NATIONAL CORE INDICATORS®

NASDDDS & HSRI

In Person Survey (IPS) State Report

2018-19

Virginia (VA) Report

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What is NCI?

The National Core Indicators (NCI) program is a voluntary effort by state developmental disability agencies to track their performance using a standardized set of consumer and family/guardian surveys with nationally validated measures. The effort is coordinated by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI).

In 2018-19 a total of 46 states, the District of Columbia and 22 sub-state entities participated in NCI. Not all participating states do all surveys every year.

Where are the statistics in this report from?

This report includes findings from the National Core Indicators® 2018-19 In-Person Survey (IPS). The data shown are weighted NCI averages. These data are comprised of 22,009 valid surveys collected across 37 states: AL, AR, AZ, CO, CT, DE, FL, GA, HI, IN, KS, KY, ME, MI, MN, MO, NC, NE, NH, NJ, NV, NY, OH, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, VT, WA, WI, WY.

What is the NCI In-Person Survey?

The NCI In-Person Survey is completed with adults with IDD age 18 and older receiving at least one paid service (in addition to case management) from the state DD service system. The survey instrument includes a "Background Information Section", which gathers data about the consumer from agency records, and an in-person survey that is conducted face-to-face with the person receiving services. The in-person survey is composed of two sections: Section I includes subjective questions that can only be answered by the person receiving services from the state. Section II includes objective, fact-based questions that can be answered by the person or, if needed, a proxy respondent who knows the person well.

What is included in this report?

This report includes this state's In-Person Survey data compared to the weighted NCI Average. State outcomes that are statistically significantly higher or lower than the NCI Average are indicated with an arrow:

1. Outcomes where the state is significantly above the NCI average are denoted with an up arrow ▲;
2. Outcomes where the state is significantly below the NCI average are denoted with a down arrow ▼.

Significance is taken a .01 and account for *effect size.* For more information about significance testing and effect sized, please see the Methodology section of the National report: https://www.nationalcoreindicators.org/upload/core-indicators/NCI_IPS_--Overview_508_IPS_18_19.pdf

Presentation of Data

The charts in this document, grouped by subdomain, display the state results alongside the weighted average across states (NCI average). The charts are followed by accessible tables containing the same information.

Many questions in the IPS allow respondents to answer a question with "middle" response like "maybe", "sometimes" or "in-between". Data in this report are "collapsed" data. That means that two or more response options are grouped together if they are considered to reflect a positive outcome. The table titles explain which options were grouped. To see the breakout of responses for each option, please see Appendix C of the National In-Person Report.

The **NCI averages are "weighted"** to reflect the states' relative population and sample sizes. We created the weights using the state's number of valid surveys and its total survey-eligible population. This way, a state that provides services to a larger number of people but uses a sample similar in size to other states has a greater influence on the overall NCI average (that is, its contribution is *proportional to its service population*).

To find out more about the development of In-Person Survey, data analysis and state samples, check out the National In-Person Report: https://bit.ly/34nvqXY.

Demographics

This section presents descriptive information of individuals surveyed.

See all states Demographic data here.

Important notes on data:

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are *weighted*

Table 1. Age

State v NCI	Mean	Min	Max	Standard Deviation	Median	N
VA	43.5	18	84	16	42	800
NCI	42.7	18	107	16	40	21,804

Table 2. Age Group

State v NCI	18-22	23-34	35-54	55-74	75 and older	Unknown	N
VA	6%	29%	37%	25%	2%	1%	807
NCI	7%	31%	35%	23%	3%	1%	22,009

Table 3. Gender

State v NCI	Male	Female	Other	N
VA	58%	42%	0%	804
NCI	58%	42%	0%	21,866

Table 4. Marital Status

State v NCI	Single, Never Married	Married	Single, Married in the Past	Don't Know	N
VA	98%	1%	1%	0%	804
NCI	93%	2%	2%	3%	21,629

Table 5. Race

State v NCI	American Indian or Alaska Native	Asian	Black or African American	Pacific Islander	White	Hispanic or Latino	Other	Two or More	Don't Know	N
VA	0%	2%	34%	0%	59%	1%	2%	0%	1%	803
NCI	1%	1%	15%	0%	71%	6%	1%	2%	3%	21,850

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are *weighted*

Table 6. Residential Designation

Information based on residential designation defined by the USDA: https://www.ers.usda.gov/data-products/rural-urban-commuting-area-codes/

State v NCI	Rural	Small town	Micropolitan	Metropolitan	N
VA	4%	7%	6%	83%	803
NCI	3%	7%	14%	76%	21,615

Table 7. Type of Residence – ICFs/ID, Nursing facilities or other specialized institutional settings

State v NCI	ICF/IID, 4-6 Residents With Disabilities	ICF/IID, 7-15 Residents With Disabilities	ICF/IID, 16 or More Residents With Disabilities	Nursing Facility	Other Specialized Institutional Facility	N
VA	0%	0%	0%	0%	1%	806
NCI	1%	1%	2%	0%	0%	21,807

Table 8. Type of Residence – Group Residential Setting

State v NCI	Group Living Setting, 2-3 People With Disabilities	Group Living Setting, 4-6 People With Disabilities	Group Living Setting, 7-15 People With Disabilities	N
VA	6%	35%	5%	806
NCI	10%	17%	5%	21,807

Table 9. Type of Residence – Other Home Settings

State v NCI	Own Home or Apartment	Parent or Relative's Home	Foster Care or Host Home (2 or More People With a Disability)	Foster Care, Host Home, or Shared Living (1 Person With a Disability)	Homeless or Crisis Bed Placement	Other	Don't Know	N
VA	7%	37%	4%	4%	0%	0%	0%	806
NCI	18%	38%	4%	3%	0%	1%	1%	21,807

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are *weighted*

Table 10. Length of Time at Current Residence (If Not Homeless or in Crisis Bed Placement)

State v NCI	Less Than 1 Year	1-3 Years	3-5 Years	Over 5 Years	Don't Know	N
VA	8%	19%	12%	60%	1%	800
NCI	9%	20%	8%	58%	4%	21,375

Table 11. Person's Residence Owned or Controlled by Provider Agency

State v NCI	Yes	No	Don't Know	N
VA	53%	46%	1%	801
NCI	38%	59%	2%	21,362

Table 12. Person is Named on the Lease

State v NCI	Yes, Named On Lease or Deed	Yes, Named On Other Legally Enforceable Agreement	No	Don't Know	N
VA	12%	6%	70%	12%	793
NCI	19%	4%	67%	11%	18,449

Table 13. Person Owns Home

State v NCI	Yes	No	Don't Know	N
VA	1%	99%	0%	795
NCI	2%	96%	2%	20,534

Table 14. Has ID Diagnosis

State v NCI	Yes	No	Don't Know	N
VA	95%	5%	0%	804
NCI	89%	10%	1%	21,782

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are *weighted*

Table 15. Level of ID (if the person has an ID diagnosis)

State v NCI	Mild	Moderate	Severe	Profound	Unspecified	Unknown	N
VA	29%	40%	16%	9%	4%	0%	758
NCI	39%	29%	12%	8%	11%	1%	19,767

Table 16. Mood, Anxiety, Behavior, Psychotic, and Other Mental Illness ('Don't Know' responses are included in the denominator)

Categories are not mutually exclusive, therefore N is not shown

State v NCI	Mood Disorder	Anxiety Disorder	Behavior Challenges	Psychotic Disorder	Other Mental Illness or Psychiatric Diagnosis
VA	36%	27%	35%	15%	12%
NCI	32%	27%	32%	11%	11%

Table 17. Other Disabilities ('Don't Know' responses are included in the denominator)

Categories are not mutually exclusive, therefore N is not shown

State v NCI	Autism Spectrum Disorder	Cerebral Palsy	Brain Injury	Seizure Disorder	Chemical Dependency
VA	24%	13%	3%	33%	1%
NCI	20%	15%	5%	29%	1%

Table 18. Other Disabilities (continued; 'Don't Know' responses are included in the denominator)

Categories are not mutually exclusive, therefore N is not shown

State v NCI	Down Syndrome	Prader-Willi	Fetal Alcohol Syndrome	Limited or No Vision	Severe or Profound Hearing Loss	Other Disabilities, Not Listed	No Other Disabilities
VA	9%	1%	1%	9%	6%	20%	6%
NCI	9%	1%	1%	9%	5%	16%	7%

An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are ***weighted***

Table 19. Health Conditions ('Don't Know' responses are included in the denominator)

Categories are not mutually exclusive, therefore N is not shown

State v NCI	Cardiovascular Disease	Diabetes	Cancer	High Blood Pressure	High Cholesterol
VA	5%	14%	3%	24%	17%
NCI	7%	12%	2%	19%	17%

Table 20. Health Conditions (Continued)

Categories are not mutually exclusive, therefore N is not shown

State v NCI	Dysphagia	Pressure Ulcers	Alzheimer's	Oral Health or Dental Problems	Sleep Apnea	Other Health Conditions
VA	9%	2%	3%	4%	7%	46%
NCI	8%	1%	3%	4%	7%	31%

Table 21. Preferred Means of Communication

State v NCI	Spoken	Gestures or Body Language	Sign Language or Finger Spelling	Communication Device	Other	Don't Know	N
VA	74%	20%	2%	2%	2%	0%	804
NCI	79%	16%	2%	1%	2%	0%	21,820

Table 22. Primary Language

State v NCI	English	Other	N
VA	100%	0%	803
NCI	97%	3%	21,643

An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are ***weighted***

Table 23. Mobility

State v NCI	Moves Self Around Environment Without Aids	Moves Self Around Environment With Aids or Uses Wheelchair Independently	Non-Ambulatory, Always Needs Assistance to Move Around Environment	Don't Know	N
VA	72%	17%	10%	1%	805
NCI	76%	14%	9%	0%	21,679

Table 24. Support Needed to Manage Self-Injurious Behavior

State v NCI	None	Some	Extensive	Don't Know	N
VA	69%	21%	8%	1%	803
NCI	71%	14%	5%	10%	21,183

Table 25. Support Needed to Manage Disruptive Behavior

State v NCI	None	Some	Extensive	Don't Know	N
VA	53%	33%	13%	1%	800
NCI	53%	24%	8%	15%	19,422

Table 26. Support Needed to Manage Destructive Behavior

State v NCI	None	Some	Extensive	Don't Know	N
VA	67%	22%	10%	1%	804
NCI	63%	17%	5%	15%	19,404

Table 27. Level of Guardianship

State v NCI	None	Limited Guardianship	Full Guardian	Has Guardian, but Unable to Distinguish Level	Don't Know	N
VA	55%	7%	37%	0%	0%	806
NCI	45%	6%	33%	15%	2%	21,779

An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are ***weighted***

Table 28. Guardian's Relationship to Person

State v NCI	Family	Friend	Public Guardian or Public Administrator	Financial Institution	Non-profit Guardianship Agency	For-profit Guardianship Agency	Other	Don't Know	N
VA	79%	2%	10%	0%	4%	0%	2%	2%	354
NCI	60%	2%	9%	0%	2%	1%	2%	24%	11,529

An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are *weighted*

Choice and Decision-Making

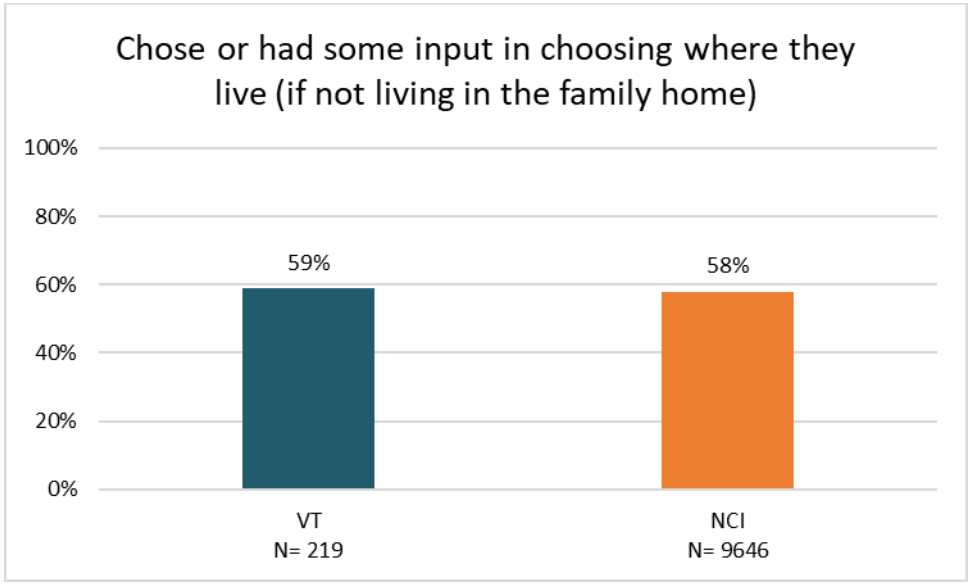
People make choices about their lives and are actively engaged in planning their services and supports.

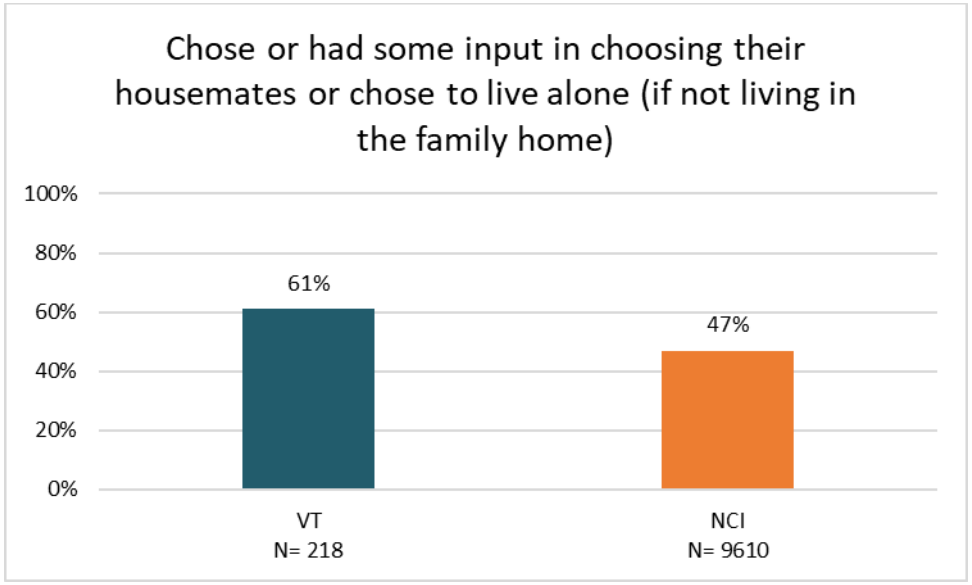
See all states' *Choice and Decision-Making* outcomes here.

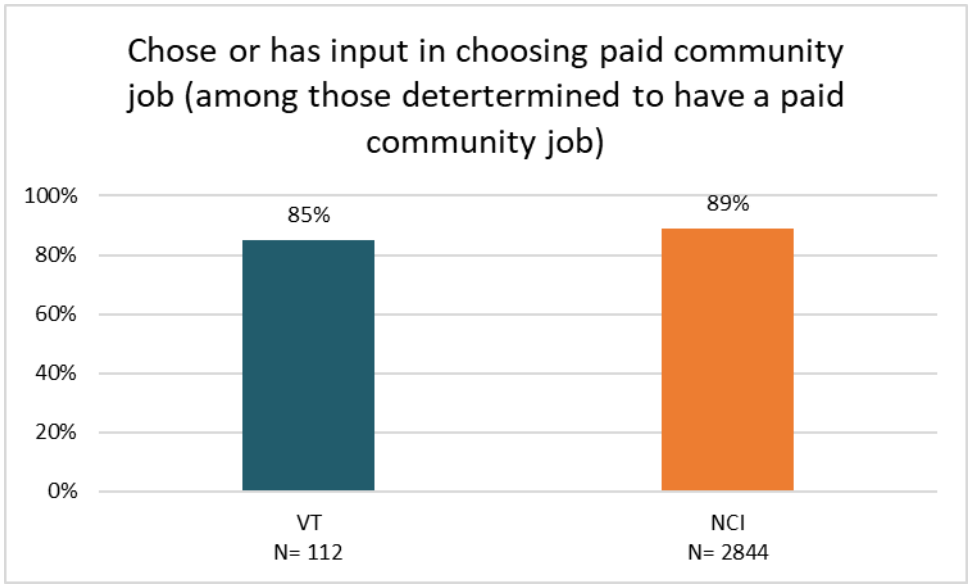
Important note on data

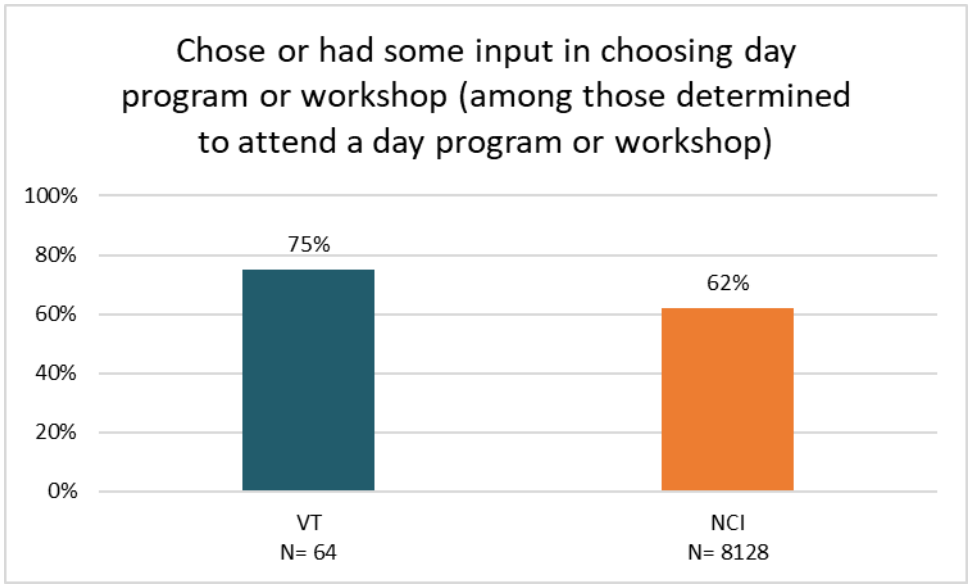
Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are ***risk adjusted***. Risk (or "outcome") adjustment is a statistical process that helps "level the playing field" by controlling for differences in the individual characteristics of people who completed the IPS. This analysis helps account for the fact that states have different eligibility definitions for services and may have samples with different characteristics. The indicators are risk-adjusted using the following characteristics: age, level of intellectual disability, level of mobility, and whether any behavioral supports are needed to prevent self-injury, disruptive, or destructive behavior.

Data for NY, MN and WI are not included because items needed for risk adjustment were not available in records.

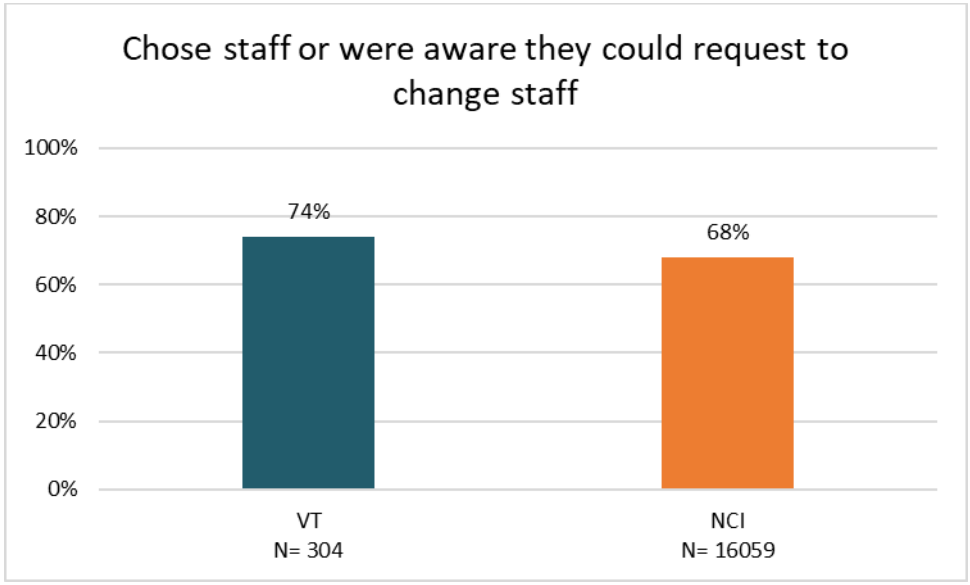


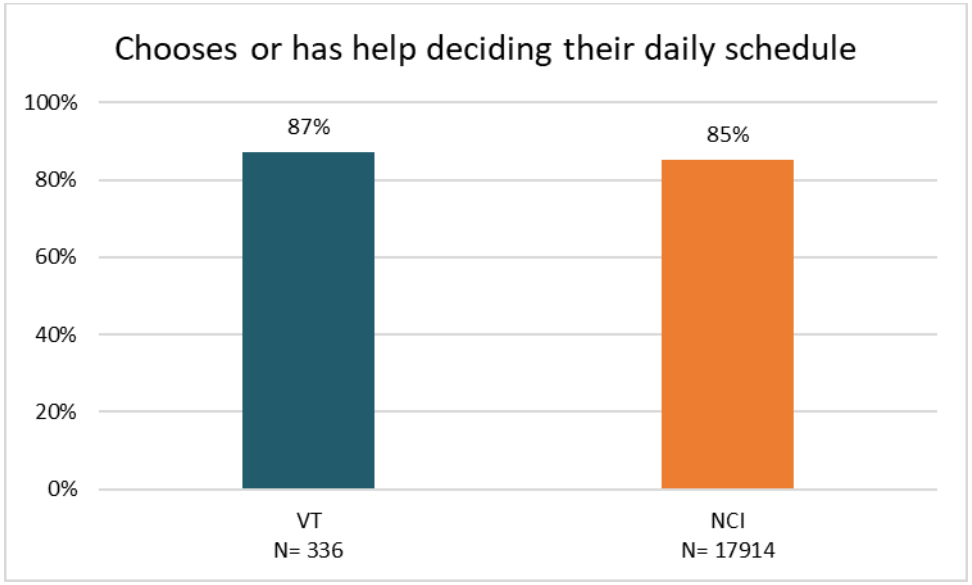


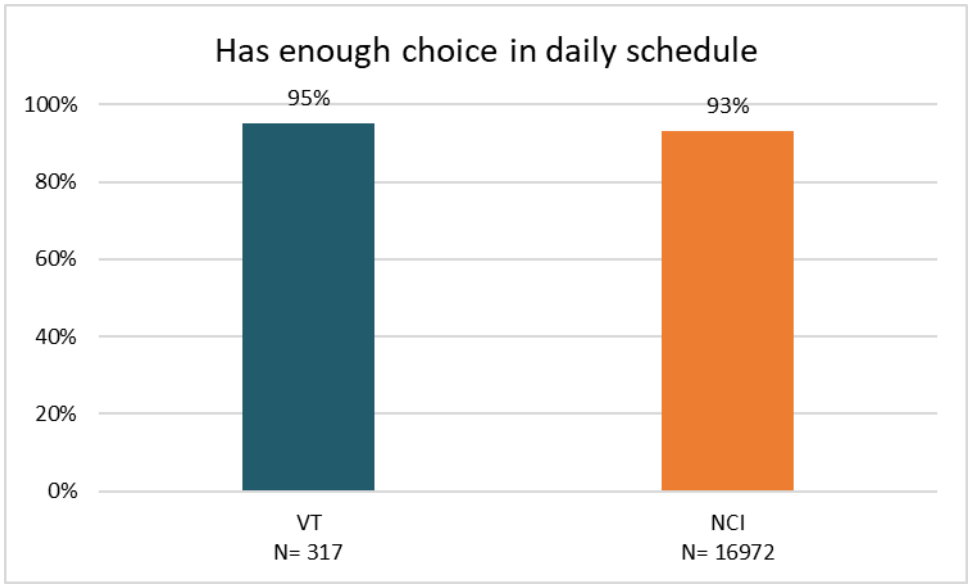


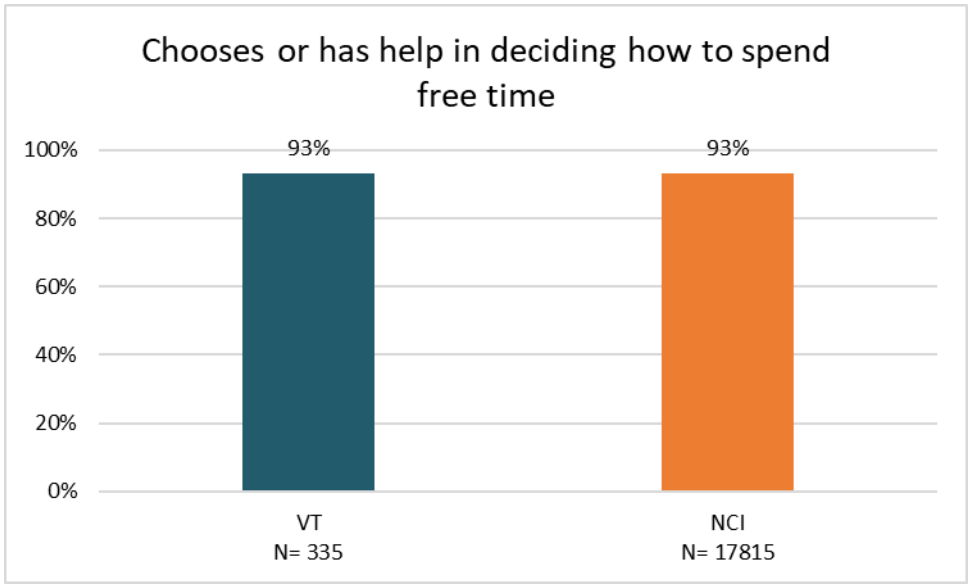


Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are *risk adjusted*
Data for NY, MN and WI are not included because items needed for risk adjustment were not available in records
All NCI Averages are *weighted*

