s privacy, we do not show the data when fewer than 20 people from a state responded to a question. Their data are noted as “n/a” in table; however, their responses are included in the NCI-IDD average.

Data from California are included in the weighted NCI-IDD averages and total N but are not broken out in the tables.

COVID-19 Diagnosis and Hospitalization

Table 1. Has this person ever been diagnosed or presumed diagnosed with COVID-19?

Information may have been obtained through state records

State	Yes	No	N
AL	19%	81%	384
AR	11%	89%	398
CO	8%	92%	655
FL	12%	88%	346
GA	11%	89%	403
HI	1%	99%	306
IL	14%	86%	316
IN	12%	88%	397
KS	15%	85%	367
KY	5%	95%	346
MI	7%	93%	89
MO	12%	88%	397
NC	11%	89%	360
NE	14%	86%	403
NH	5%	95%	394
NJ	12%	88%	345
NV	16%	84%	351
OH	5%	95%	326
OR	4%	96%	420
PA	9%	91%	596
SD	25%	75%	395
TN	n/a	n/a	n/a
VA	13%	87%	670
WI	7%	93%	794
Weighted NCI-IDD Average	10%	90%	10,093

Table 2. Has this person ever required in-patient hospitalization due to COVID -19?

Information may have been obtained through state records

State	Yes	No	N
AL	11%	89%	73
AR	12%	88%	43
CO	6%	94%	51
FL	33%	67%	43
GA	18%	82%	44
HI	n/a	n/a	n/a
IL	10%	90%	42
IN	11%	89%	45
KS	4%	96%	51
KY	n/a	n/a	n/a
MI	n/a	n/a	n/a
MO	11%	89%	46
NC	10%	90%	39
NE	9%	91%	58
NH	n/a	n/a	n/a
NJ	38%	63%	40
NV	19%	81%	42
OH	n/a	n/a	n/a
OR	n/a	n/a	n/a
PA	24%	76%	54
SD	12%	88%	98
TN	n/a	n/a	n/a
VA	12%	88%	90
WI	10%	90%	59
Weighted NCI-IDD Average	18%	82%	1,058

Table 3. If this person required in-patient hospitalization due to COVID-19, did this person require intubation?

Information may have been obtained through state records; Data are not shown for individual states because the sample sizes from each state were too small (<20).

State	Yes	No	N
Weighted NCI-IDD Average	19%	81%	129

Table 4. If this person required in-patient hospitalization due to COVID-19, was this person sent to the Intensive Care Unit (ICU)?

Information may have been obtained through state records; Data are not shown for individual states because the sample sizes from each state were too small (<20).

State	Yes	No	N
Weighted NCI-IDD Average	27%	73%	125

Table 5. If this person required in-patient hospitalization due to COVID-19, where did this person go after leaving the hospital?

Information may have been obtained through state records;

Data are not shown for individual states because the sample sizes from each state were too small (<20).

State	Returned to the home where they lived prior to hospitalization	Their family home	A different group home or provider operated residential setting than where they lived prior to hospitalization	A nursing home	A rehabilitation facility	Other ¹	N
Weighted NCI-IDD Average	78%	5%	1%	1%	10%	5%	138

¹ The “Other” response includes a write-in option, for this report, the write-in responses were not analyzed.

Changes to services

Table 6. Have you heard of COVID-19 (also known as coronavirus)?

Only person receiving services was allowed to respond

State	Yes	Maybe	No	N
AL	92%	1%	7%	291
AR	94%	0%	6%	294
CO	89%	4%	8%	555
GA	93%	1%	7%	257
HI	87%	1%	12%	177
IL	89%	3%	8%	229
IN	90%	2%	8%	242
KY	97%	1%	3%	187
MI	88%	3%	9%	393
MN	79%	6%	15%	314
MO	94%	1%	5%	291
NC	93%	1%	7%	240
NH	97%	1%	2%	310
NJ	91%	1%	9%	235
NV	94%	1%	5%	358
OR	94%	3%	4%	256
PA	93%	1%	5%	445
SD	90%	3%	8%	349
VA	96%	1%	4%	379
WI	96%	1%	3%	556
Weighted NCI-IDD Average	92%	2%	6%	11,813

Table 7A. During COVID time, did any of these changes occur?

Proxy respondents were allowed for this question

State	Moved or changed where they live	Changes in in-home supports (if person did not move)	Stopped going to in-person day program workshop or other unpaid day or community activity	Went fewer hours to day program, workshop or other unpaid day or community activity	Stopped working at paid community job	N
AL	3%	8%	81%	6%	10%	386
AR	3%	7%	38%	18%	3%	394
CO	11%	17%	70%	38%	22%	633
GA	5%	4%	76%	33%	8%	405
HI	5%	16%	55%	24%	5%	311
IL	3%	5%	55%	33%	16%	334
IN	3%	13%	37%	29%	16%	328
KY	1%	2%	62%	50%	8%	390
MI	6%	15%	44%	17%	13%	634
MN	9%	22%	57%	19%	27%	394
MO	7%	11%	37%	18%	8%	402
NC	6%	10%	54%	12%	9%	426
NH	10%	14%	51%	28%	30%	398
NJ	9%	15%	71%	15%	11%	403
NV	8%	12%	47%	27%	13%	406
OR	11%	25%	44%	10%	24%	420
PA	3%	7%	48%	14%	12%	658
SD	13%	27%	57%	14%	22%	400
VA	5%	12%	53%	10%	11%	719
WI	6%	13%	32%	10%	22%	770
Weighted NCI-IDD Average	5%	12%	54%	19%	14%	17,846

Table 7B. During COVID time, did any of these changes occur? (Continued)

Proxy respondents were allowed for this question

State	Worked fewer hours at paid community job	Saw family or friends (who don't live with person) less often or stopped seeing in person	Went into community less often or stopped going	Stopped going to school in person	Other ²	None of the above	N
AL	1%	55%	74%	3%	2%	1%	386
AR	2%	44%	75%	2%	11%	11%	394
CO	11%	68%	87%	9%	23%	1%	633
GA	4%	48%	82%	0%	6%	2%	405
HI	4%	64%	74%	6%	33%	7%	311
IL	5%	47%	72%	2%	7%	6%	334
IN	10%	55%	77%	5%	18%	7%	328
KY	7%	77%	94%	2%	1%	2%	390
MI	5%	58%	79%	10%	21%	8%	634
MN	9%	75%	87%	5%	6%	3%	394
MO	4%	46%	68%	2%	14%	10%	402
NC	2%	74%	95%	12%	35%	2%	426
NH	11%	85%	91%	3%	37%	0%	398
NJ	5%	75%	90%	3%	21%	2%	403
NV	10%	46%	64%	4%	11%	8%	406
OR	6%	74%	91%	13%	26%	2%	420
PA	5%	55%	80%	5%	14%	4%	658
SD	8%	74%	93%	2%	6%	2%	400
VA	2%	71%	94%	5%	21%	1%	719
WI	6%	62%	75%	8%	22%	8%	770
Weighted NCI-IDD Average	5%	65%	84%	8%	16%	4%	17,846

² The “Other” response includes a write-in option, for this report, the write-in responses were not analyzed.

Table 8. During COVID time, if there were changes in your daily schedule (like if you stopped getting some services or had to stay home more), did you get to choose your new daily schedule?

Proxy respondents were allowed for this question

State	Person made the choice	Person had help making the choice	Someone else made the choice	N
AL	58%	31%	12%	364
AR	49%	16%	36%	319
CO	39%	34%	27%	601
GA	52%	33%	15%	380
HI	26%	37%	37%	276
IL	31%	31%	38%	289
IN	46%	35%	19%	303
KY	40%	49%	11%	377
MI	35%	42%	23%	539
MN	60%	28%	12%	348
MO	54%	34%	12%	331
NC	25%	48%	27%	377
NH	42%	44%	15%	350
NJ	25%	33%	41%	373
NV	46%	22%	32%	348
OR	53%	19%	27%	369
PA	52%	29%	19%	566
SD	46%	35%	19%	349
VA	45%	36%	18%	661
WI	45%	27%	28%	528
Weighted NCI-IDD Average	43%	33%	25%	15,636

Table 9. Think of how your life and daily routine changed since the beginning of COVID time. Have there been any changes that you liked?