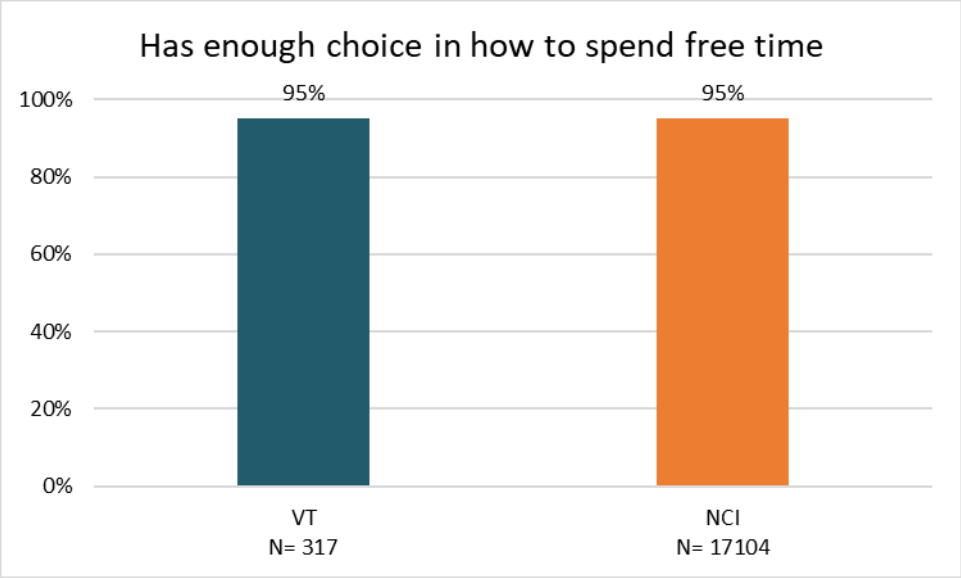


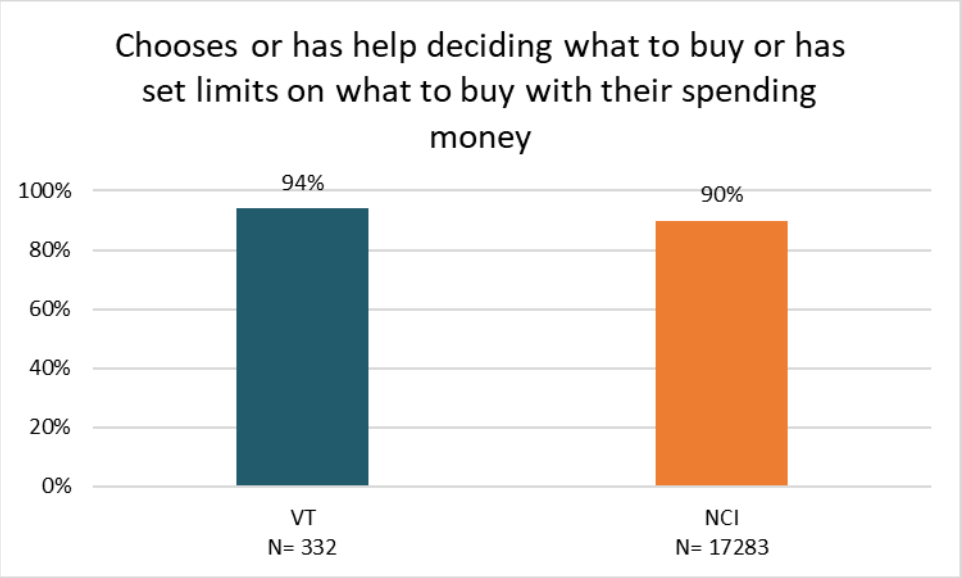


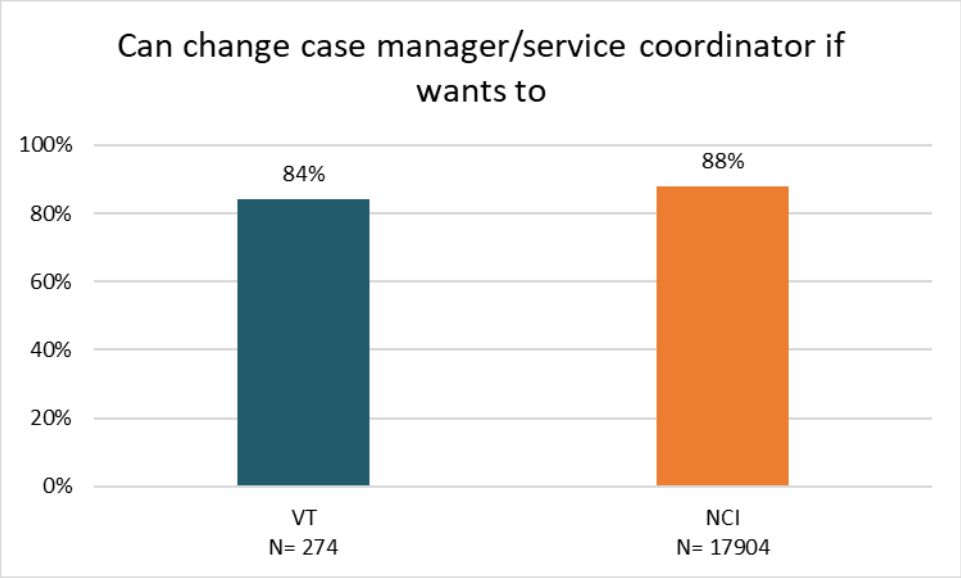




Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are *risk adjusted*
Data for NY, MN and WI are not included because items needed for risk adjustment were not available in records
All NCI Averages are *weighted*







Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are *risk adjusted*
Data for NY, MN and WI are not included because items needed for risk adjustment were not available in records
All NCI Averages are ***weighted***

Table 29. Chose or had some input in choosing where they live if not living in the family home

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	67%	451
NCI	58%	9,646

Table 30. Chose or had some input in choosing their housemates if not living in the family home, or chose to live alone

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	46%	454
NCI	47%	9,610

Table 31. Chose or had some help in choosing where they work (among those determined to have a paid community job)

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	84%	72
NCI	89%	2,844

Table 32. Chose or had some input in choosing day program or workshop (among those determined to attend a day program or workshop)

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	67%	421
NCI	62%	8,128

Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are *risk adjusted*
Data for NY, MN and WI are not included because items needed for risk adjustment were not available in records
All NCI Averages are *weighted*

Table 33. Chose staff or were aware they could request to change staff

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	68%	742
NCI	68%	16,059

Table 34. Chooses or has help deciding their daily schedule

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	87%	801
NCI	85%	17,914

Table 35. Has enough choice in daily schedule

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	95%	782
NCI	93%	16,972

Table 36. Chooses or has help deciding how to spend free time

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	95%	796
NCI	93%	17,815

Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are *risk adjusted*
Data for NY, MN and WI are not included because items needed for risk adjustment were not available in records
All NCI Averages are ***weighted***

Table 37. Has enough choice in how to spend free time

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	96%	782
NCI	95%	17,104

Table 38. Chooses or has help deciding what to buy or has set limits on what to buy with their spending money

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	92%	788
NCI	90%	17,283

Table 39. Can change their case manager/service coordinator if wants to

Adjusted average; proxy respondents were allowed for this question

State v NCI	Adjusted Average	N
VA	87%	708
NCI	88%	17,904

Data for all but one item ('Chose Case Manager/Service Coordinator') in this section are *risk adjusted*
Data for NY, MN and WI are not included because items needed for risk adjustment were not available in records
All NCI Averages are ***weighted***

Work

People have support to find and maintain community integrated employment.

See all states' Work outcomes here.

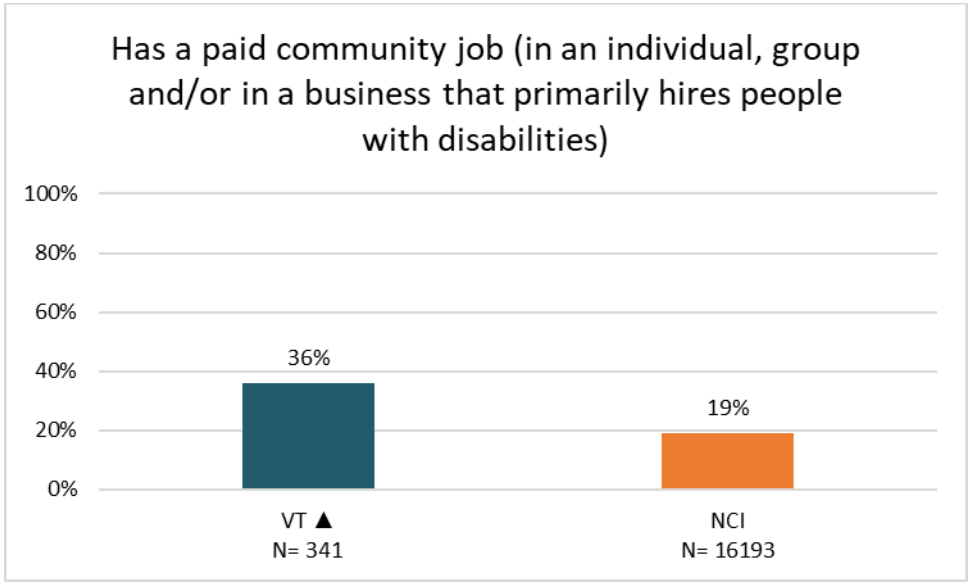
NCI reports on four types of paid community jobs:

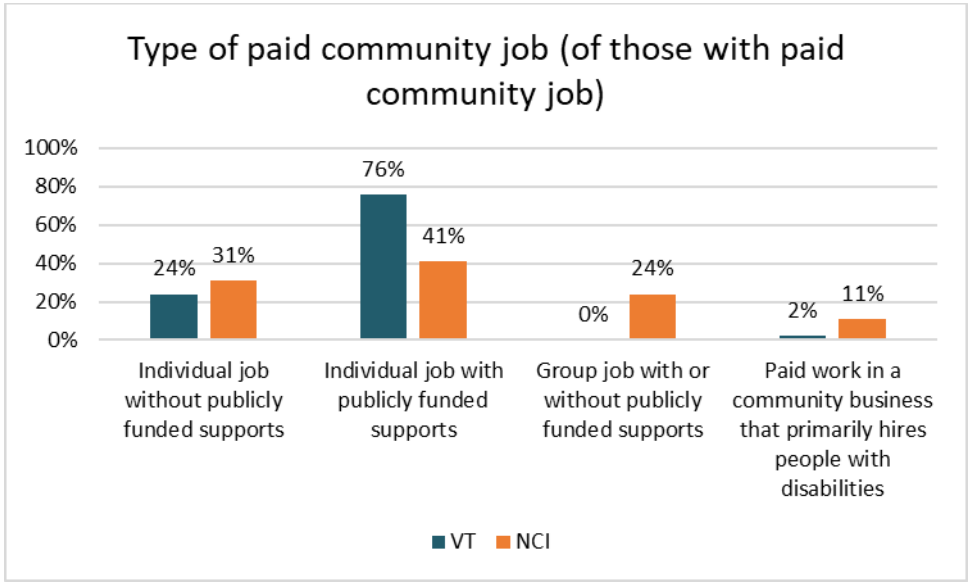
1. Individual job without publicly funded supports—an individual job in which the person does not receive state or other funded supports;
2. Individual job with publicly funded supports— an individual job in which the person receives state or other funded supports;
3. Group-supported—a job that takes part in a community setting but is done with a group of individuals with disabilities (e.g., work crew). Group-supported jobs may or may not receive publicly funded supports; and
4. Community job in a business that primarily hires people with disabilities—a job where the employees with disabilities interact with the non-disabled population; this job is not in a traditional sheltered workshop and is NOT an enclave. This type was added to our definition of 'paid community job' in 2017-18.

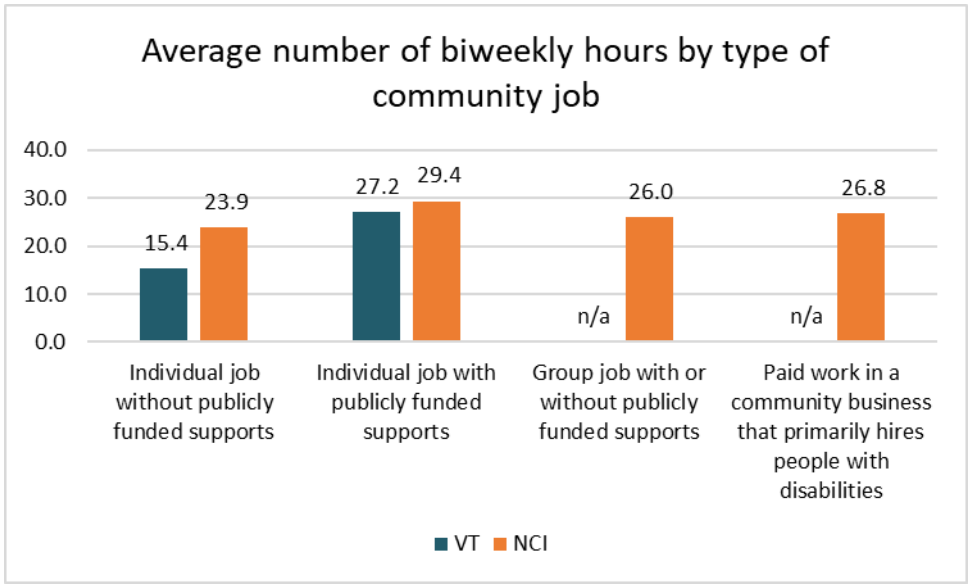
Important note on data

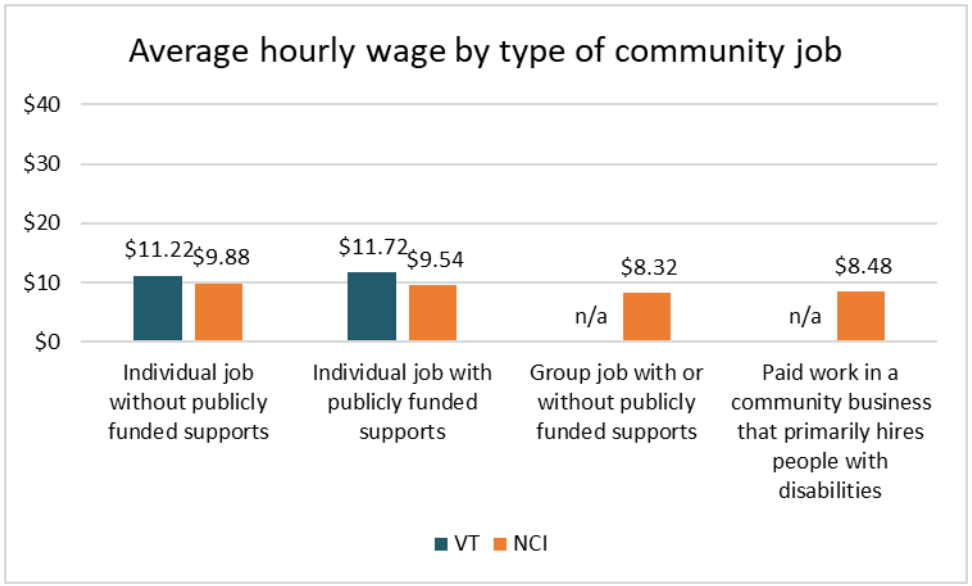
Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are *weighted*









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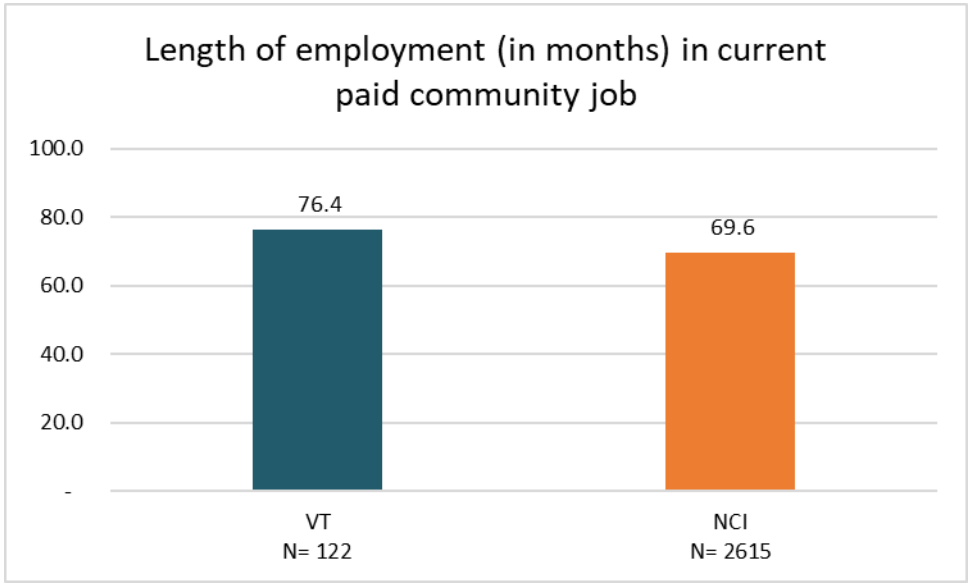
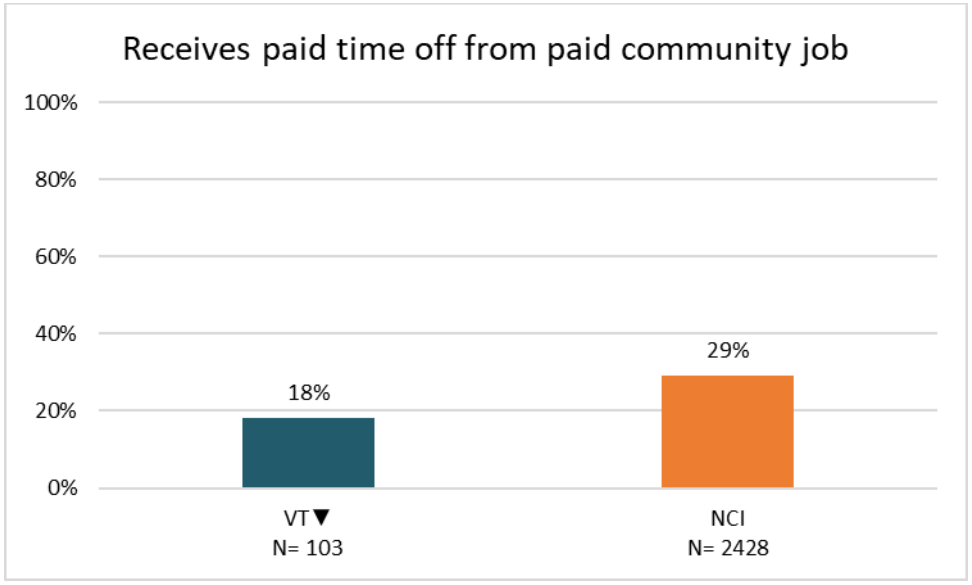
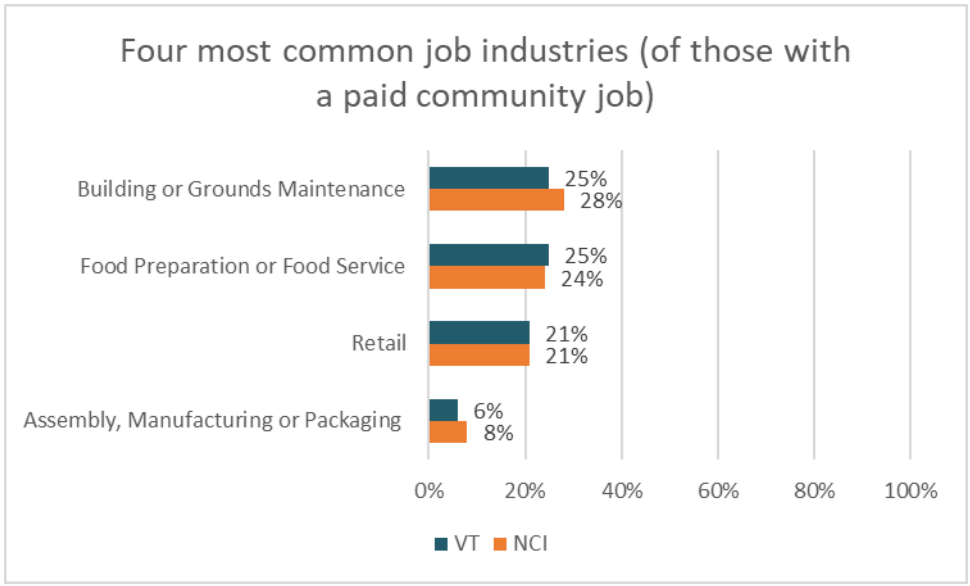
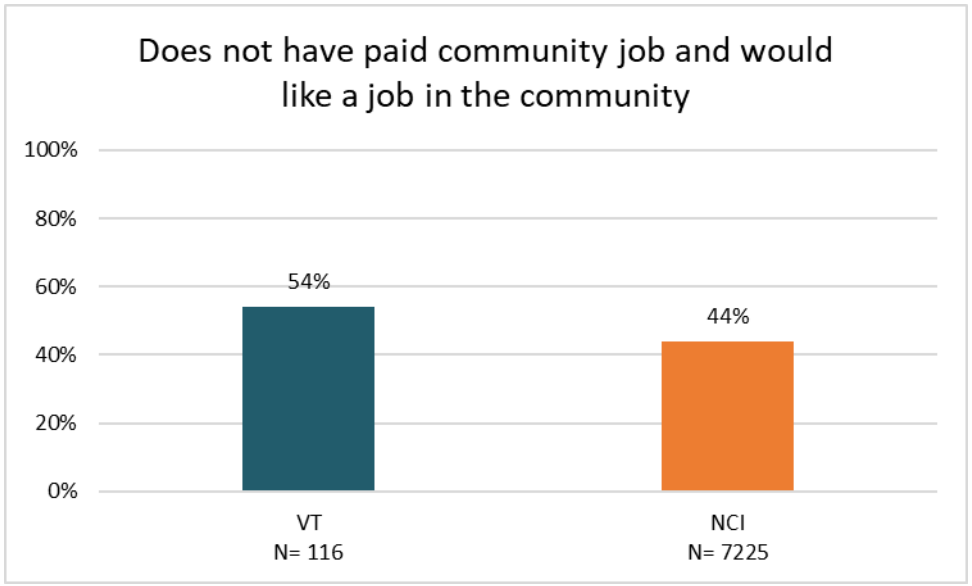
All NCI Averages are ***weighted***