Only person receiving services was allowed to respond; categories are not mutually exclusive, therefore N is not shown.

State	Talking more with friends and family	Started a new activity, or doing more of the activities I enjoy	A change in the amount of support I get	Staying home more	New service(s) I started getting	Using technology more	Other ³
AL	34%	20%	5%	54%	1%	36%	8%
AR	13%	6%	3%	34%	0%	6%	59%
CO	25%	32%	13%	33%	7%	39%	33%
GA	11%	10%	3%	26%	0%	15%	49%
HI	20%	21%	7%	33%	5%	31%	44%
IL	23%	14%	2%	26%	1%	14%	40%
IN	26%	9%	7%	39%	4%	13%	41%
KY	6%	4%	1%	78%	13%	63%	1%
MI	24%	16%	5%	27%	3%	31%	42%
MN	22%	21%	3%	40%	2%	25%	30%
MO	17%	13%	4%	29%	2%	8%	43%
NC	21%	13%	3%	35%	0%	16%	43%
NH	19%	25%	4%	27%	7%	31%	48%
NJ	16%	14%	4%	27%	1%	23%	54%
NV	27%	14%	9%	33%	5%	21%	37%
OR	9%	15%	1%	22%	5%	35%	46%
PA	22%	17%	4%	33%	1%	31%	27%
SD	9%	17%	5%	49%	4%	14%	35%
VA	12%	23%	1%	36%	2%	20%	40%
WI	14%	11%	3%	19%	1%	13%	64%
Weighted NCI-IDD Average	22%	16%	4%	33%	3%	28%	41%

³ The “Other” response includes a write-in option, for this report, the write-in responses were not analyzed.

Technology

Table 10. Is there a computer, tablet (iPad or similar), or smartphone that you can use in your home?

Proxy respondents were allowed for this question

State	Yes	Sometimes	No	N
AL	86%	1%	12%	380
AR	70%	0%	30%	390
CO	92%	2%	6%	629
GA	84%	2%	13%	394
HI	76%	3%	21%	307
IL	85%	3%	12%	323
IN	78%	3%	19%	320
KY	96%	3%	1%	389
MI	86%	5%	9%	634
MN	84%	2%	14%	382
MO	83%	2%	15%	397
NC	83%	2%	15%	424
NH	90%	3%	7%	385
NJ	92%	1%	7%	394
NV	70%	6%	24%	399
OR	86%	3%	11%	405
PA	90%	1%	9%	640
SD	80%	2%	17%	394
VA	90%	1%	9%	708
WI	81%	2%	17%	750
Weighted NCI-IDD Average	88%	2%	10%	17,642

Table 11. How does your internet work at home?

Proxy respondents were allowed for this question

State	The internet always works and the connection is good	The internet sometimes works and the connection is sometimes good	The internet rarely or never works, the connection is bad, or I do not have internet in my home	N
AL	87%	11%	3%	349
AR	85%	9%	6%	294
CO	86%	14%	0%	605
GA	91%	8%	1%	326
HI	85%	14%	1%	295
IL	87%	11%	1%	279
IN	88%	11%	1%	270
KY	88%	12%	0%	385
MI	81%	16%	3%	593
MN	81%	17%	2%	361
MO	84%	15%	2%	330
NC	84%	15%	2%	384
NH	78%	20%	2%	366
NJ	81%	17%	2%	382
NV	74%	20%	6%	307
OR	67%	31%	3%	377
PA	91%	8%	1%	605
SD	80%	17%	3%	327
VA	84%	15%	1%	666
WI	83%	16%	1%	690
Weighted NCI-IDD Average	83%	15%	1%	16,475

Table 12. Have you ever talked to your case manager/service coordinator using videoconference or telehealth like Skype, Zoom or FaceTime?

Proxy respondents were allowed for this question

State	Yes	No	N
AL	37%	63%	372
AR	29%	71%	388
CO	80%	20%	619
GA	71%	29%	388
HI	60%	40%	305
IL	44%	56%	305
IN	69%	31%	305
KY	94%	6%	391
MI	69%	31%	636
MN	69%	31%	378
MO	86%	14%	399
NC	41%	59%	408
NH	78%	22%	383
NJ	32%	68%	386
NV	58%	42%	393
OR	77%	23%	400
PA	58%	42%	624
SD	72%	28%	391
VA	71%	29%	700
WI	40%	60%	745
Weighted NCI-IDD Average	57%	43%	17,362

Table 13. Think about talking to your case manager/service coordinator with videoconference or telehealth. Did you like it?

Proxy respondents were allowed for this question

State	Yes	In-between	No	N
AL	67%	20%	13%	137
AR	75%	12%	13%	112
CO	61%	25%	14%	467
GA	81%	14%	5%	270
HI	65%	23%	12%	173
IL	71%	18%	11%	114
IN	58%	24%	19%	191
KY	96%	4%	0%	357
MI	57%	31%	11%	414
MN	66%	20%	14%	234
MO	58%	30%	13%	317
NC	65%	21%	13%	159
NH	62%	28%	10%	290
NJ	68%	21%	11%	108
NV	60%	22%	18%	217
OR	48%	31%	21%	284
PA	74%	16%	10%	334
SD	71%	14%	15%	275
VA	69%	21%	10%	482
WI	69%	16%	15%	274
Weighted NCI-IDD Average	68%	21%	11%	9,165

Table 14. Have you ever talked to any health professionals using videoconference/telehealth like Skype, Zoom or FaceTime? A “health professional” could be a doctor, nurse, therapist or specialist who provides health-related services.

Proxy respondents were allowed for this question

State	Yes	No	N
AL	30%	70%	376
AR	28%	72%	386
CO	63%	37%	625
GA	55%	45%	386
HI	58%	42%	304
IL	40%	60%	310
IN	48%	52%	301
KY	87%	13%	378
MI	60%	40%	630
MN	49%	51%	381
MO	56%	44%	395
NC	45%	55%	419
NH	51%	49%	385
NJ	67%	33%	395
NV	43%	57%	391
OR	56%	44%	398
PA	48%	52%	620
SD	47%	53%	383
VA	62%	38%	703
WI	43%	57%	757
Weighted NCI-IDD Average	51%	49%	17,472

Table 15. Think about talking to health professionals with videoconference or telehealth. Did you like it?

Proxy respondents were allowed for this question

State	Yes	In-between	No	N
AL	67%	21%	12%	109
AR	78%	7%	15%	105
CO	58%	28%	15%	377
GA	77%	18%	5%	205
HI	66%	23%	11%	165
IL	69%	21%	10%	108
IN	52%	27%	22%	130
KY	94%	5%	1%	320
MI	54%	33%	12%	361
MN	62%	17%	21%	167
MO	55%	29%	16%	206
NC	64%	20%	16%	183
NH	56%	31%	13%	192
NJ	58%	32%	10%	237
NV	57%	18%	25%	162
OR	50%	29%	21%	205
PA	68%	20%	13%	265
SD	68%	19%	14%	177
VA	64%	22%	14%	420
WI	62%	20%	18%	311
Weighted NCI-IDD Average	64%	23%	13%	8,216

Table 16. Since the start of COVID time, did you do any of the following services using videoconference technology like Skype, Zoom or FaceTime?

Proxy respondents were allowed for this question; categories are not mutually exclusive.

State	Job coaching, job skills, other employment related activity	Social groups organized by day program	Exercise or physical activity	Life skills (cooking, other self-care)	Other ⁴	N
AL	7%	27%	20%	19%	18%	167
AR	0%	3%	3%	1%	86%	147
CO	10%	44%	24%	20%	39%	517
GA	5%	43%	26%	19%	16%	329
HI	3%	17%	16%	3%	46%	248
IL	4%	21%	16%	9%	29%	187
IN	3%	7%	5%	2%	60%	214
KY	3%	81%	17%	11%	3%	242
MI	5%	17%	11%	8%	56%	310
MN	6%	18%	12%	9%	6%	324
MO	5%	10%	6%	4%	23%	256
NC	4%	29%	28%	13%	45%	161
NH	9%	42%	27%	26%	32%	269
NJ	9%	56%	29%	22%	33%	317
NV	4%	10%	10%	5%	31%	284
OR	27%	27%	16%	21%	15%	164
PA	5%	24%	14%	9%	36%	365
SD	11%	63%	18%	25%	17%	163
VA	9%	27%	10%	6%	48%	231
WI	9%	17%	12%	8%	28%	430
Weighted NCI-IDD Average	9%	36%	20%	15%	32%	11,207

⁴ The “Other” response includes a write-in option, for this report, the write-in responses were not analyzed.