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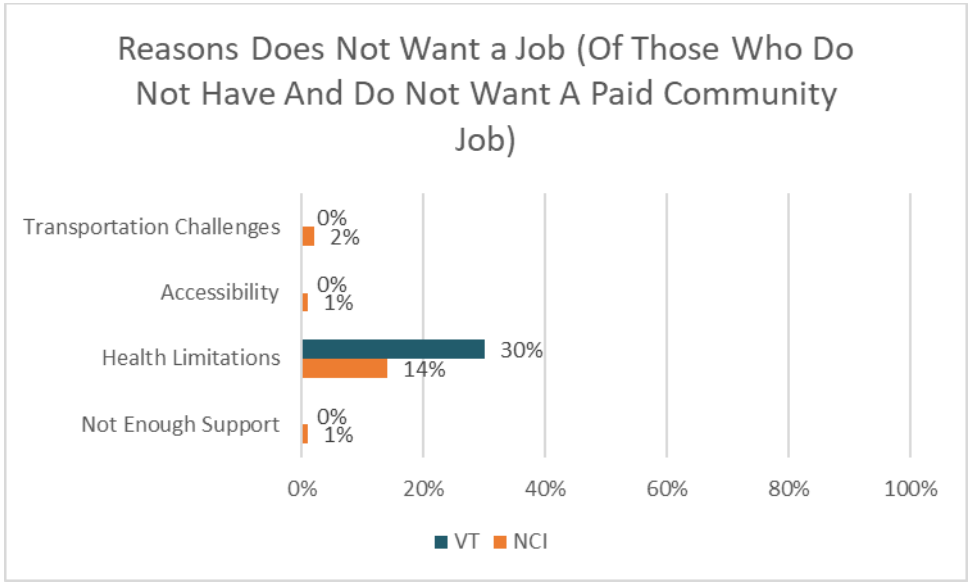

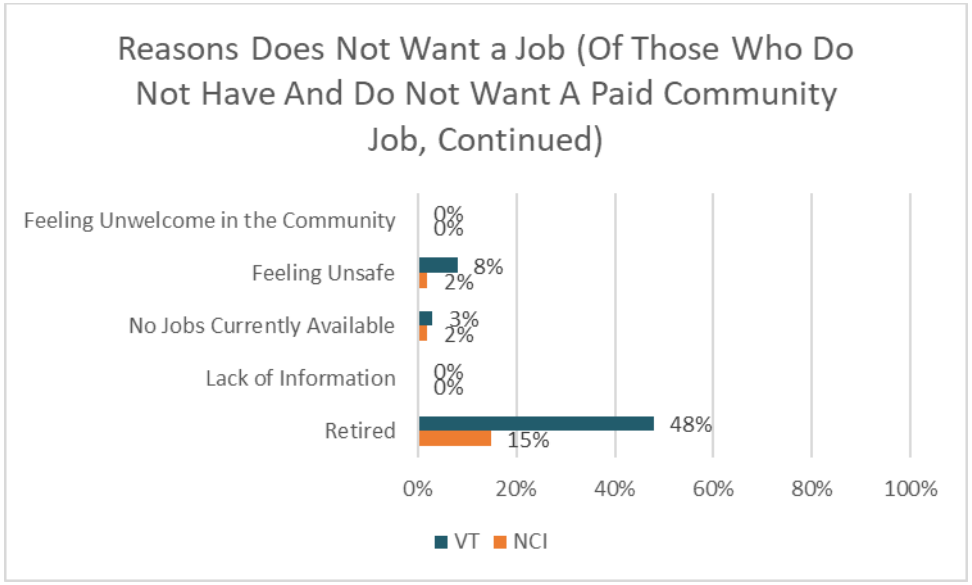

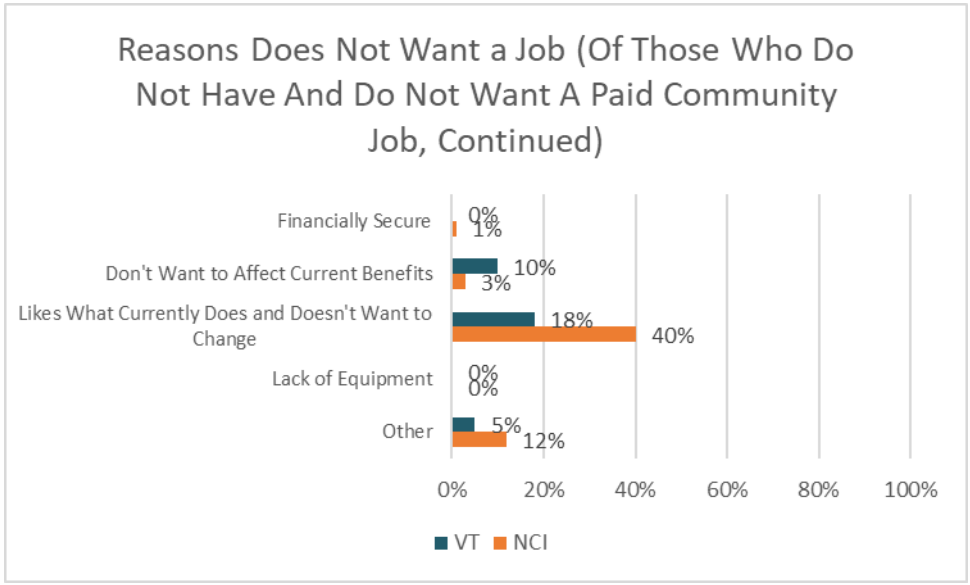

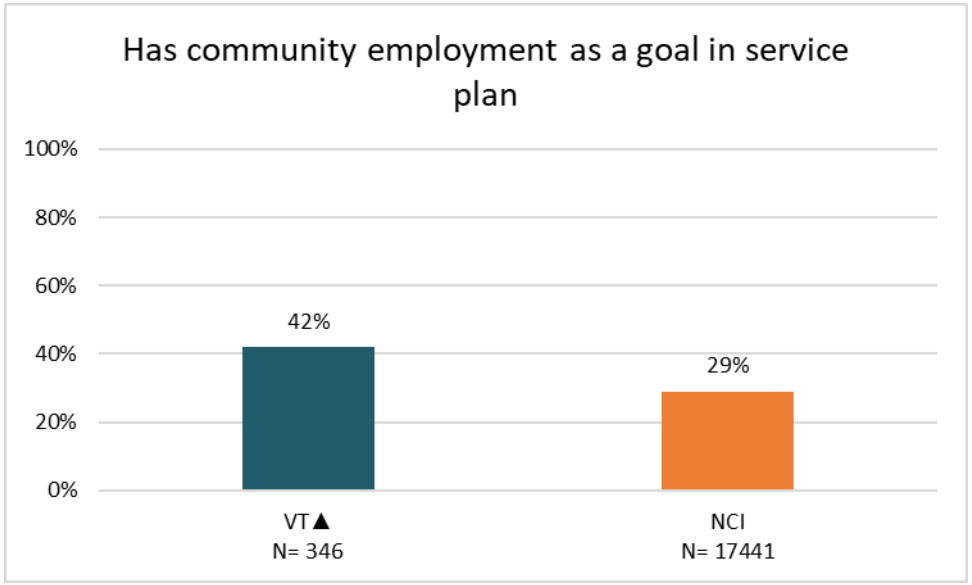

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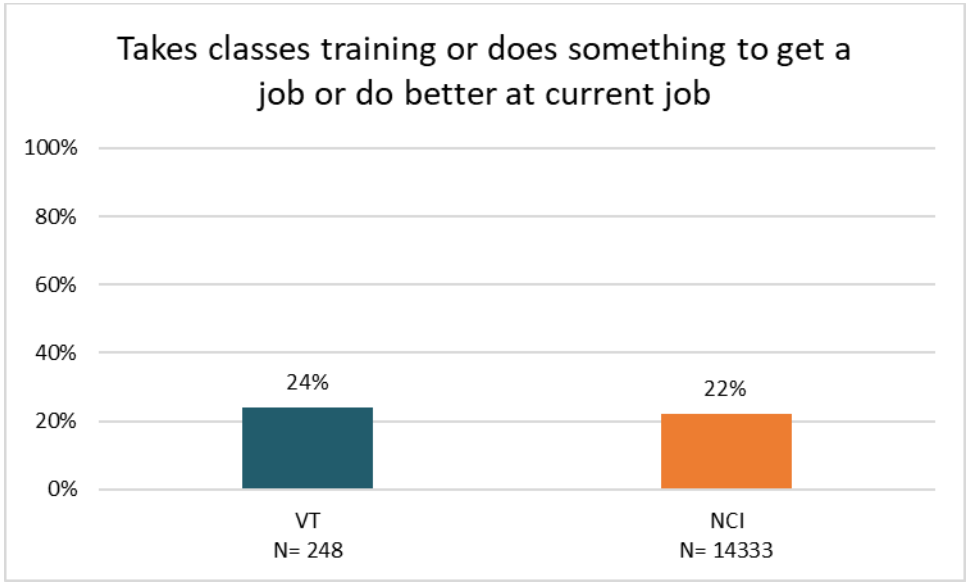
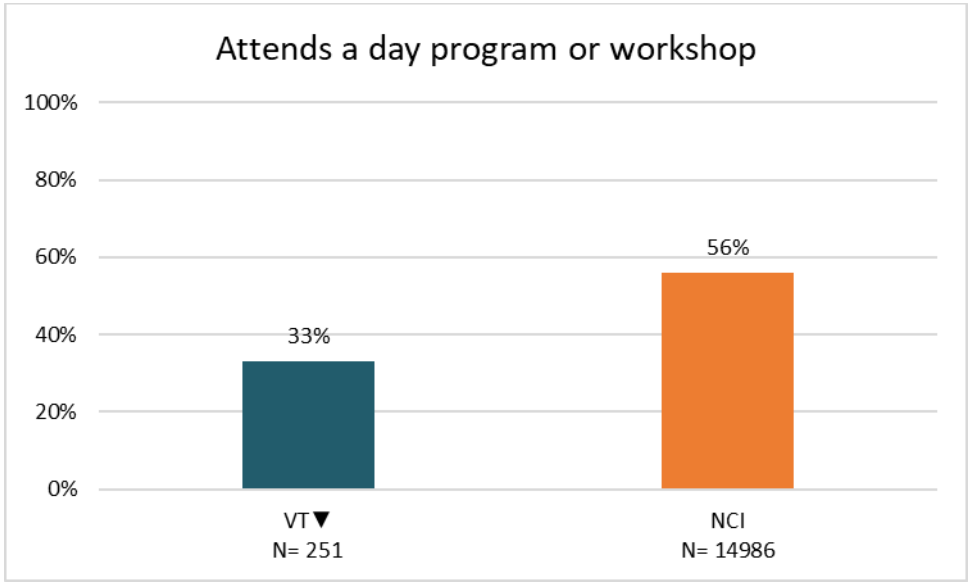
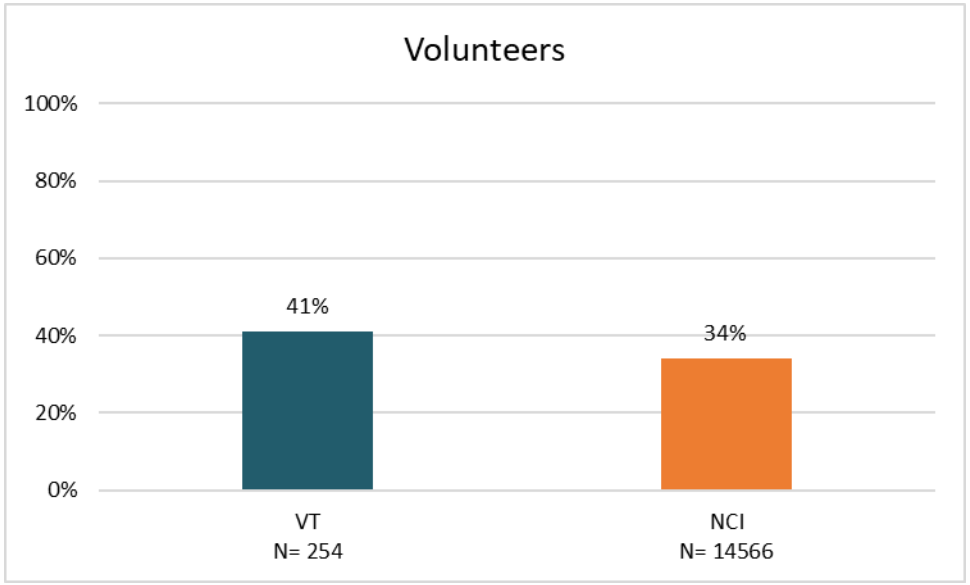
All NCI Averages are ***weighted***







An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are ***weighted***

Table 40. Has a paid community job; individual, group and/or in a business that primarily hires people with disabilities

Information may have been obtained through state records

State v NCI	Average	N
VA ▼	13%	783
NCI	19%	16,193

Table 41. Type of paid community job (of those with paid community job)

Information may have been obtained through state records

State v NCI	Individual job without publicly funded supports	Individual job with publicly funded supports	Individual job N	Group job with or without publicly funded supports	Group job N	Paid work in a community business that primarily hires people with disabilities	Paid work in a community business that primarily hires people with disabilities N
VA *	13%	34%	83	37%	93	17%	95
NCI	31%	41%	2,857	24%	3,099	11%	3,051

Table 42. Average biweekly hours by type of paid community job

Information may have been obtained through state records

State v NCI	Individual without publicly funded supports	N	Individual with publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
VA	24.9	26	n/a	n/a	31.3	28	n/a	n/a
NCI	23.9	1,066	29.4	797	26.0	632	26.8	353

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

Table 43. Average hourly wage at paid community job by type of community employment

Information may have been obtained through state records

State v NCI	Individual without publicly funded supports	N	Individual with publicly funded supports	N	Group with or without publicly funded supports	N	Paid work in a community business that primarily hires people with disabilities	N
VA	$8.99	21	n/a	n/a	n/a	n/a	n/a	n/a
NCI	$9.88	919	$9.54	700	$8.32	542	$8.48	282

Table 44. Average length of employment (in months) in current paid community job

Information may have been obtained through state records

State v NCI	Average months	N
VA	65.7	79
NCI	69.6	2,615

Table 45. Receives paid time off (for example, paid vacation and/or sick time) at paid community job

Information may have been obtained through state records

State v NCI	Average	N
VA *	30%	70
NCI	29%	2,428

Table 46. Four most common job industries (among those reported to have a job in the community)

Categories are not mutually exclusive; therefore, N is not shown; information may have been obtained through state records

State v NCI	Building or grounds maintenance	Food preparation or food service	Retail	Assembly, manufacturing or packaging
VA	32%	22%	17%	7%
NCI	28%	24%	21%	8%

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are *weighted*

Table 47. Does not have paid community job and would like a job in the community

State v NCI	Average	N
VA	45%	370
NCI	44%	7,225

Table 48. Reasons does not want a paid community job (among those who do not currently have and do not want a paid community job)

Categories are not mutually exclusive; therefore, N is not shown

Reasons Does Not Want a Job…	VA	NCI
Transportation Challenges	2%	2%
Accessibility	1%	1%
Health Limitations	24%	14%
Not Enough Support	0%	1%
Feeling Unwelcome in the Community	0%	0%
Feeling Unsafe	1%	2%
No Jobs Currently Available	4%	2%
Lack of Information	1%	0%
Retired	10%	15%
Financially Secure	1%	1%
Don't Want to Affect Current Benefits	1%	3%
Likes What Currently Does and Doesn't Want to Change	43%	40%
Lack of Equipment	0%	0%
Other	15%	12%

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

Table 49. Has community employment as a goal in their service plan

Information may have been obtained through state records

State v NCI	Average	N
VA	25%	793
NCI	29%	17,441

Table 50. Takes classes, training or does something to get a job or do better at current job

State v NCI	Average	N
VA	18%	490
NCI	22%	14,333

Table 51. Attends day program or sheltered workshop (a program or center where other people with disabilities spend their day)

State v NCI	Average	N
VA▲	68%	537
NCI	56%	14,986

Table 52. Volunteers

State v NCI	Average	N
VA▲	50%	504
NCI	34%	14,566

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

Self-Direction

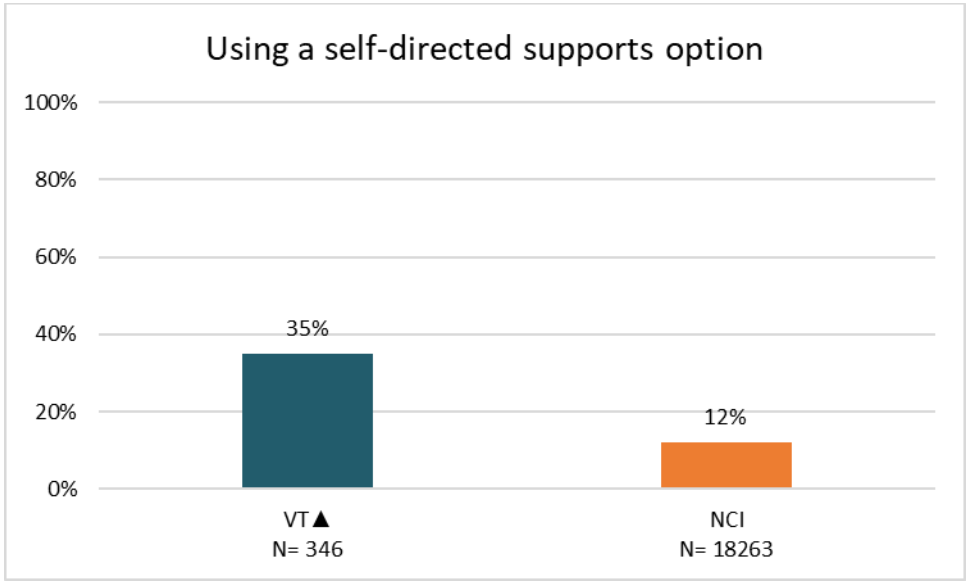
People participate in directing their own supports and services.

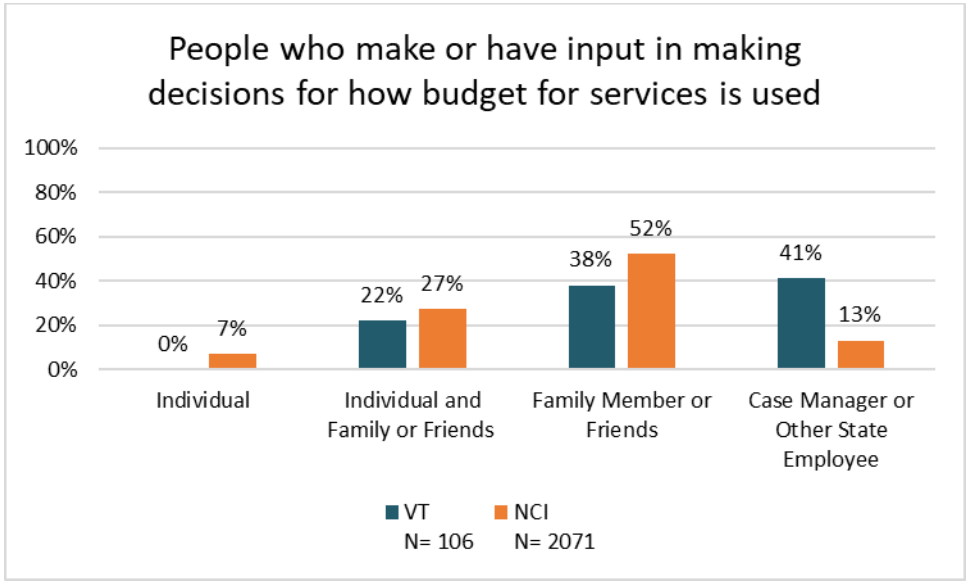
See all states' Self-Direction outcomes here.

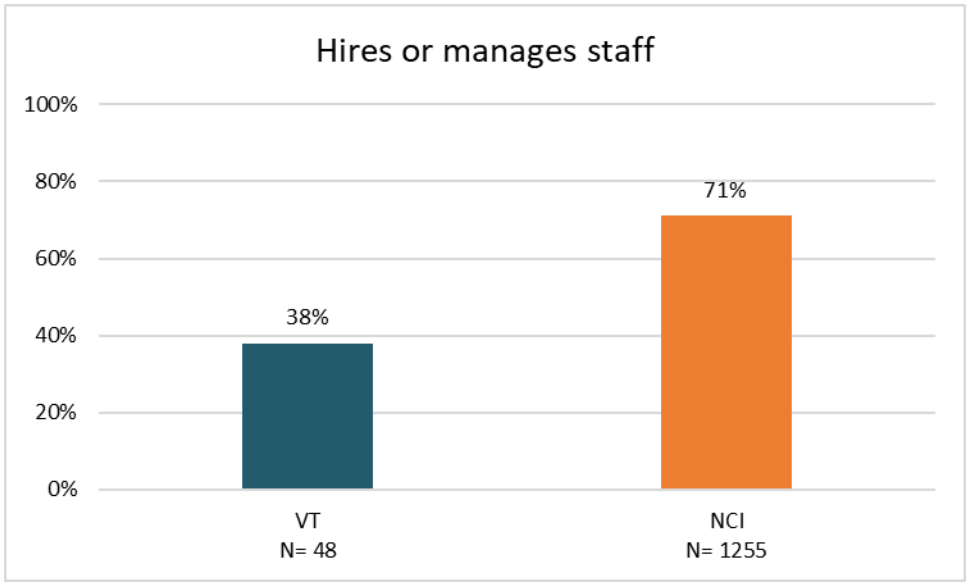
Important note on data

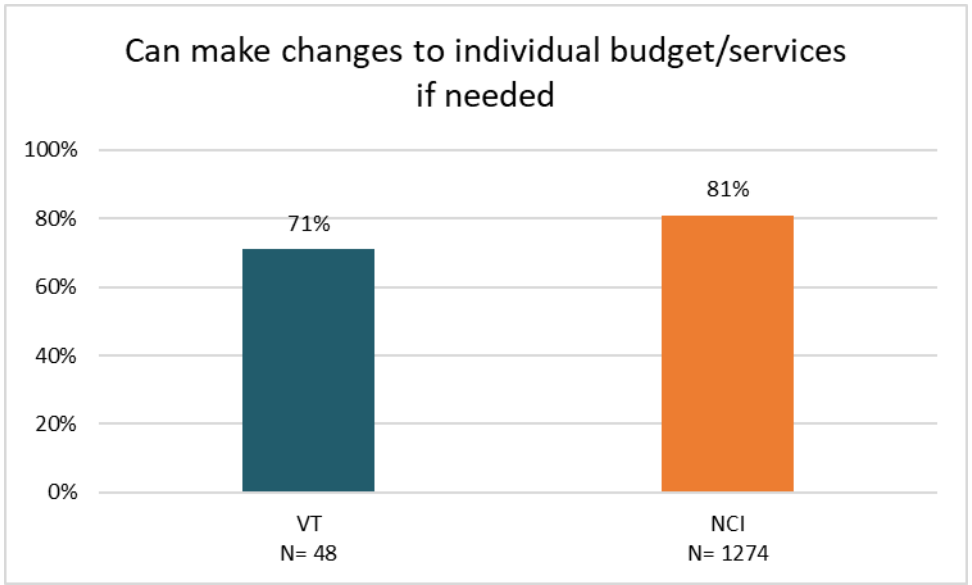
Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population. Additionally, many states' have very low rates of individuals who were surveyed and were reported to use a self-directed supports option. **Significance testing *was not* conducted on these items.**

The following states did not include individual's using self-directed supports and their sample and therefore ***are not represented*** in these data: AR, CO, DE, IN, ME, NV.