Table 17. If you did any services over videoconference or telehealth, did you like doing services over video conference or telehealth?

Proxy respondents were allowed for this question

State	Yes	In-between	No	N
AL	41%	14%	45%	235
AR	55%	6%	39%	87
CO	52%	30%	19%	421
GA	76%	13%	10%	220
HI	51%	25%	24%	199
IL	45%	13%	42%	156
IN	34%	23%	43%	190
KY	88%	10%	3%	226
MI	49%	31%	20%	219
MN	57%	19%	24%	125
MO	44%	31%	25%	142
NC	62%	16%	22%	144
NH	48%	28%	24%	207
NJ	49%	31%	19%	281
NV	41%	14%	45%	166
OR	55%	21%	24%	114
PA	63%	18%	20%	257
SD	65%	13%	22%	172
VA	64%	19%	17%	194
WI	59%	19%	22%	269
Weighted NCI-IDD Average	57%	21%	22%	9,137

Support

Table 18. Since COVID time started, have you talked to your case manager/service coordinator enough?

Proxy respondents were allowed for this question

State	Yes	Sometimes wanted to talk more	No	N
AL	66%	17%	17%	366
AR	89%	2%	9%	387
CO	78%	12%	10%	627
GA	88%	4%	8%	389
HI	83%	6%	11%	304
IL	90%	4%	6%	293
IN	89%	5%	6%	299
KY	98%	1%	1%	381
MI	91%	5%	4%	626
MN	74%	8%	18%	355
MO	92%	6%	2%	391
NC	83%	2%	16%	404
NH	83%	9%	8%	374
NJ	84%	6%	10%	374
NV	65%	13%	22%	389
OR	88%	3%	9%	391
PA	90%	4%	6%	613
SD	80%	10%	10%	387
VA	91%	3%	6%	700
WI	88%	4%	7%	740
Weighted NCI-IDD Average	83%	6%	11%	17,085

Table 19. Since COVID time started, have there been times when you didn't have the help you needed?

Proxy respondents were allowed for this question

State	Yes, often	Yes, sometimes	No	N
AL	10%	7%	83%	376
AR	8%	6%	86%	387
CO	11%	14%	75%	625
GA	11%	4%	85%	398
HI	7%	9%	85%	306
IL	12%	4%	84%	316
IN	8%	11%	81%	317
KY	1%	1%	98%	387
MI	13%	15%	72%	624
MN	12%	18%	70%	380
MO	10%	8%	82%	396
NC	6%	10%	84%	424
NH	6%	12%	82%	376
NJ	8%	15%	77%	385
NV	15%	11%	74%	383
OR	6%	14%	80%	390
PA	4%	9%	86%	619
SD	13%	10%	76%	387
VA	8%	10%	82%	690
WI	5%	8%	87%	756
Weighted NCI-IDD Average	8%	9%	83%	17,397

Health and Safety

Table 20. Do you need more help or reminders to wash your hands regularly during the day?

Proxy respondents were allowed for this question

State	Yes, needs more help or reminders to do this	No, does not need more help or reminders to do this	N
AL	62%	38%	383
AR	35%	65%	389
CO	47%	53%	627
GA	51%	49%	403
HI	54%	46%	306
IL	43%	57%	322
IN	32%	68%	307
KY	47%	53%	384
MI	56%	44%	634
MN	45%	55%	381
MO	45%	55%	401
NC	52%	48%	426
NH	37%	63%	385
NJ	48%	52%	393
NV	37%	63%	390
OR	45%	55%	405
PA	39%	61%	631
SD	39%	61%	400
VA	52%	48%	708
WI	38%	62%	755
Weighted NCI-IDD Average	47%	53%	17,612

Table 21. Do you need more help or reminders to wear a mask when you go outside or to places where other people are?