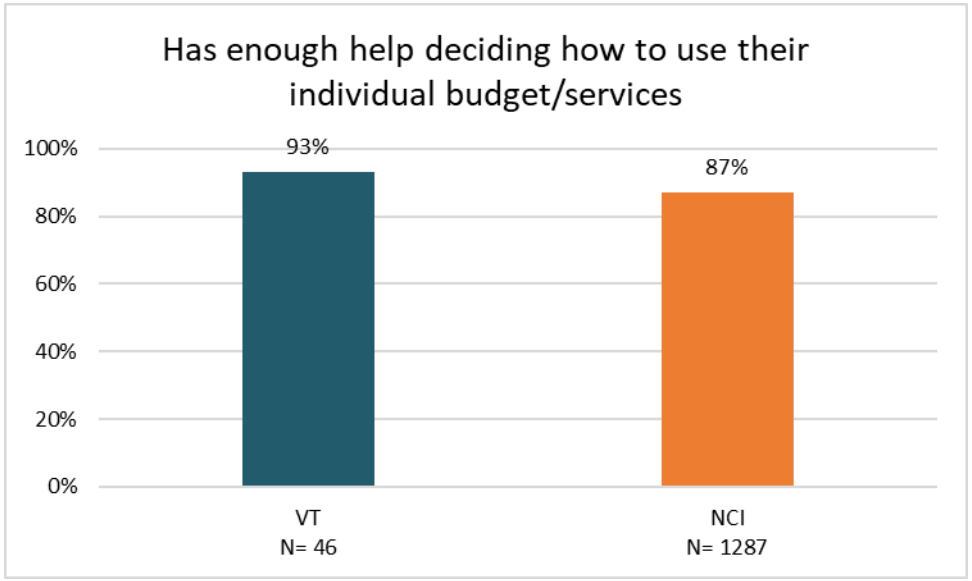


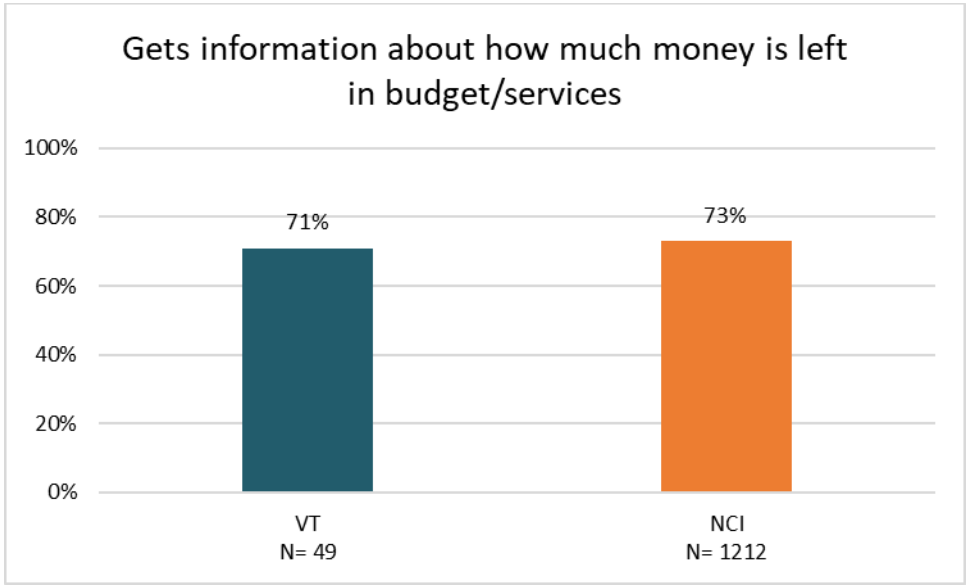


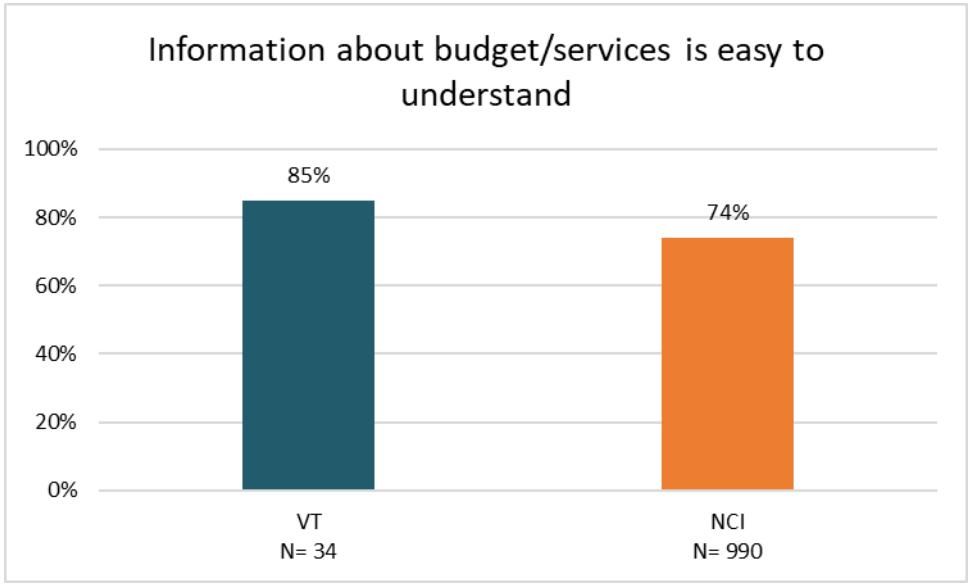


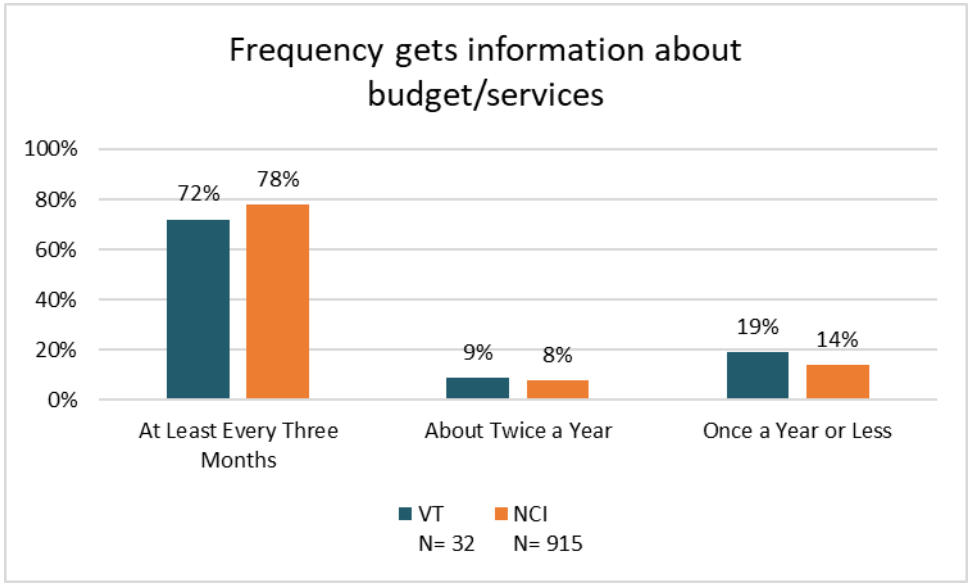


Data are based on those who are using a self-directed supports option
All NCI Averages are ***weighted***









Data are based on those who are using a self-directed supports option
All NCI Averages are ***weighted***

Table 53. Using a self-directed supports option

Information may have been obtained through state records

State v NCI	Average	N
VA	15%	774
NCI	12%	18,263

Table 54. People who make decisions or have input in making decisions for how budget for services is used (among those using a self-directed supports option)

Information may have been obtained through state records

State v NCI	Individual	Individual and Family or Friends	Family Member or Friends	Case Manager or Other State Employee	N
VA	n/a	n/a	n/a	n/a	n/a
NCI	7%	27%	52%	13%	2,071

Table 55. Hires or manages staff (among those using a self-directed supports option)

Information may have been obtained through state records

State v NCI	Average	N
VA	92%	53
NCI	71%	1,255

Table 56. Can make changes to individual budget/services if needed (among those using a self-directed supports option)

Information may have been obtained through state records

State v NCI	Average	N
VA	93%	54
NCI	81%	1,274

Data are based on those who are using a self-directed supports option
All NCI Averages are ***weighted***

Table 57. Has enough help deciding how to use their individual budget/services (among those using a self-directed supports option)

Information may have been obtained through state records

State v NCI	Average	N
VA	80%	54
NCI	87%	1,287

Table 58. Gets information about how much money is left in budget/services (among those using a self-directed supports option)

Information may have been obtained through state records

State v NCI	Average	N
VA	n/a	n/a
NCI	73%	1,212

Table 59. Information about budget/services is easy to understand (among those using a self-directed supports option and who report they receive information about how much money is left in budget/services)

Information may have been obtained through state records

State v NCI	Average	N
VA	n/a	n/a
NCI	74%	990

Table 60. Frequency with which the person gets information about budget/services (among those using a self-directed supports option)

Information may have been obtained through state records

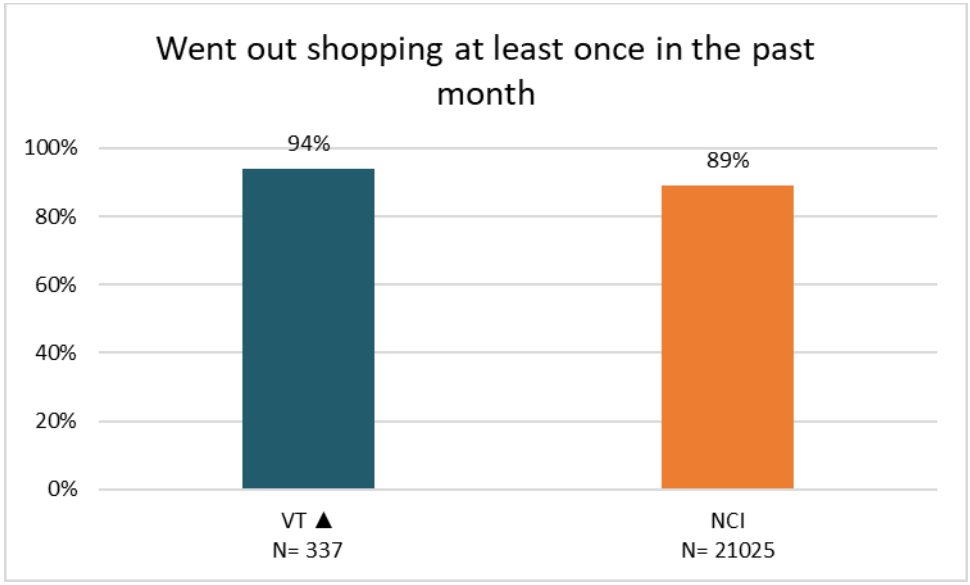
State v NCI	At Least Every Three Months	About Twice a Year	Once a Year or Less	N
VA	n/a	n/a	n/a	n/a
NCI	78%	8%	14%	915

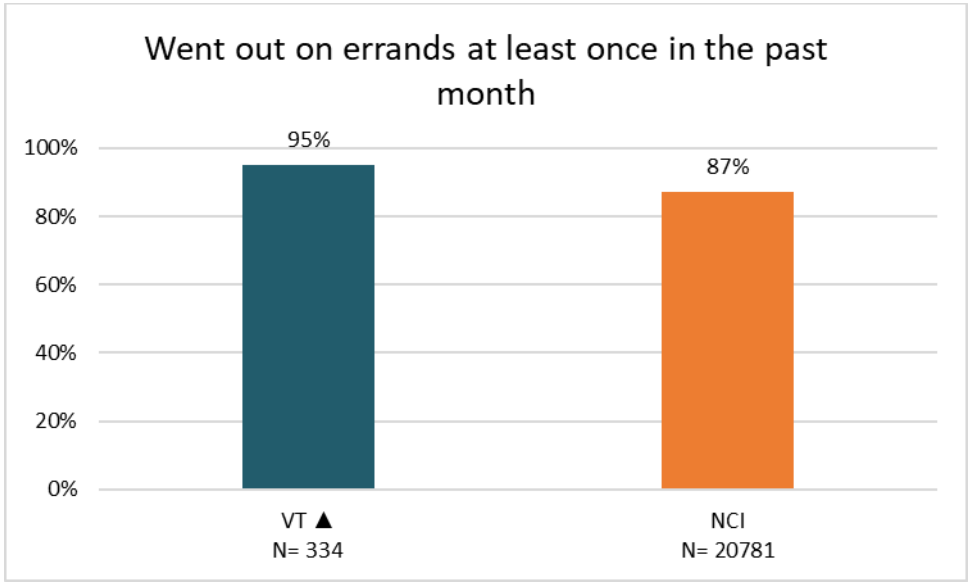
Data are based on those who are using a self-directed supports option
All NCI Averages are ***weighted***

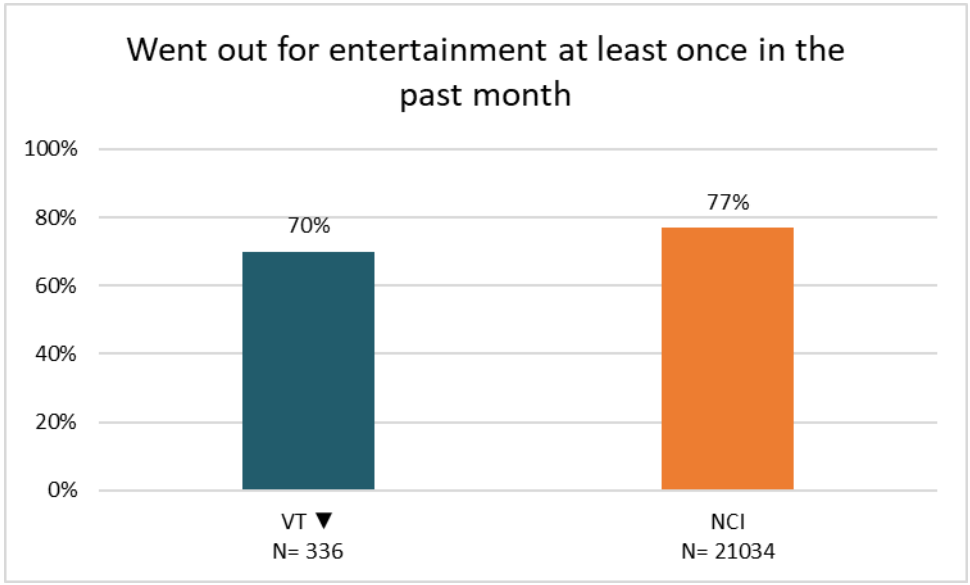
Community Inclusion, Participation and Leisure

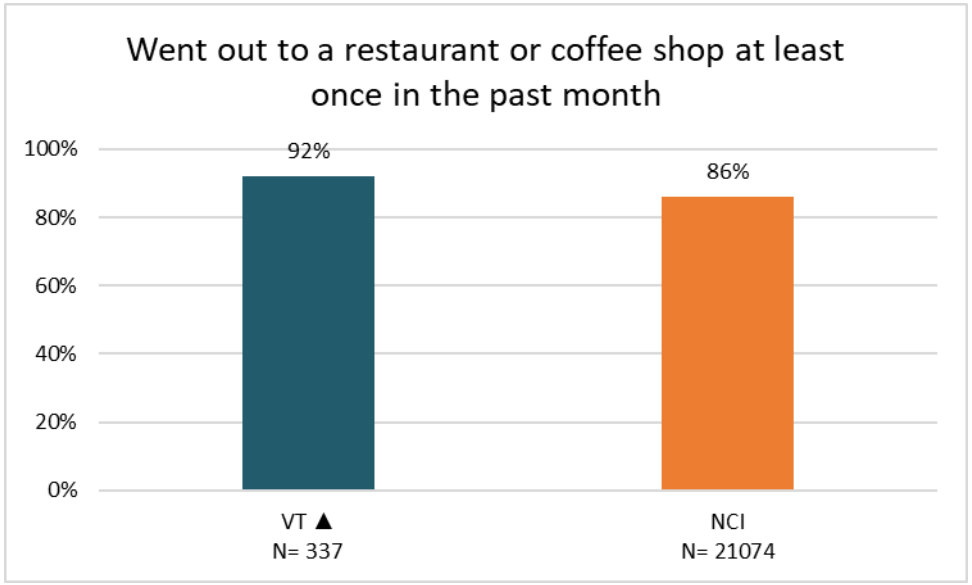
People participate in activities in their community and have opportunities to do things that they enjoy in the community.

See all states' *Community Inclusion, Participation and Leisure* outcomes here.

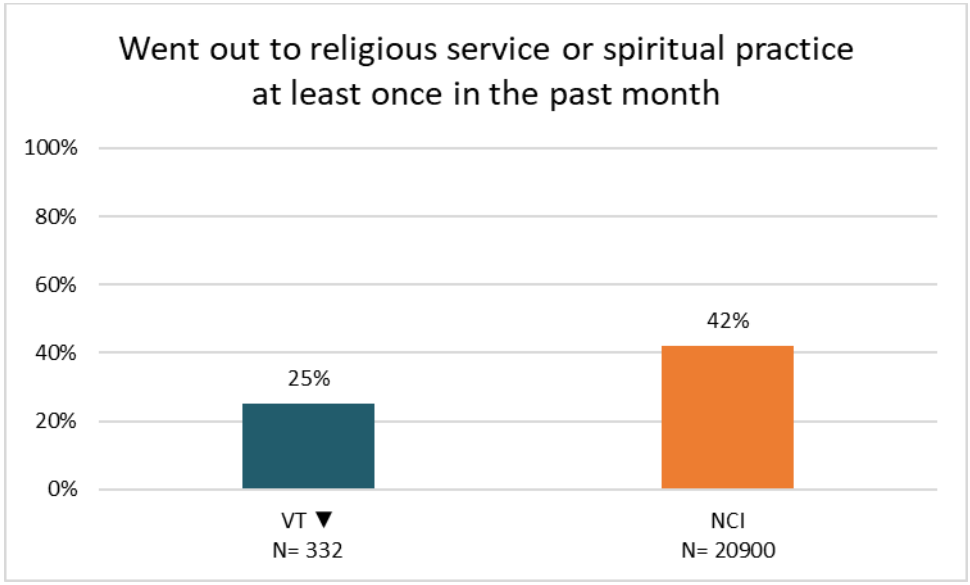


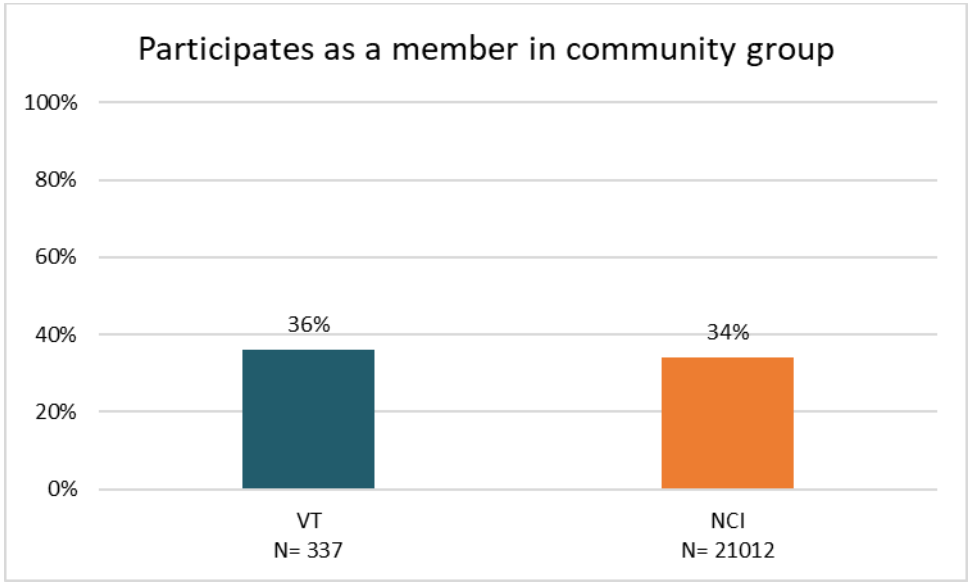


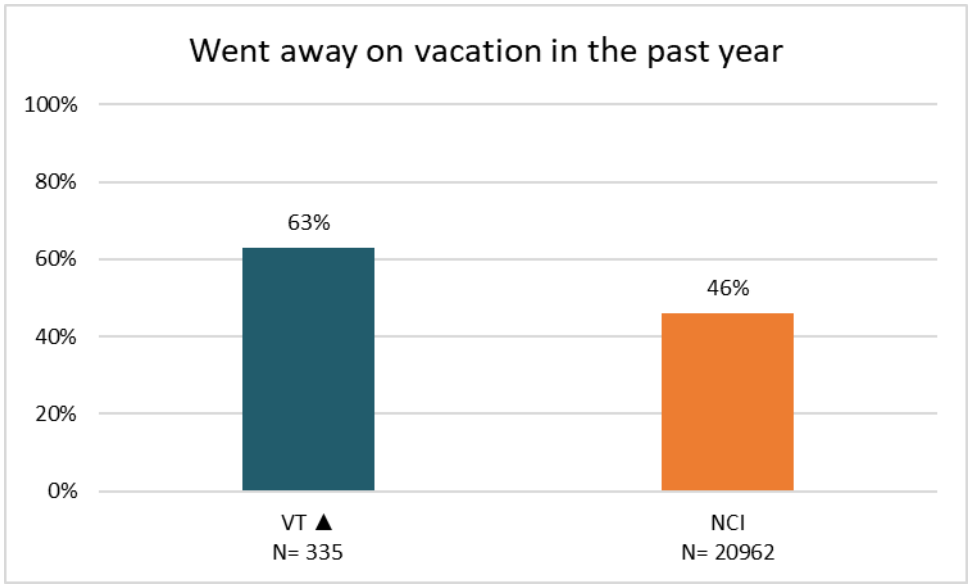


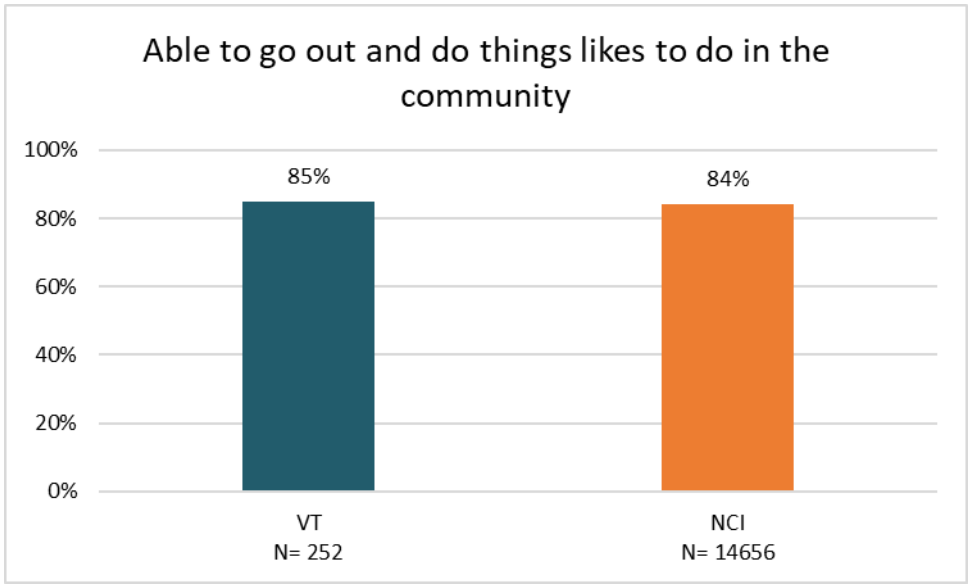


All NCI Averages are *weighted*

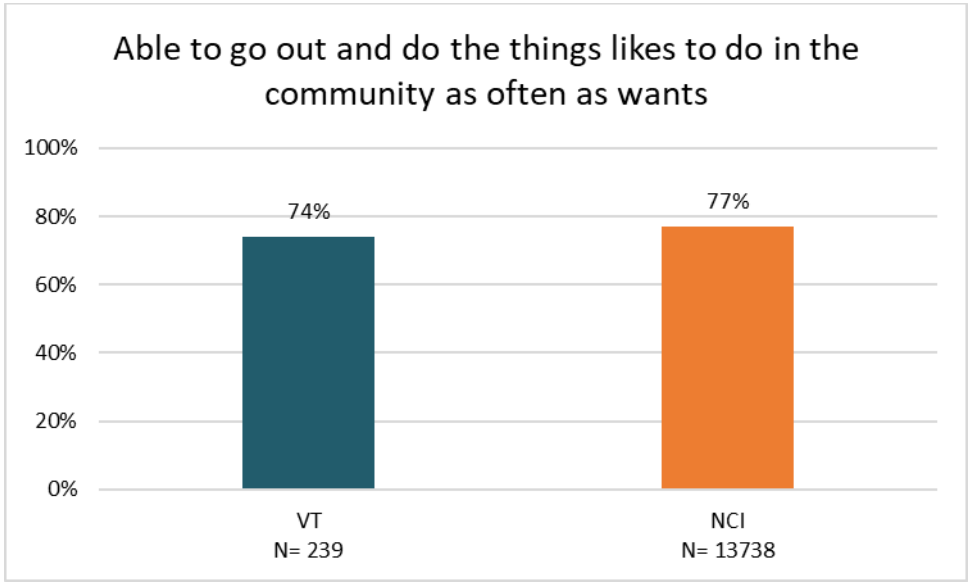


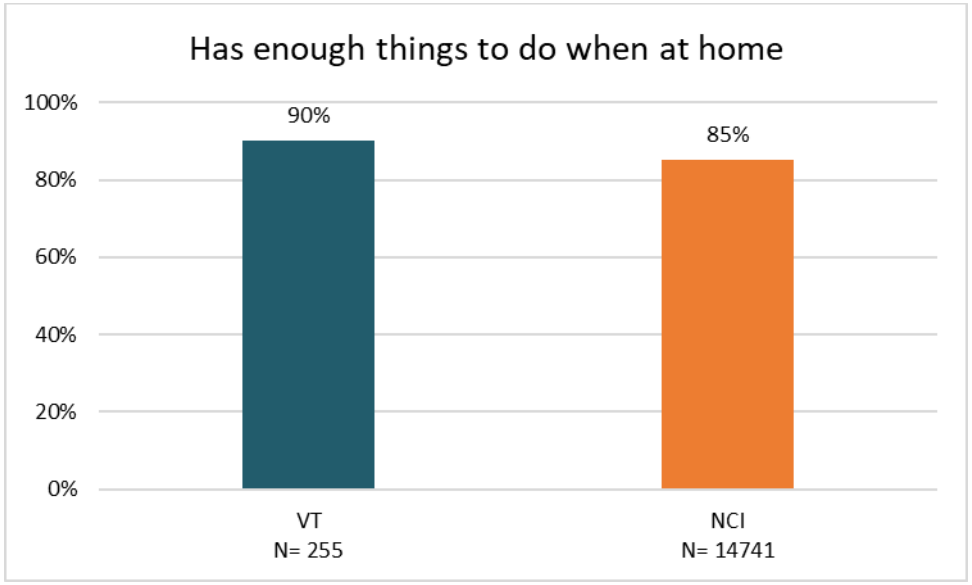


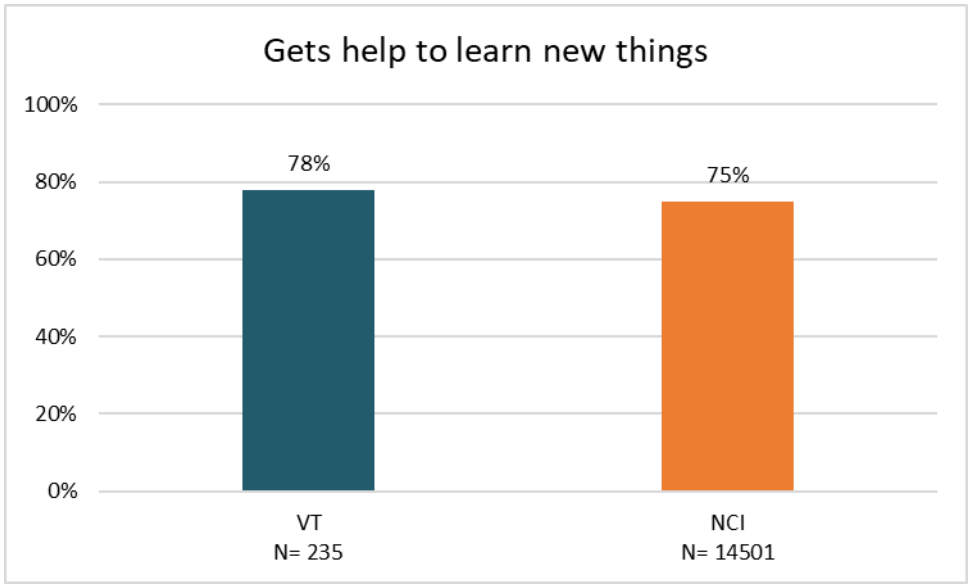




All NCI Averages are *weighted*







All NCI Averages are *weighted*

Table 61. Went out shopping at least once in the past month

Proxy respondents were allowed for this question

State v NCI	Average	N
VA ▲	93%	792
NCI	89%	21,025

Table 62. Went out on errands at least once in the past month

Proxy respondents were allowed for this question

State v NCI	Average	N
VA	90%	791
NCI	87%	20,781

Table 63. Went out for entertainment at least once in the past month

Proxy respondents were allowed for this question

State v NCI	Average	N
VA ▲	81%	799
NCI	77%	21,034

Table 64. Went out to a restaurant or coffee shop at least once in the past month

Proxy respondents were allowed for this question

State v NCI	Average	N
VA	89%	799
NCI	86%	21,074

All NCI Averages are *weighted*

Table 65. Went out to religious service or spiritual practice at least once in the past month

Proxy respondents were allowed for this question

State v NCI	Average	N
VA ▲	49%	801
NCI	42%	20,900

Table 66. Participates as a member in community group

Proxy respondents were allowed for this question

State v NCI	Average	N
VA ▲	40%	797
NCI	34%	21,012

Table 67. Went away on vacation in the past year

Proxy respondents were allowed for this question

State v NCI	Average	N
VA ▲	53%	795
NCI	46%	20,962

Table 68. Able to go out and do the things like to do in the community

State v NCI	Average	N
VA ▲	88%	515
NCI	84%	14,656

Table 69. Gets to do things likes to do in the community as much as wants

State v NCI	Average	N
VA	79%	482
NCI	77%	13,738

All NCI Averages are ***weighted***

Table 70. Has enough things likes to do when at home

State v NCI	Average	N
VA ▲	90%	518
NCI	85%	14,741

Table 71. Gets help to learn new things

New question in 2018-19

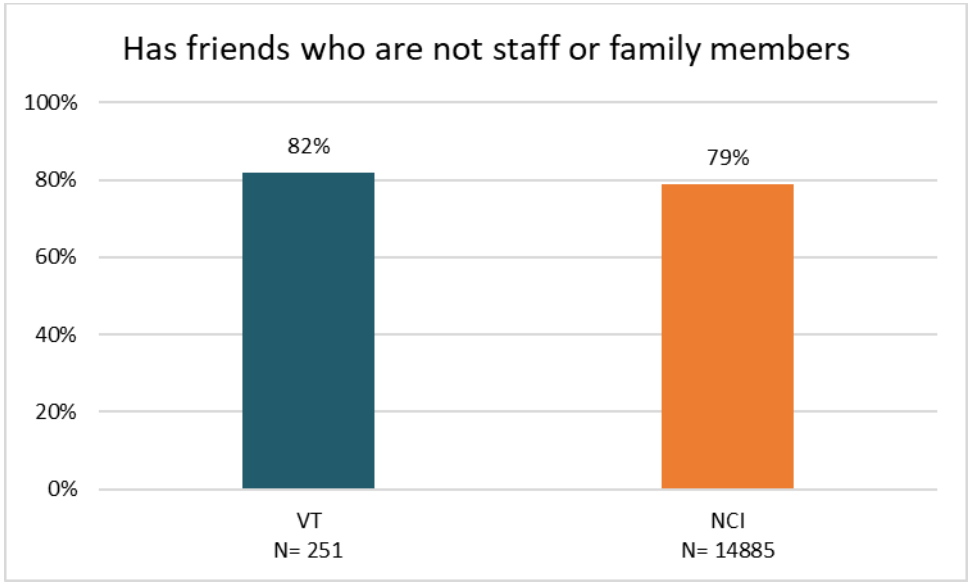
State v NCI	Average	N
VA	80%	508
NCI	75%	14,501

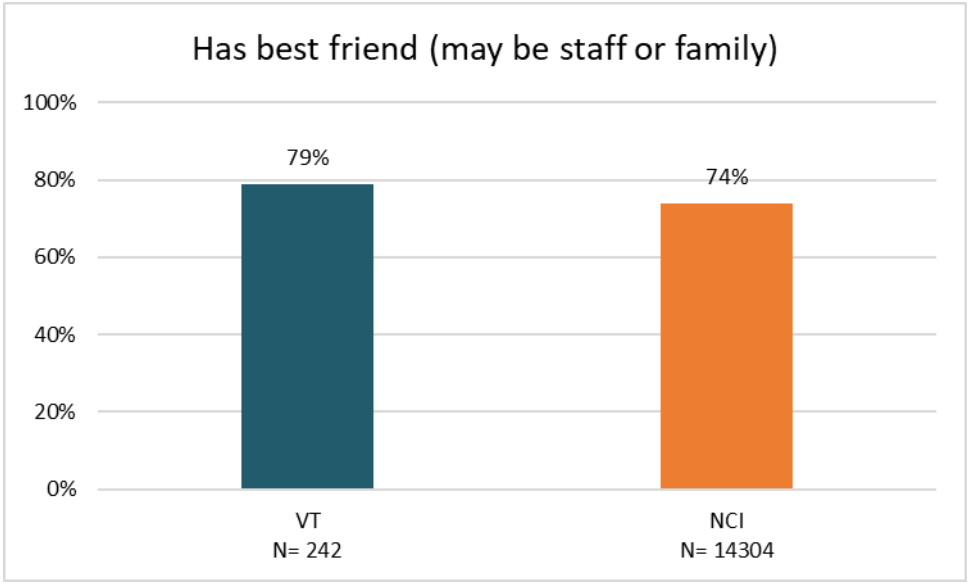
All NCI Averages are ***weighted***

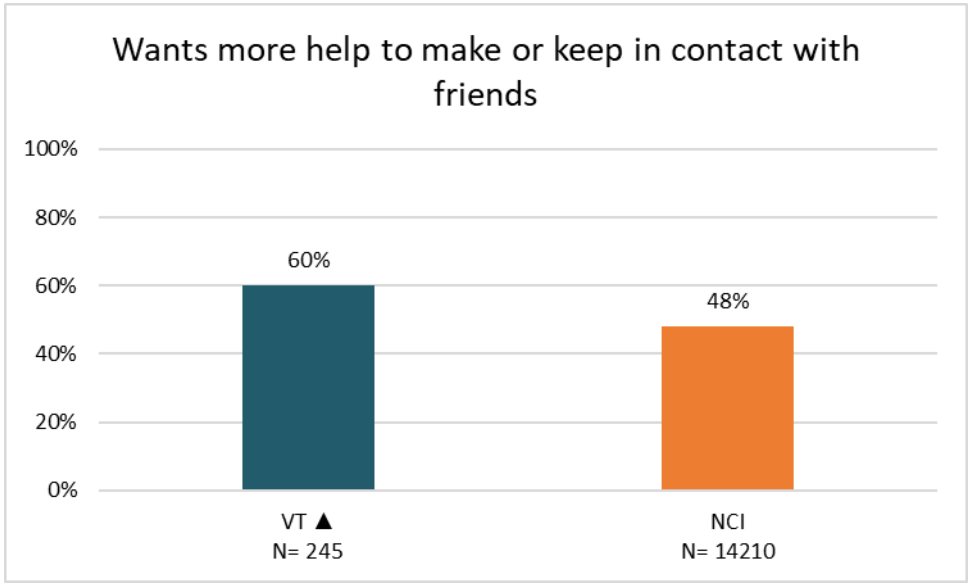
Relationships

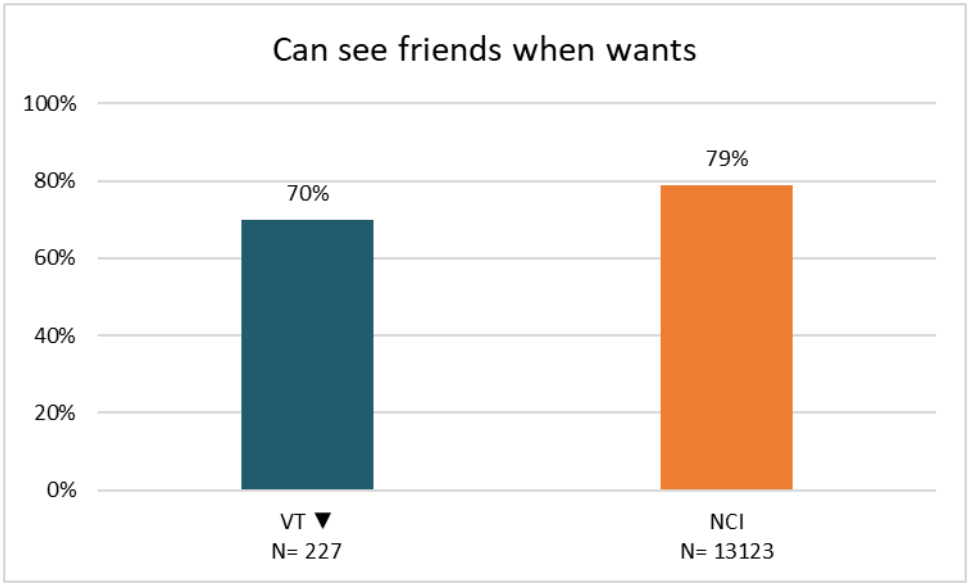
People have friends and relationships.

See all states' *Relationships* outcomes here.

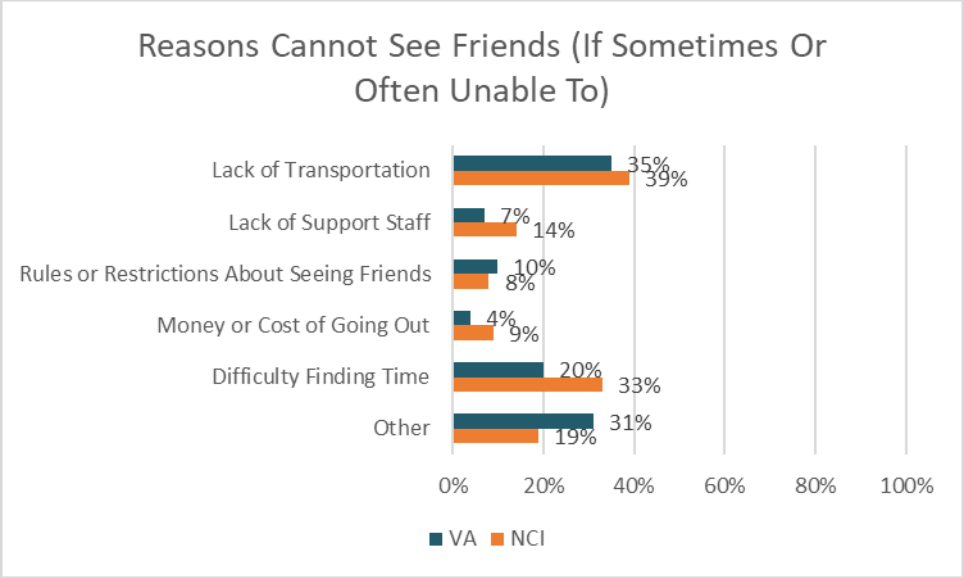


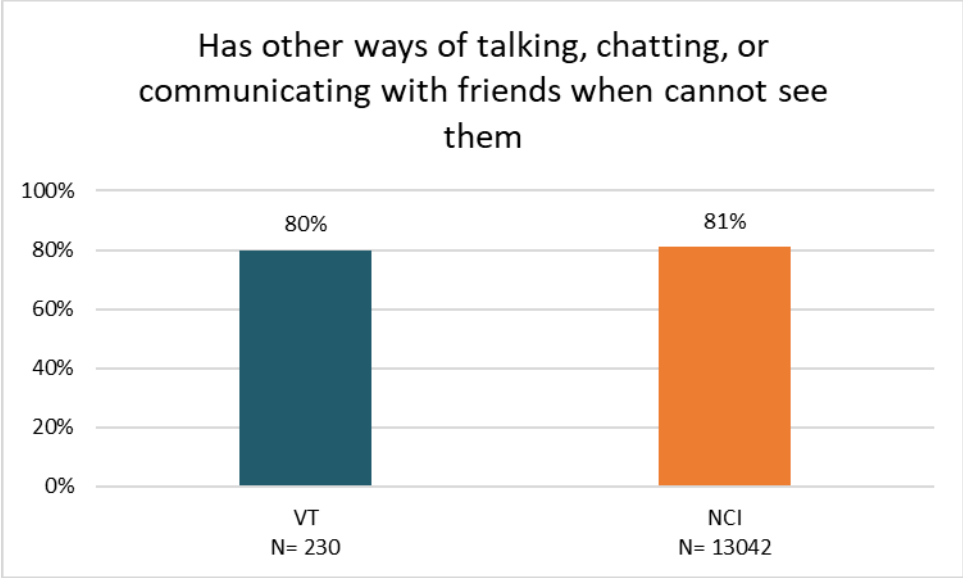


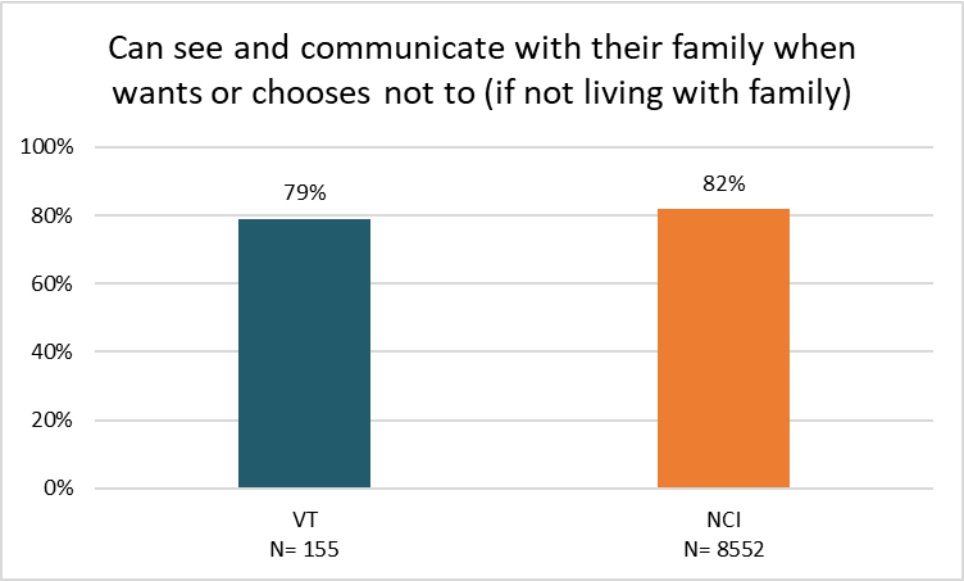


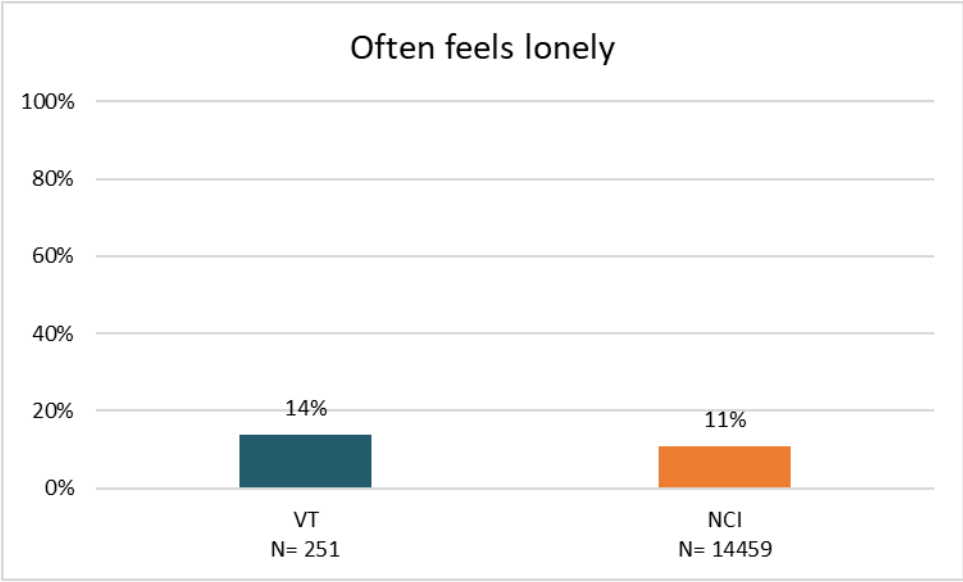


All NCI Averages are *weighted*

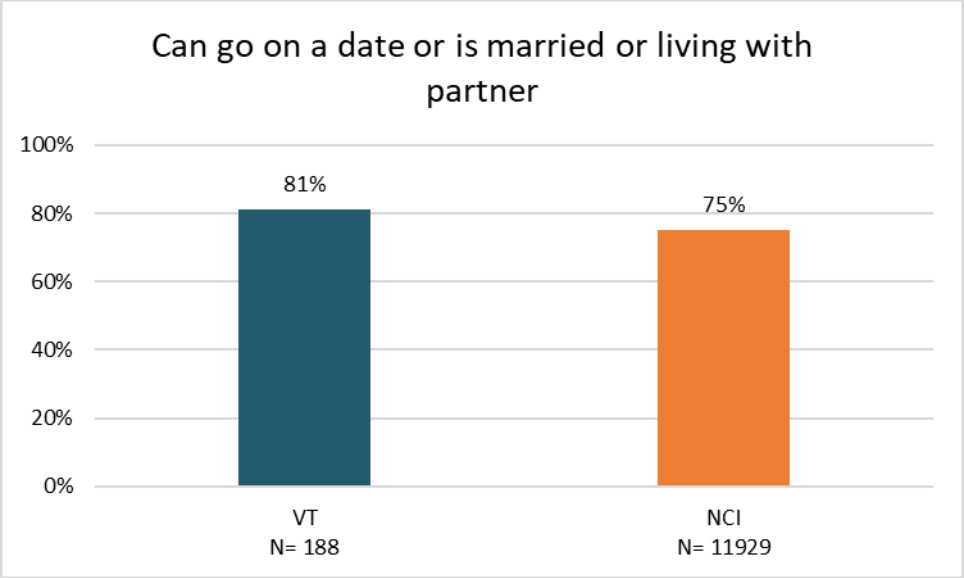








All NCI Averages are *weighted*



All NCI Averages are *weighted*

Table 72. Has friends who are not staff or family members

State v NCI	Average	N
VA	83%	532
NCI	79%	14,885

Table 73. Has best friend (may be staff or family)