Proxy respondents were allowed for this question

State	Yes, needs more help or reminders to do this	No, does not need more help or reminders to do this	N
AL	61%	39%	383
AR	36%	64%	390
CO	41%	59%	626
GA	49%	51%	404
HI	55%	45%	307
IL	42%	58%	324
IN	29%	71%	315
KY	49%	51%	386
MI	54%	46%	624
MN	45%	55%	375
MO	45%	55%	400
NC	48%	52%	423
NH	32%	68%	383
NJ	49%	51%	396
NV	37%	63%	385
OR	43%	57%	400
PA	39%	61%	633
SD	48%	52%	396
VA	50%	50%	699
WI	32%	68%	746
Weighted NCI-IDD Average	45%	55%	17,551

Table 22. Is there always a clean mask for you to use when you want or need one?

Proxy respondents were allowed for this question

State	Yes	Sometimes	No	N
AL	98%	1%	1%	382
AR	98%	1%	1%	390
CO	99%	1%	0%	626
GA	99%	1%	0%	403
HI	98%	1%	1%	309
IL	98%	1%	1%	329
IN	99%	1%	0%	294
KY	99%	1%	0%	384
MI	98%	1%	1%	633
MN	98%	1%	1%	381
MO	99%	1%	1%	400
NC	99%	0%	1%	423
NH	98%	1%	0%	385
NJ	99%	0%	1%	395
NV	95%	3%	2%	393
OR	99%	1%	0%	399
PA	99%	0%	1%	630
SD	97%	3%	0%	391
VA	99%	1%	1%	707
WI	98%	1%	1%	752
Weighted NCI-IDD Average	98%	1%	1%	17,599

Table 23. Do you need more help or reminders to stay far enough away from people when you're out in the community, so germs don't spread?

Proxy respondents were allowed for this question

State	Yes, needs more help or reminders to do this	No, does not need more help or reminders to do this	N
AL	63%	37%	382
AR	35%	65%	388
CO	46%	54%	622
GA	52%	48%	404
HI	60%	40%	303
IL	42%	58%	323
IN	33%	67%	303
KY	48%	52%	387
MI	57%	43%	624
MN	46%	54%	375
MO	47%	53%	400
NC	51%	49%	424
NH	36%	64%	376
NJ	51%	49%	392
NV	37%	63%	390
OR	46%	54%	396
PA	39%	61%	630
SD	43%	57%	390
VA	53%	47%	707
WI	39%	61%	755
Weighted NCI-IDD Average	48%	52%	17,521

Table 24. Since COVID time started, have your staff used personal protective equipment (PPE)?

Proxy respondents were allowed for this question

State	Yes, all staff always	Some staff or sometimes	They used to, but don't anymore	No, no staff, never	N
AL	83%	11%	1%	6%	356
AR	87%	10%	1%	2%	356
CO	94%	2%	1%	2%	561
GA	96%	3%	1%	0%	392
HI	88%	5%	3%	5%	225
IL	96%	2%	1%	1%	267
IN	94%	3%	1%	2%	289
KY	10%	12%	75%	2%	377
MI	82%	8%	4%	6%	512
MN	92%	3%	3%	2%	351
MO	87%	9%	2%	2%	362
NC	84%	10%	3%	3%	381
NH	81%	11%	5%	3%	259
NJ	89%	6%	4%	1%	309
NV	86%	12%	1%	1%	368
OR	76%	12%	8%	3%	286
PA	93%	4%	0%	2%	504
SD	93%	6%	0%	1%	384
VA	81%	12%	4%	2%	587
WI	74%	11%	9%	6%	559
Weighted NCI-IDD Average	85%	6%	5%	4%	13,695

Personal Experience

Table 25. Did the level of needed behavior support change when the person’s routine changed as a result of the COVID-19 pandemic?