State v NCI	Average	N
VA ▲	79%	510
NCI	74%	14,304

Table 74. Wants help to meet or keep in contact with friends

State v NCI	Average	N
VA	50%	490
NCI	48%	14,210

Table 75. Has friends (may be staff or family) and can see their friends when they want

State v NCI	Average	N
VA	82%	470
NCI	79%	13,123

All NCI Averages are *weighted*

Table 76. Reasons cannot see friends if sometimes or often unable to

Categories are not mutually exclusive

Reasons cannot see friends if sometimes or often unable to	VA	NCI
Lack of Transportation	35%	39%
Lack of Support Staff	7%	14%
Rules or Restrictions About Seeing Friends	10%	8%
Money or Cost of Going Out	4%	9%
Difficulty Finding Time	20%	33%
Other	31%	19%
N	83	2,759

Table 77. Has other ways of talking, chatting, or communicating with friends when cannot see them

State v NCI	Average	N
VA	85%	477
NCI	81%	13,042

Table 78. Can see or communicate with their family when they want or chooses not to (among those who do not live in the family home)

State v NCI	Average	N
VA	86%	309
NCI	82%	8,552

Table 79. Often feels lonely

State v NCI	Average	N
VA	8%	485
NCI	11%	14,459

All NCI Averages are ***weighted***

Table 80. Can go on a date or is married or living with partner

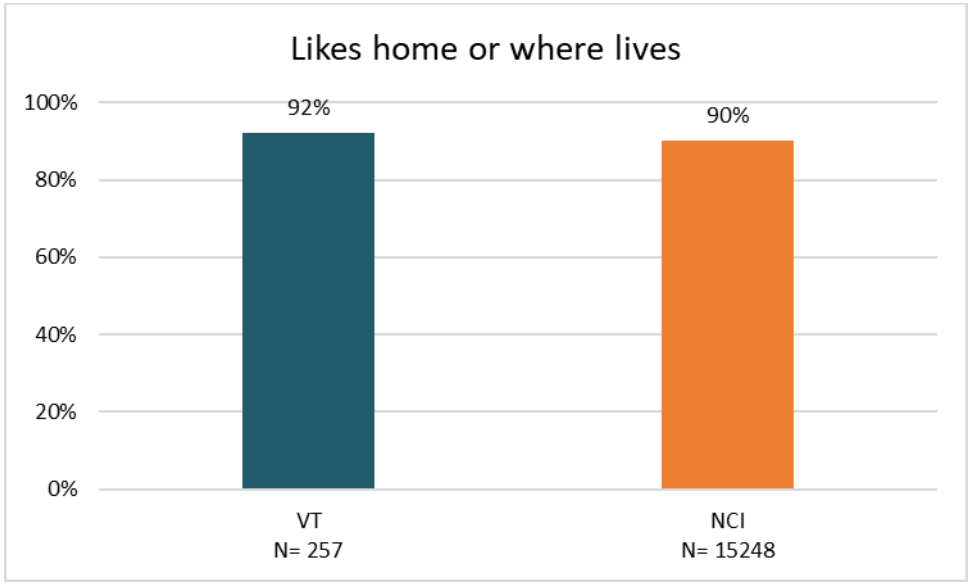
State v NCI	Average	N
VA ▼	68%	400
NCI	75%	11,929

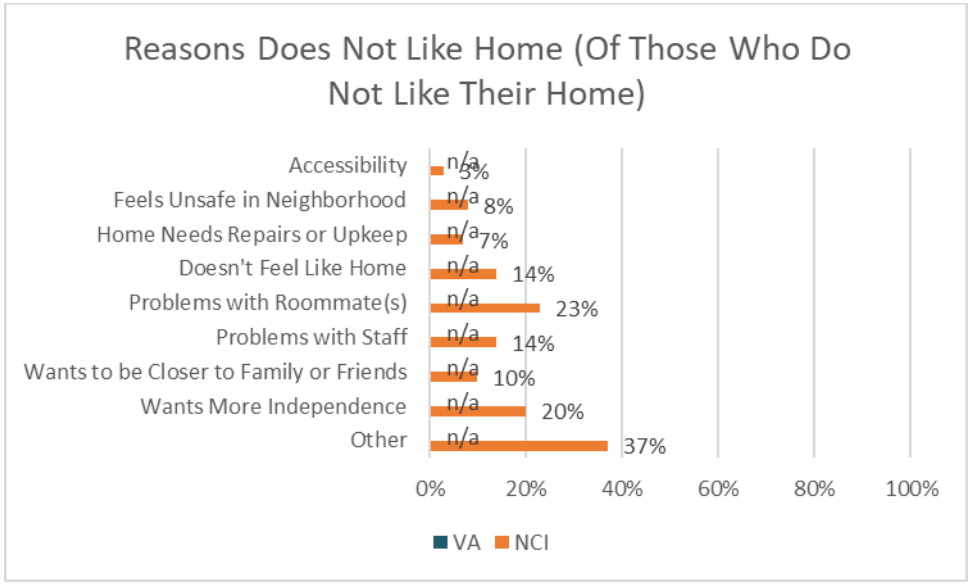
All NCI Averages are ***weighted***

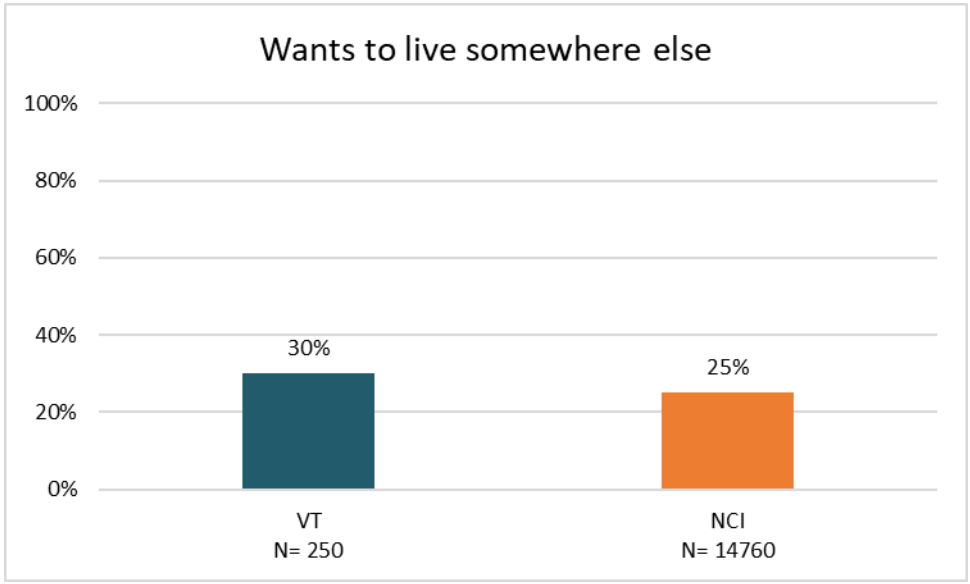
Satisfaction

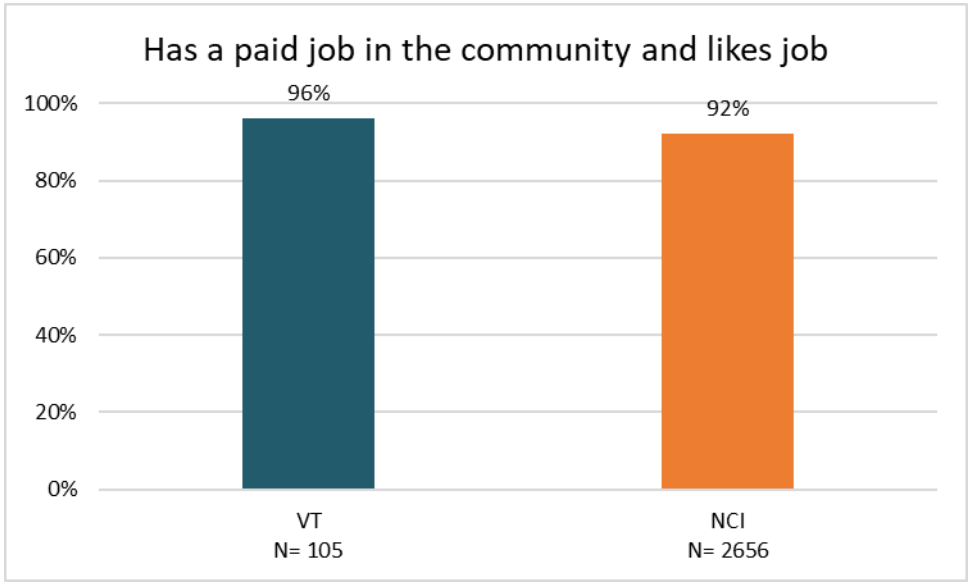
People are satisfied with the services and supports they receive.

See all states' *Satisfaction* outcomes here.

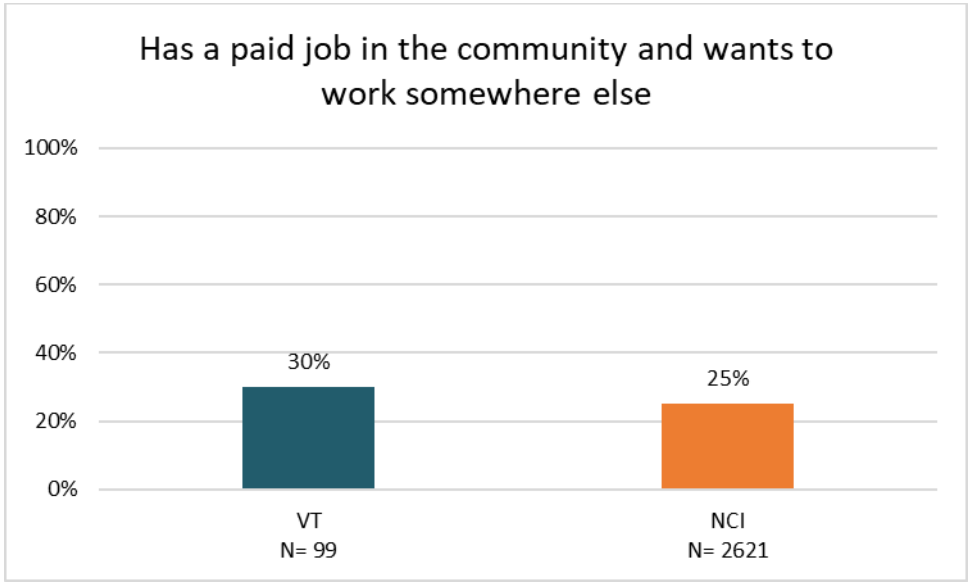


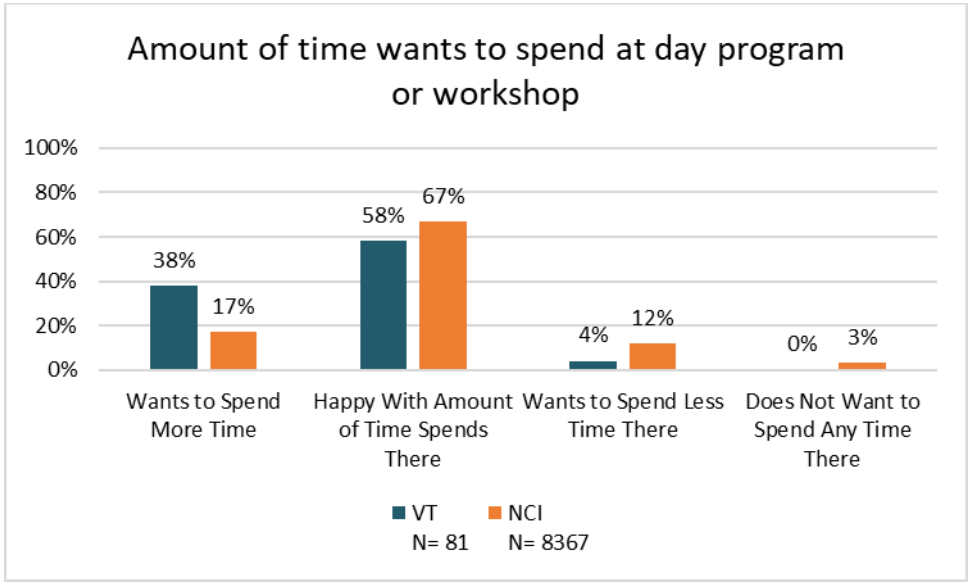


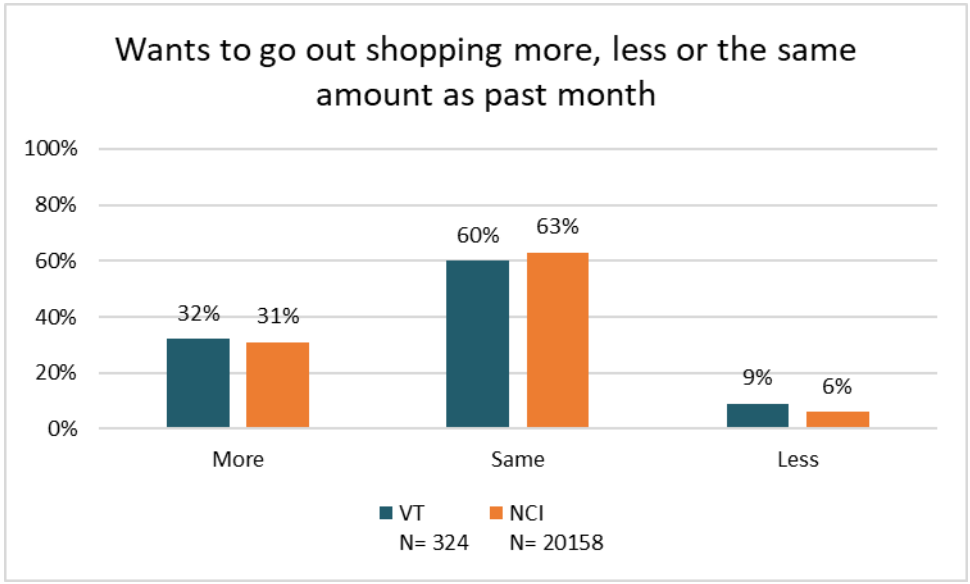


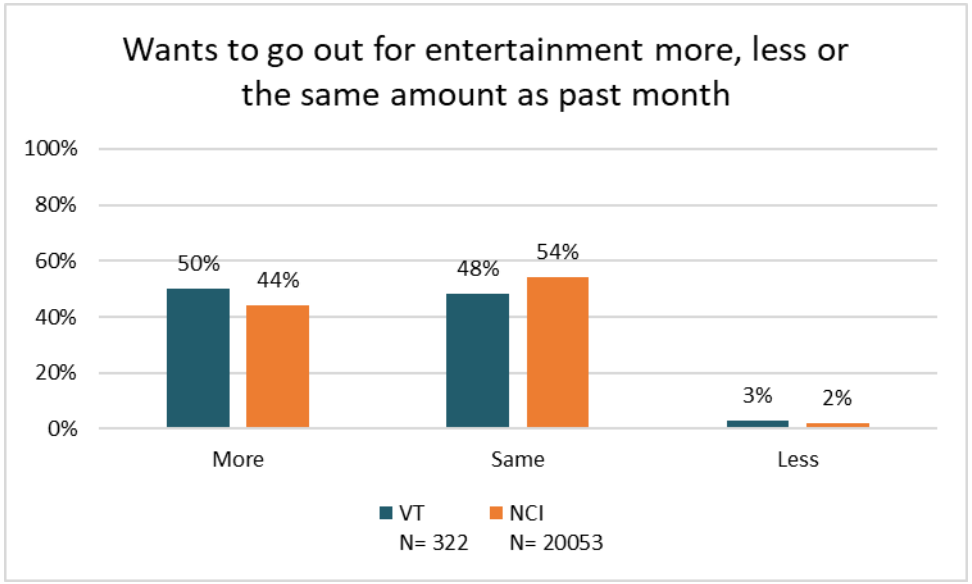


All NCI Averages are ***weighted***

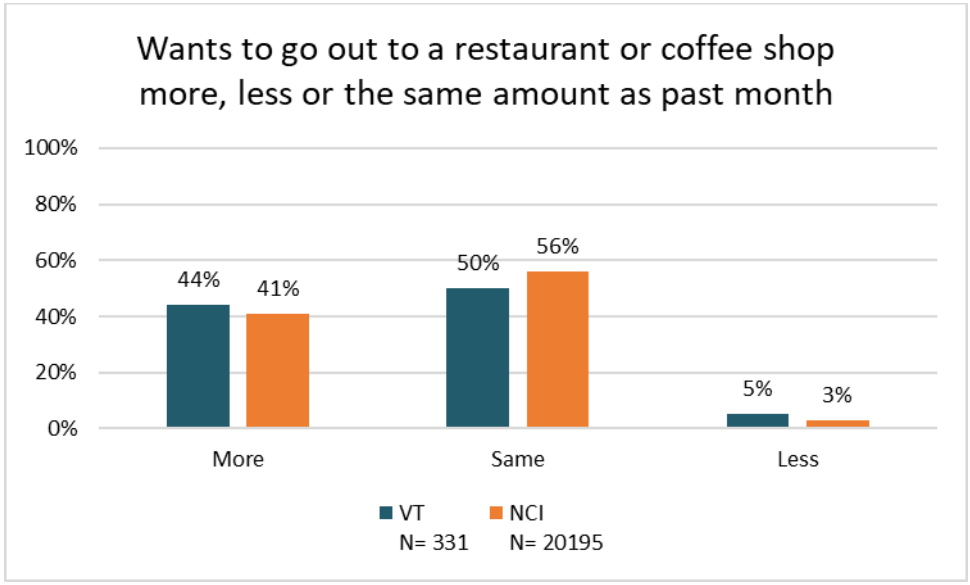


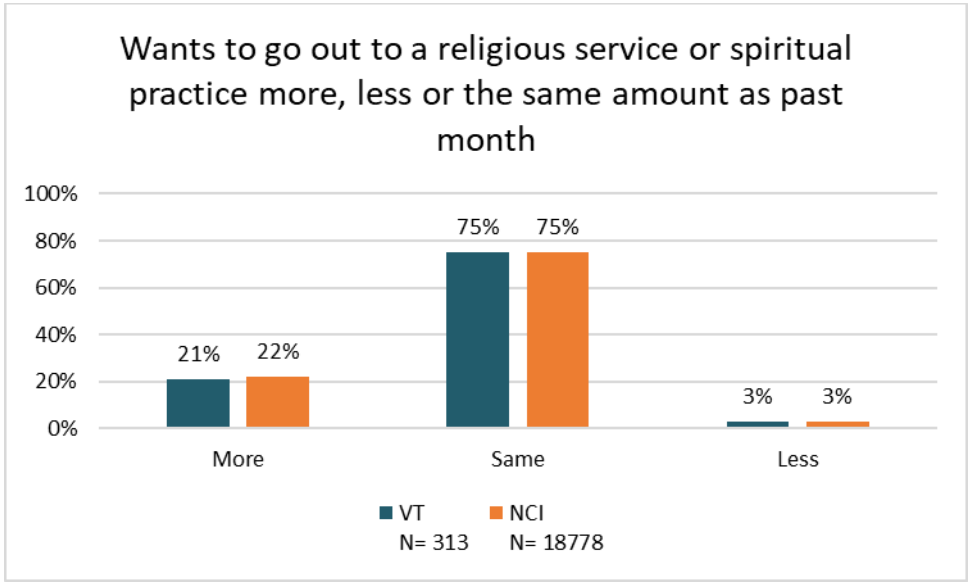


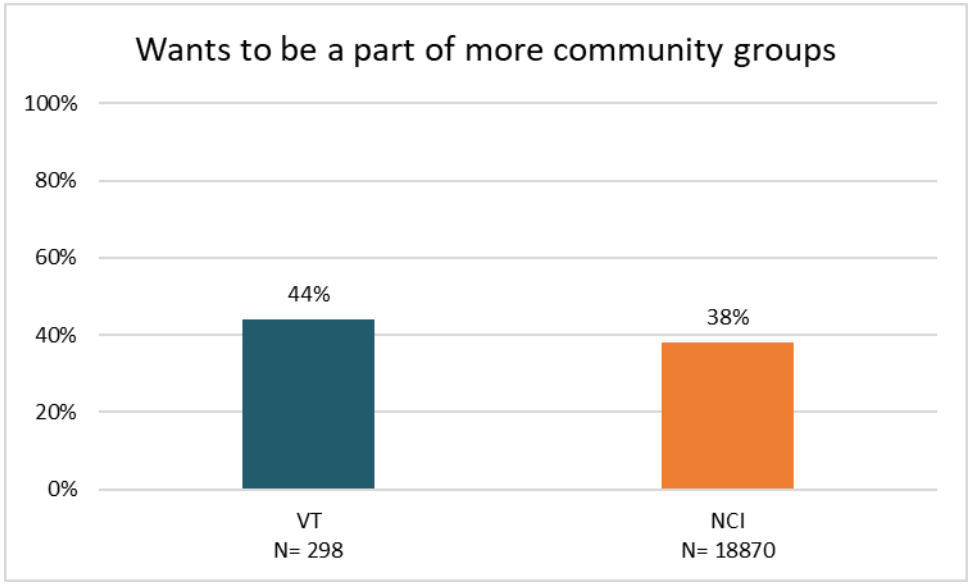


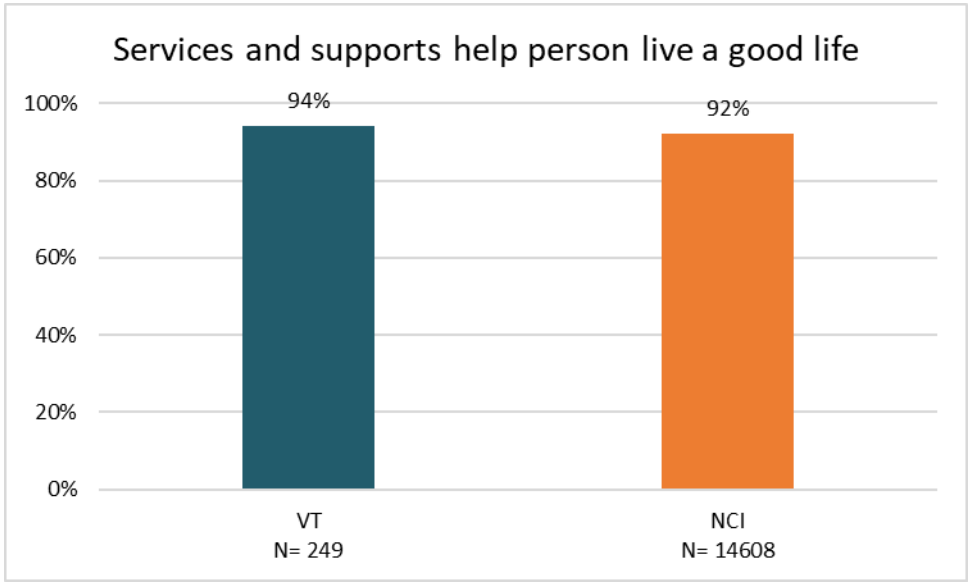


All NCI Averages are *weighted*









All NCI Averages are *weighted*

Table 81. Likes home or where lives

State v NCI	Average	N
VA ▲	94%	555
NCI	90%	15,248

Table 82. Reasons does not like home, continued (among those who do not like their home or where they live)

Categories are not mutually exclusive therefore N is not shown

Reasons Does Not Like Home	Average	NCI
Accessibility	n/a	3%
Feels Unsafe in Neighborhood	n/a	8%
Home Needs Repairs or Upkeep	n/a	7%
Doesn't Feel Like Home	n/a	14%
Problems with Roommate(s)	n/a	23%
Problems with Staff	n/a	14%
Wants to be Closer to Family or Friends	n/a	10%
Wants More Independence	n/a	20%
Other	n/a	37%

Table 83. Wants to live somewhere else

State v NCI	Average	N
VA ▼	16%	526
NCI	25%	14,760

Table 84. Likes paid community job (among those reported to have a paid community job from administrative records)

State v NCI	Average	N
VA	96%	73
NCI	92%	2,656

All NCI Averages are ***weighted***

Table 85. Wants to work somewhere else (among those reported to have a paid community job from administrative records)

State v NCI	Average	N
VA	21%	72
NCI	25%	2,621

Table 86. Attends a day program or workshop and wants to go more, less, or the same amount of time

State v NCI	Wants to Spend More Time	Happy With Amount of Time Spends There	Wants to Spend Less Time There	Does Not Want to Spend Any Time There	N
VA	15%	74%	9%	2%	337
NCI	17%	67%	12%	3%	8,367

Table 87. Person wants to go out shopping more, less or the same amount as last month

New in 2018-19; proxy respondents allowed

State v NCI	More	Same	Less	N
VA	37%	59%	4%	767
NCI	31%	63%	6%	20,158

Table 88. Person wants to go out for entertainment more, less or the same amount as last month

New in 2018-19; proxy respondents allowed

State v NCI	More	Same	Less	N
VA	40%	58%	3%	739
NCI	44%	54%	2%	20,053

All NCI Averages are ***weighted***

Table 89. Person wants to go out to a restaurant or coffee shop more, less or the same amount as last month

New in 2018-19; proxy respondents allowed

State v NCI	More	Same	Less	N
VA	42%	56%	2%	759
NCI	41%	56%	3%	20,195

Table 90. Person wants to go out to a religious service or spiritual practice more, less or the same amount as last month

New in 2018-19; proxy respondents allowed

State v NCI	More	Same	Less	N
VA	27%	71%	2%	729
NCI	22%	75%	3%	18,778

Table 91. Person wants to be a part of more community groups

New in 2018-19; proxy respondents allowed

State v NCI	Average	N
VA	41%	725
NCI	38%	18,870

Table 92. Services and Supports help person live a good life

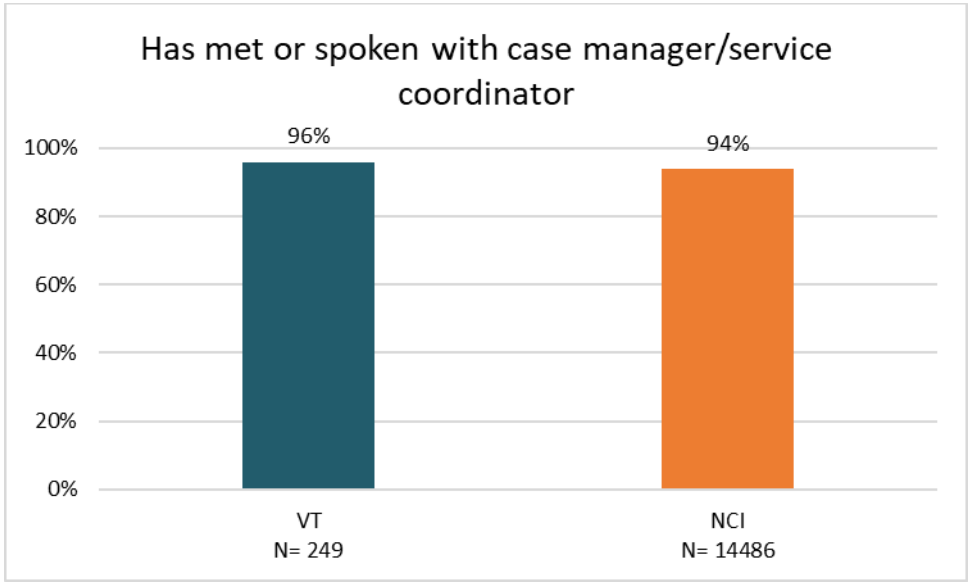
State v NCI	Average	N
VA	93%	510
NCI	92%	14,608

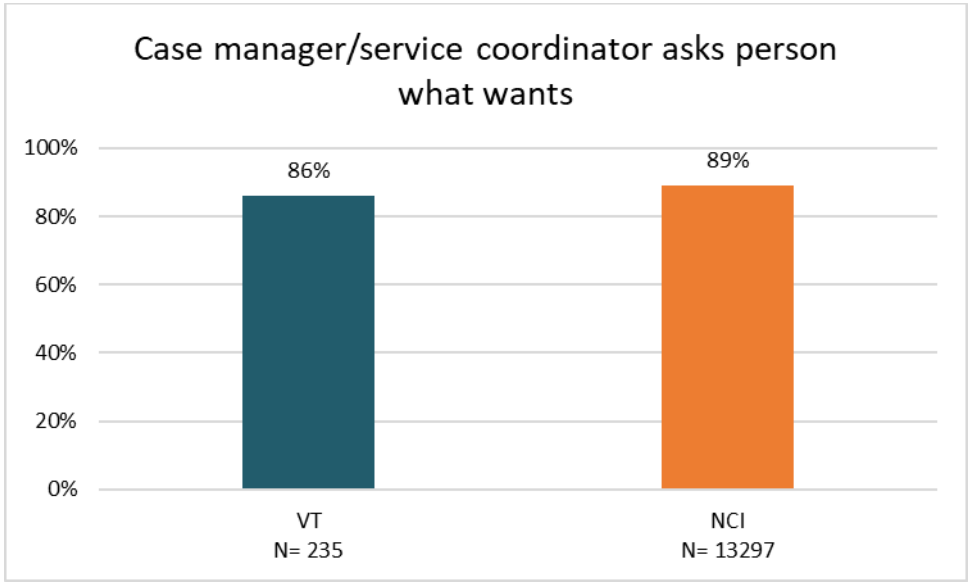
All NCI Averages are ***weighted***

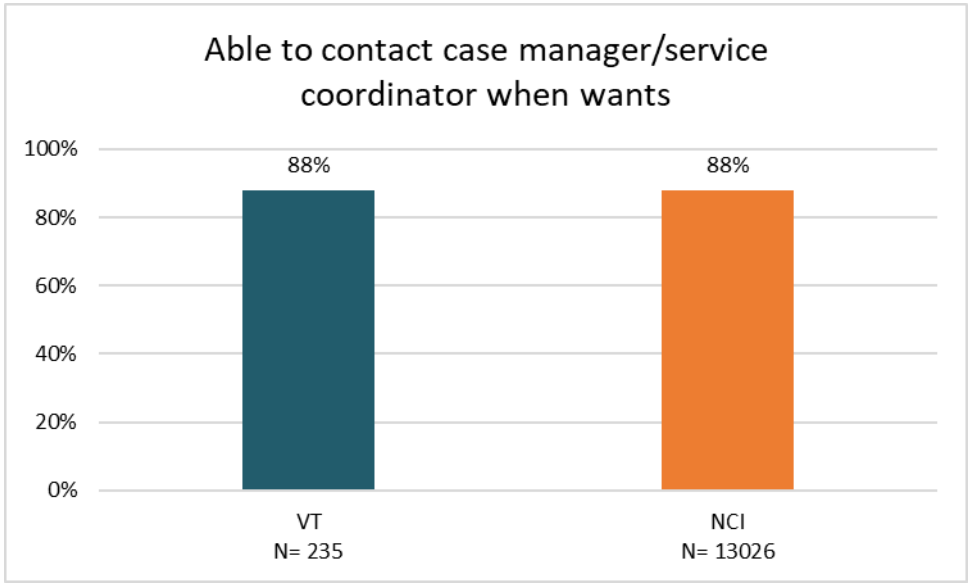
Service Coordination

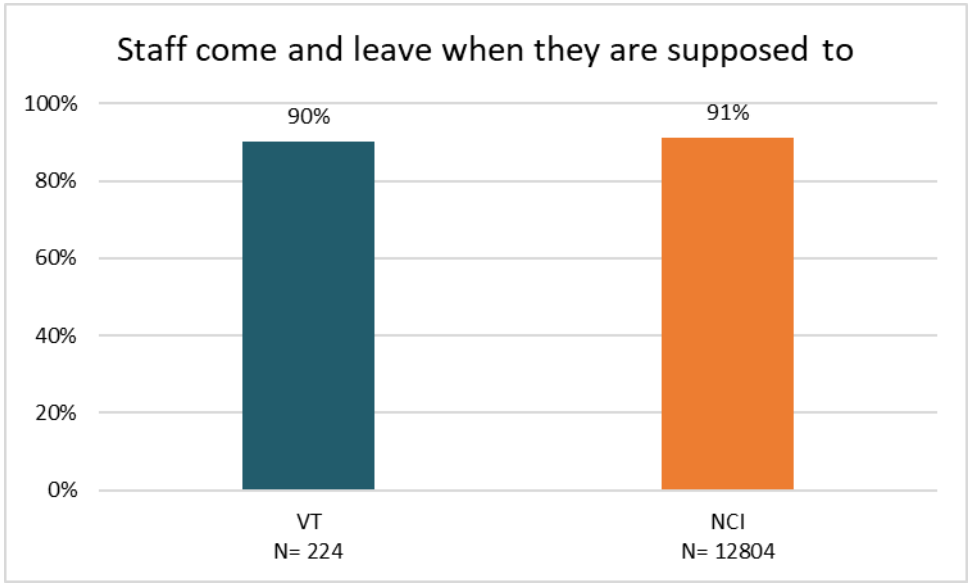
Service coordinators are accessible and responsive to people. The service plan is responsive to people's goals and needs. People participate in the service planning process.

See all states' *Service Coordination* outcomes here.