Of those needing behavior support. Information may have been obtained through state records

State	No, person's need for support did not change	Yes, person needed more support for behavior	Yes, person needed less support for behavior	Yes, needs for some behavior supports changed, while needs for other supports stayed the same	N
AL	88%	9%	0%	3%	168
AR	64%	20%	1%	15%	176
CO	64%	19%	3%	14%	343
FL	49%	45%	1%	5%	112
GA	86%	10%	2%	2%	130
HI	98%	2%	0%	0%	210
IL	63%	18%	3%	17%	177
IN	77%	14%	3%	6%	110
KS	46%	29%	2%	22%	302
KY	61%	24%	4%	11%	261
MI	63%	19%	0%	19%	43
MO	70%	20%	2%	8%	142
NC	51%	27%	1%	21%	209
NE	54%	17%	8%	21%	232
NH	56%	14%	3%	27%	214
NJ	74%	15%	0%	10%	222
NV	73%	13%	3%	12%	199
OH	84%	10%	3%	4%	80
OR	68%	22%	2%	7%	249
PA	61%	17%	4%	18%	250
SD	72%	14%	3%	10%	223
TN	70%	18%	3%	9%	125
VA	55%	24%	5%	15%	324
WI	87%	6%	0%	7%	208
Weighted NCI-IDD Average	66%	19%	2%	12%	5,006

Table 26. Since COVID time started, have you been more worried, scared, anxious, or sad than before?
Proxy respondents were allowed for this question

State	Yes, has felt more worried, scared, anxious or sad than before	No, has not felt more worried, scared, anxious or sad than before	N
AL	19%	81%	365
AR	39%	61%	387
CO	48%	52%	615
GA	24%	76%	395
HI	36%	64%	291
IL	31%	69%	308
IN	43%	57%	301
KY	5%	95%	381
MI	41%	59%	613
MN	37%	63%	354
MO	32%	68%	382
NC	33%	67%	417
NH	48%	52%	365
NJ	36%	64%	380
NV	45%	55%	371
OR	51%	49%	394
PA	32%	68%	611
SD	42%	58%	382
VA	38%	62%	696
WI	37%	63%	741
Weighted NCI-IDD Average	37%	63%	17,165

Table 27. Do you want help to feel less worried, scared, anxious or sad?

Proxy respondents were allowed for this question

State	Yes, wants help and do not currently get any help	Yes, currently get some help but wants more help	No, does not want help, or does not want more help than already getting	N
AL	4%	12%	84%	147
AR	12%	8%	80%	225
CO	9%	29%	62%	359
GA	9%	15%	76%	150
HI	3%	12%	85%	194
IL	6%	13%	80%	171
IN	8%	20%	72%	238
KY	1%	6%	93%	87
MI	14%	17%	69%	343
MN	9%	15%	76%	234
MO	5%	14%	81%	220
NC	13%	12%	75%	197
NH	3%	13%	84%	219
NJ	8%	12%	80%	183
NV	18%	14%	68%	226
OR	14%	17%	69%	239
PA	6%	9%	85%	279
SD	6%	15%	78%	278
VA	6%	13%	81%	270
WI	7%	8%	86%	408
Weighted NCI-IDD Average	10%	13%	77%	9,527

Table 28. Since COVID time started, have you talked to your friends and family as much as you want?

Proxy respondents were allowed for this question

State	Yes	Some friends and family as much as I want, some not enough	No	N
AL	48%	36%	16%	354
AR	75%	10%	15%	381
CO	59%	23%	18%	605
GA	66%	20%	14%	381
HI	58%	17%	25%	291
IL	64%	23%	13%	306
IN	66%	23%	11%	293
KY	79%	14%	7%	383
MI	58%	27%	15%	588
MN	76%	12%	12%	375
MO	69%	18%	12%	377
NC	59%	13%	29%	403
NH	61%	29%	10%	374
NJ	69%	23%	8%	360
NV	68%	15%	17%	386
OR	69%	12%	18%	378
PA	70%	17%	12%	591
SD	78%	11%	12%	393
VA	58%	22%	20%	678
WI	62%	16%	21%	733
Weighted NCI-IDD Average	66%	19%	16%	16,574

Questions? Comments?

For additional information on the National Core Indicators—Intellectual and Developmental Disabilities (NCI-IDD) initiative, public reports, and past data briefs, please visit: www.nationalcoreindicators.org.

If you want to discuss this report or have additional questions about the NCI-IDD, please contact Dorothy Hiersteiner (dhiersteiner@hsri.org) and Stephanie Giordano (sgiordano@hsri.org).