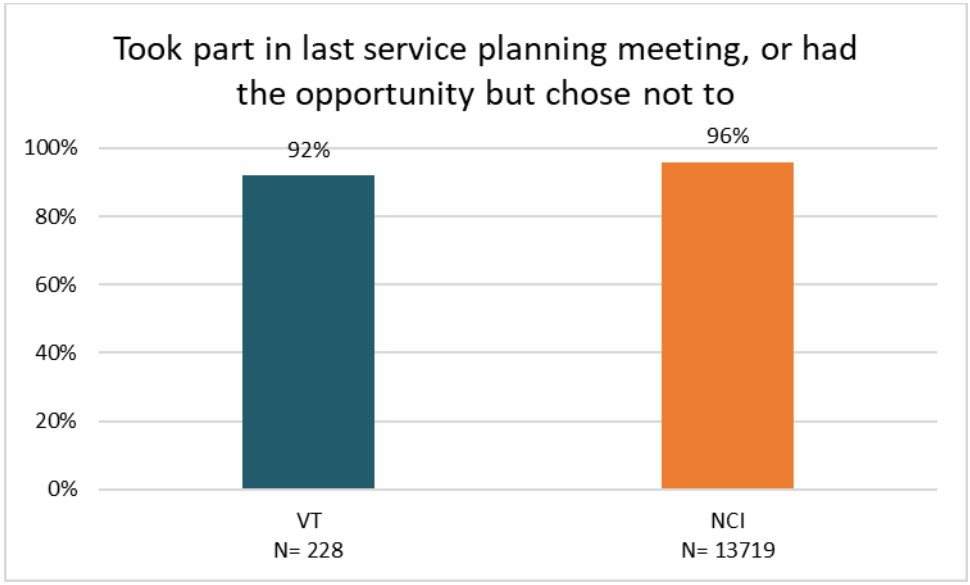


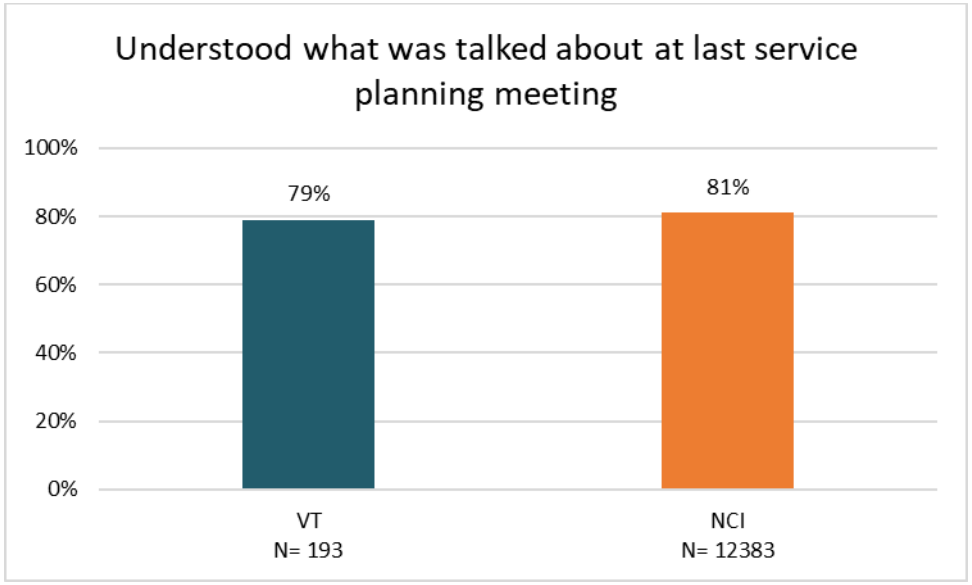


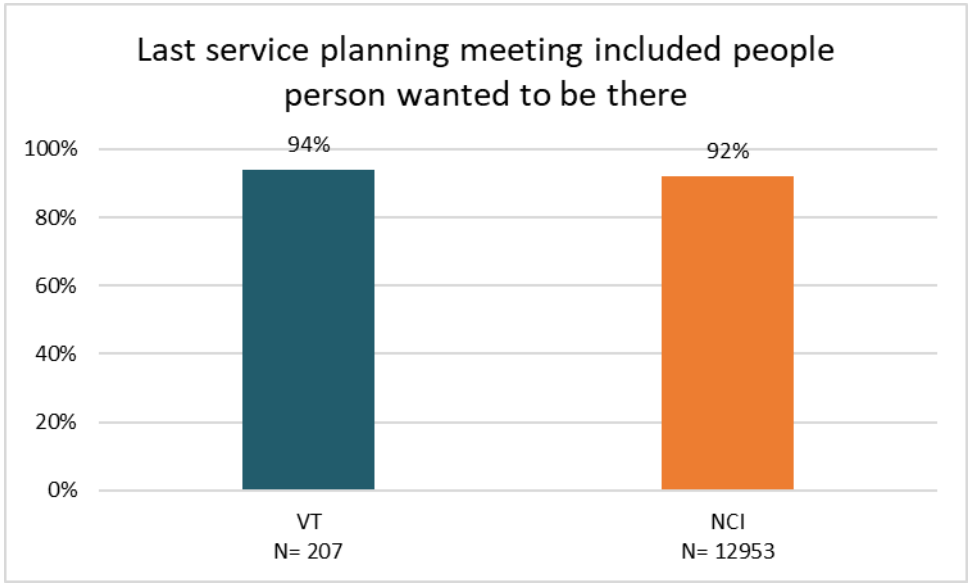


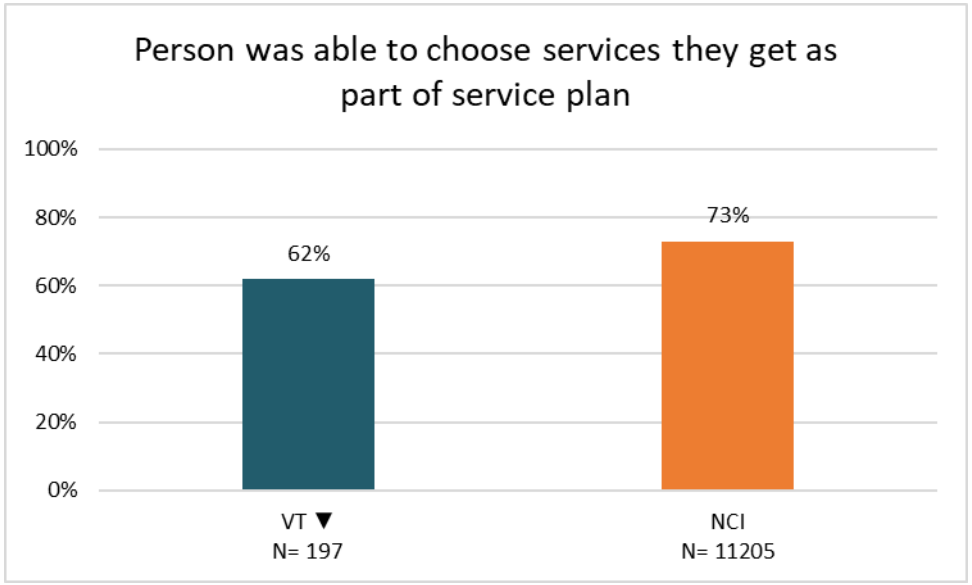


All NCI Averages are *weighted*

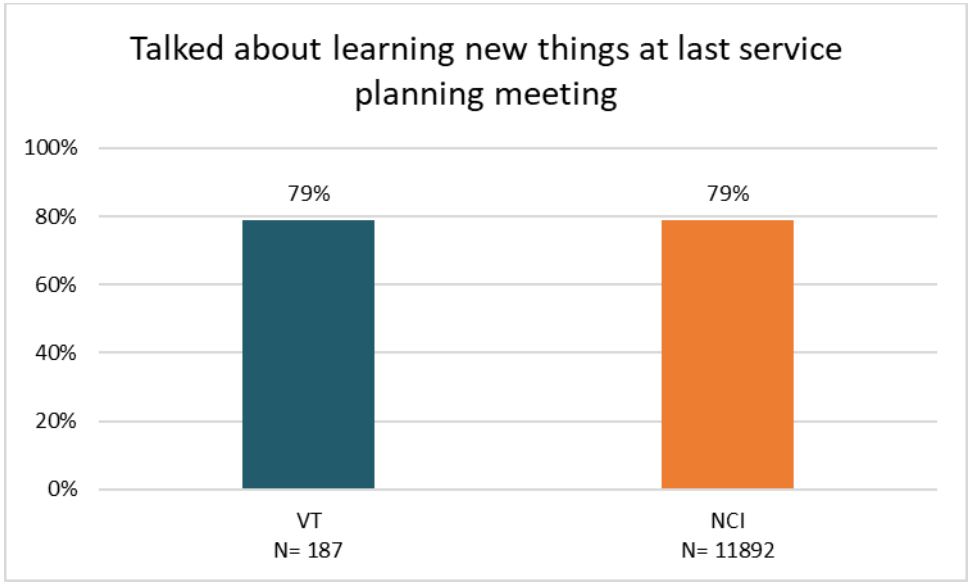


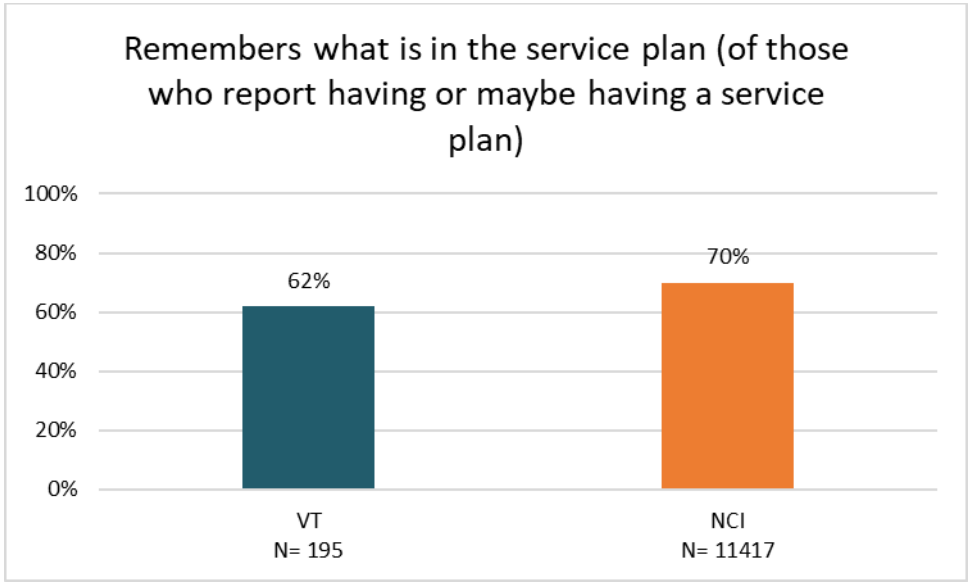


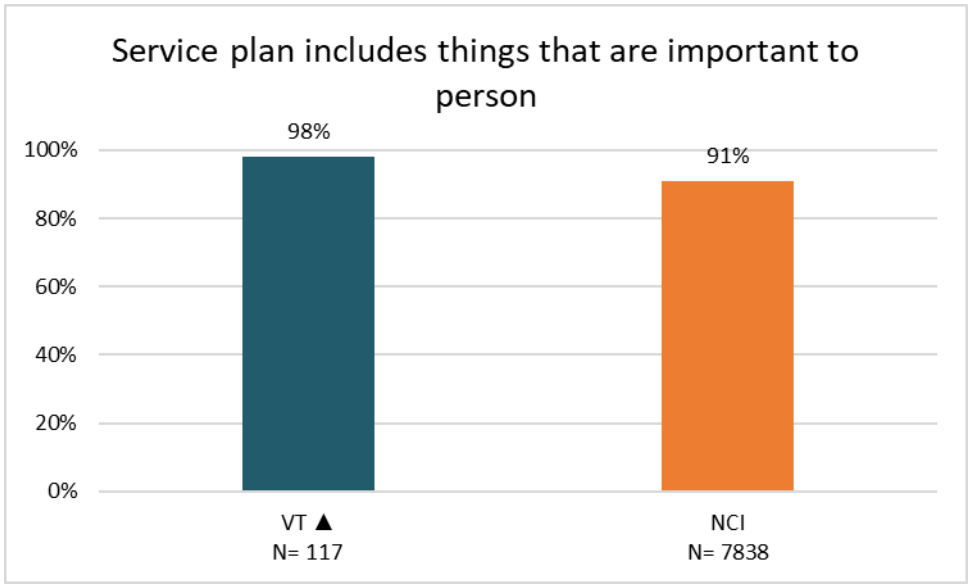


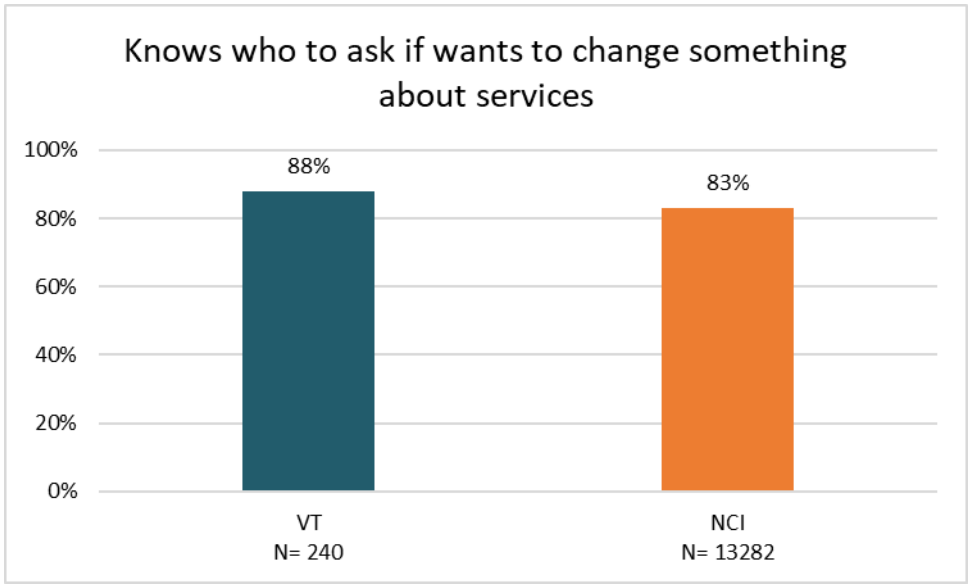


All NCI Averages are *weighted*

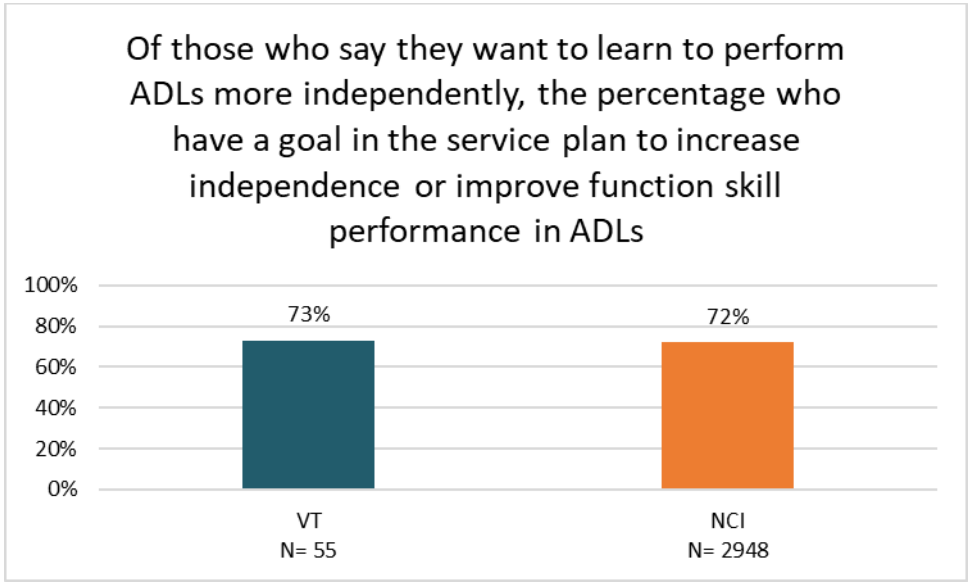


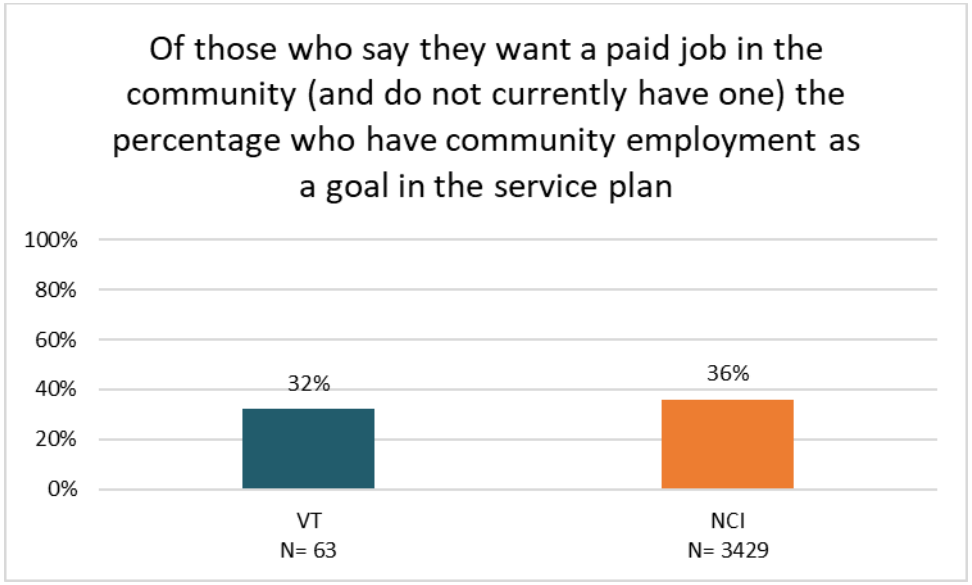






All NCI Averages are *weighted*





All NCI Averages are *weighted*

Table 93. Has met or spoken with case manager/service coordinator

State v NCI	Average	N
VA ▲	97%	510
NCI	94%	14,486

Table 94. Case manager/service coordinator asks person what s/he wants

State v NCI	Average	N
VA ▲	93%	472
NCI	89%	13,297

Table 95. Able to contact case manager/service coordinator when wants

State v NCI	Average	N
VA	87%	475
NCI	88%	13,026

Table 96. Staff come and leave when they are supposed to

State v NCI	Average	N
VA ▲	95%	474
NCI	91%	12,804

Table 97. Took part in last service planning meeting, or had the opportunity but chose not to

State v NCI	Average	N
VA ▲	99%	490
NCI	96%	13,719

Table 98. Understood what was talked about at last service planning meeting

State v NCI	Average	N
VA	79%	457
NCI	81%	12,383

All NCI Averages are *weighted*

Table 99. Last service planning meeting included people person wanted to be there

State v NCI	Average	N
VA ▲	96%	473
NCI	92%	12,953

Table 100. Person was able to choose services they get as part of service plan

State v NCI	Average	N
VA ▲	82%	402
NCI	73%	11,205

Table 101. Talked about learning new things at last service planning meeting

State v NCI	Average	N
VA ▲	86%	430
NCI	79%	11,892

Table 102. Remembers what is in the service plan of those who report having or maybe having a service plan

New in 2018-19

State v NCI	Average	N
VA ▲	76%	410
NCI	70%	11,417

Table 103. Service plan includes things that are important to person

New in 2018-19

State v NCI	Average	N
VA	92%	305
NCI	91%	7,838

All NCI Averages are ***weighted***

Table 104. Knows who to ask if s/he wants to change something about services

New in 2018-19

State v NCI	Average	N
VA	83%	431
NCI	83%	13,282

Table 105. Of those who say they want to learn to perform ADLs more independently, the percentage who have a goal in the service plan to increase independence or improve function skill performance in ADLs [1]

New in 2018-19

State v NCI	Average	N
VA ▲	91%	203
NCI	72%	2,948

Table 106. Of those who say they want a paid job in the community (and do not currently have one), the percentage who have community employment as a goal in the service plan [2]

New in 2018-19

State v NCI	Average	N
VA	36%	166
NCI	36%	3,429

[1] This analysis combines two questions that come from two different sources: 1.) Whether there is a goal in service plan to increase independence or improve functional skill performance in ADLs obtained through administrative records; and, 2.) Whether the person wants to learn to do more ADLs on their own is asked during the face-to-face meeting with the person receiving services and can only be answered by that person

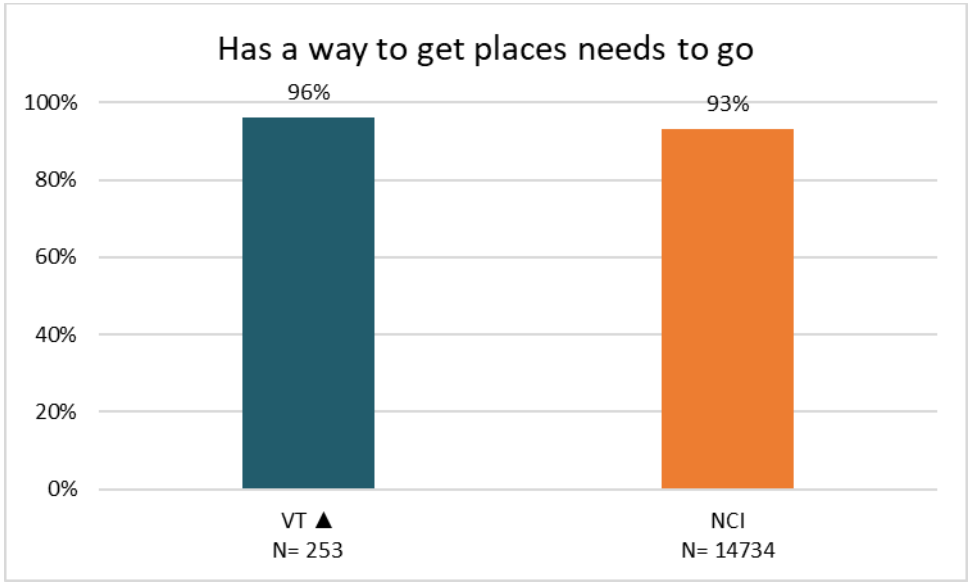
[2] This analysis combines two questions that come from two different sources: 1.) Whether community employment is a goal in service plan; and 2.) Whether the person wants a job is asked during the face-to-face meeting with the person receiving services and can only be answered by that person

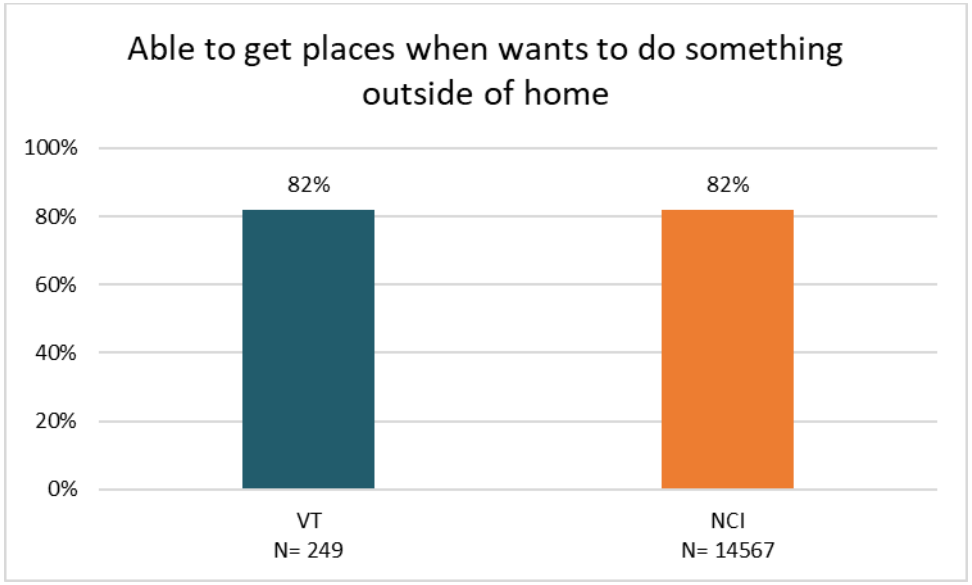
All NCI Averages are ***weighted***

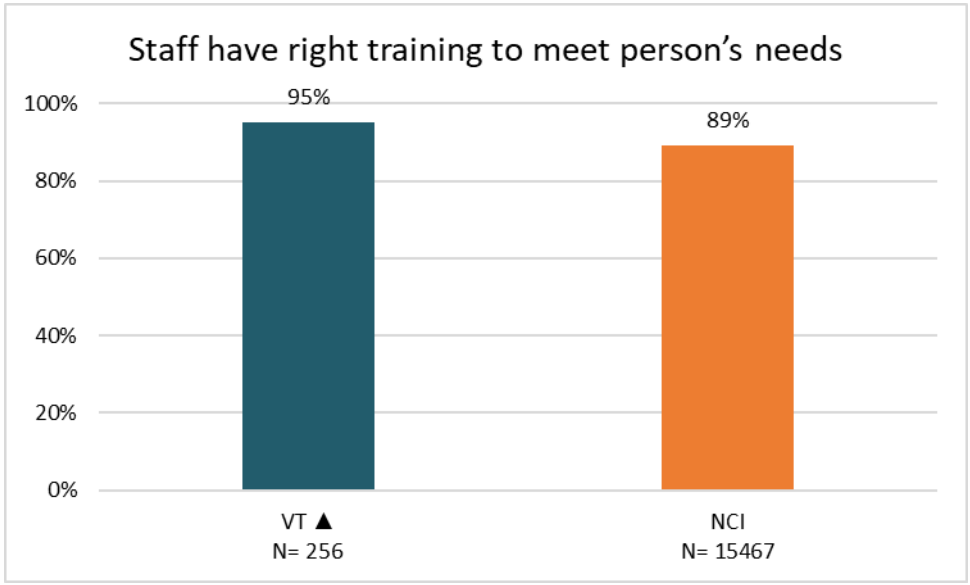
Access

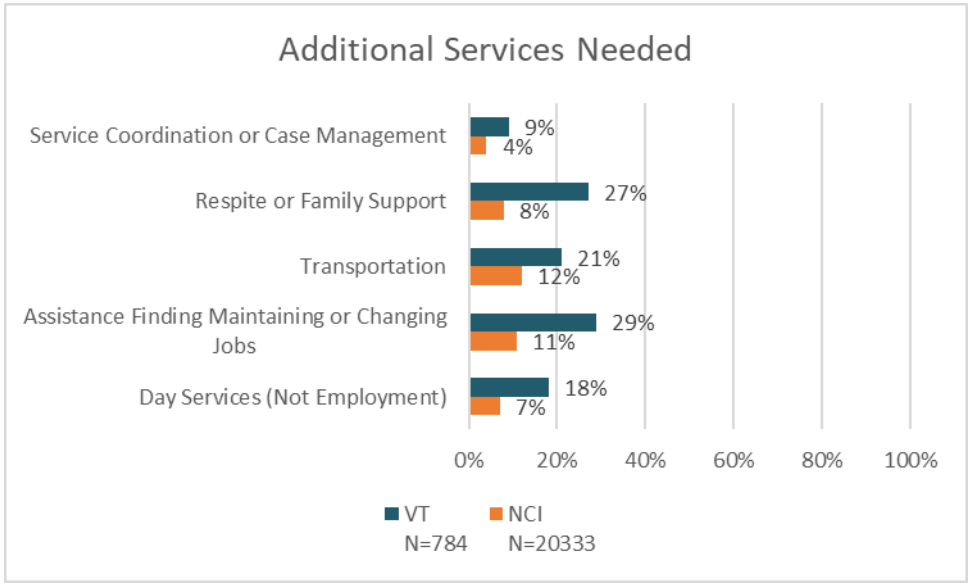
Publicly funded services are readily available to individuals who need and qualify for them.

See all states' *Access* outcomes here.

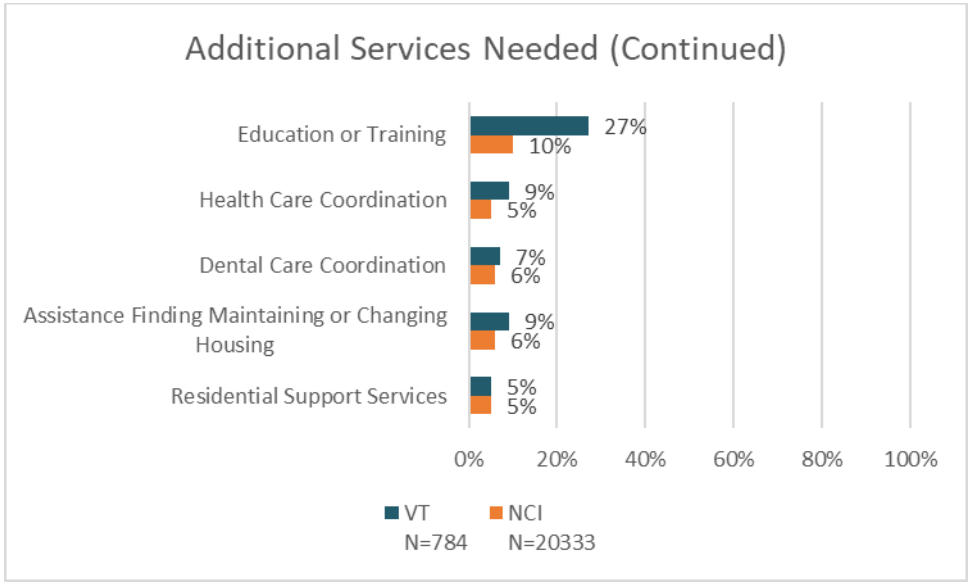


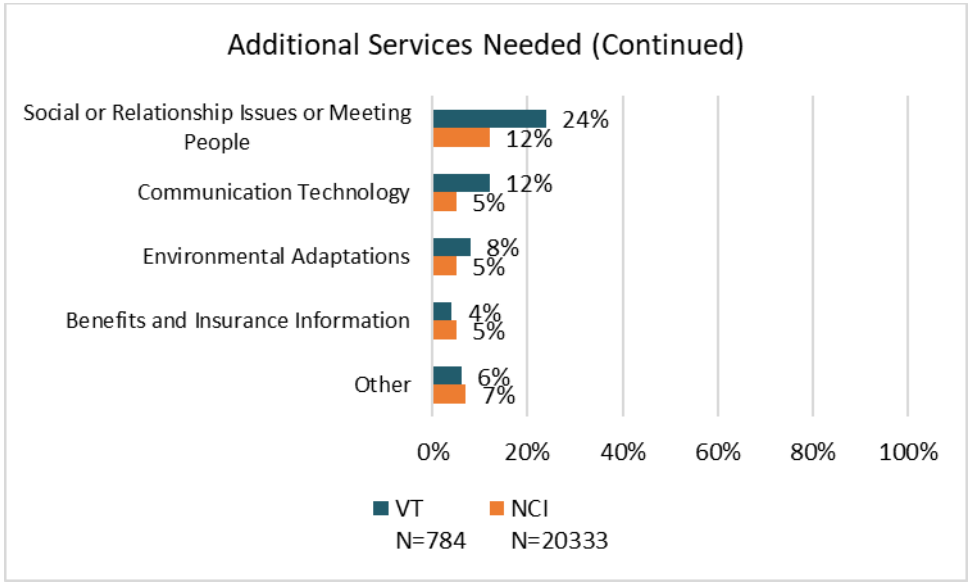






All NCI Averages are *weighted*





All NCI Averages are *weighted*

Table 107. Has a way to get places need to go

State v NCI	Average	N
VA	94%	503
NCI	93%	14,734

Table 108. Has a way to get places when wants to do something outside of home

State v NCI	Average	N
VA ▲	87%	499
NCI	82%	14,567

Table 109. Staff have right training to meet person's needs

Proxy respondents who <u>were not</u> staff were allowed for this question

State v NCI	Average	N
VA	88%	583
NCI	89%	15,467

Table 110. Additional services needed

Proxy respondents were allowed for this question categories are not mutually exclusive

Additional Services Needed…	VA	NCI
Service Coordination or Case Management	2%	4%
Respite or Family Support	10%	8%
Transportation	8%	12%
Assistance Finding Maintaining or Changing Jobs	12%	11%
Day Services (Not Employment)	7%	7%
Education or Training	11%	10%
Health Care Coordination	6%	5%
Dental Care Coordination	11%	6%
Assistance Finding Maintaining or Changing Housing	5%	6%
Residential Support Services	4%	5%
Social or Relationship Issues or Meeting People	13%	12%
Communication Technology	10%	5%
Environmental Adaptations	7%	5%
Benefits and Insurance Information	4%	5%
Other	9%	7%
N	800	20,333

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Health

People secure recommended health services.

See all states' *Health* outcomes here.

Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population

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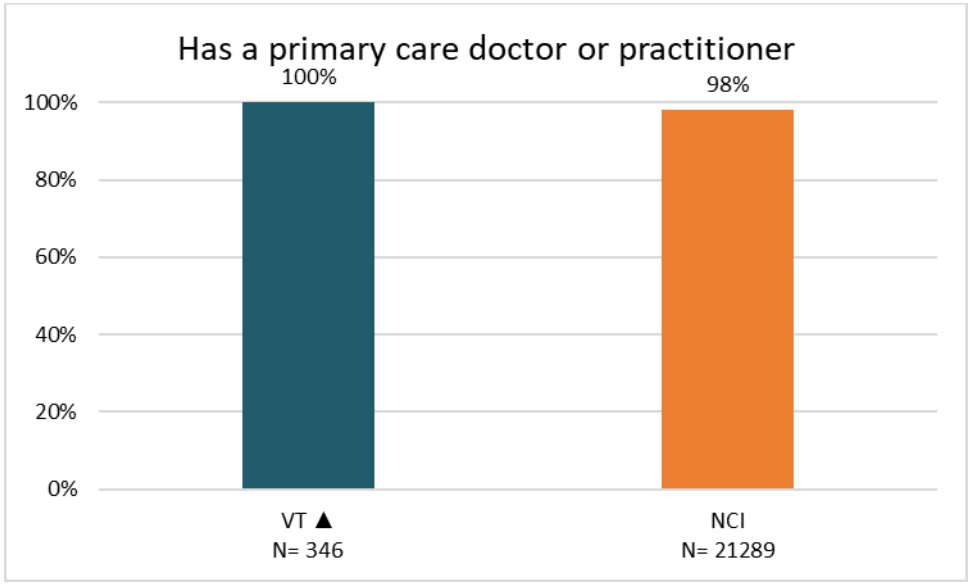
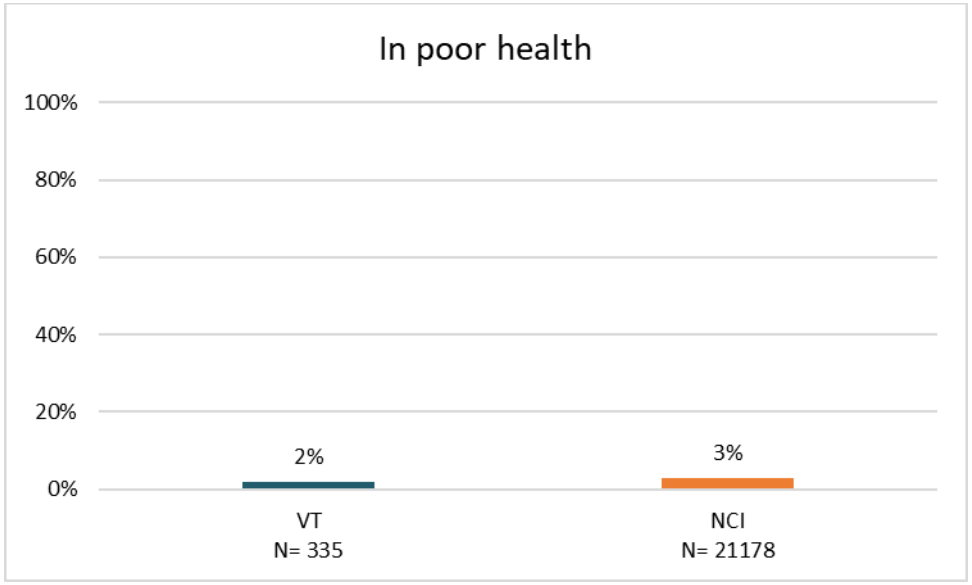
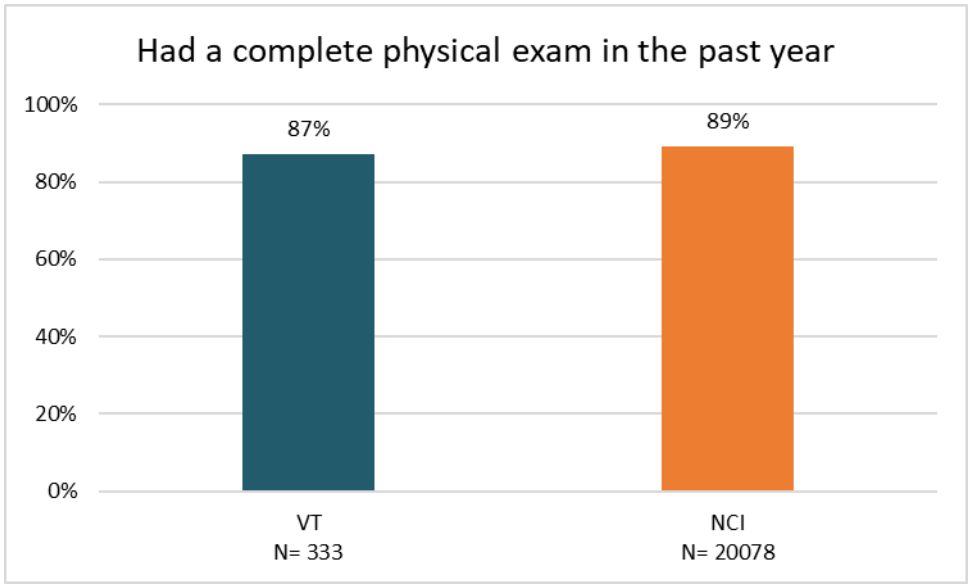
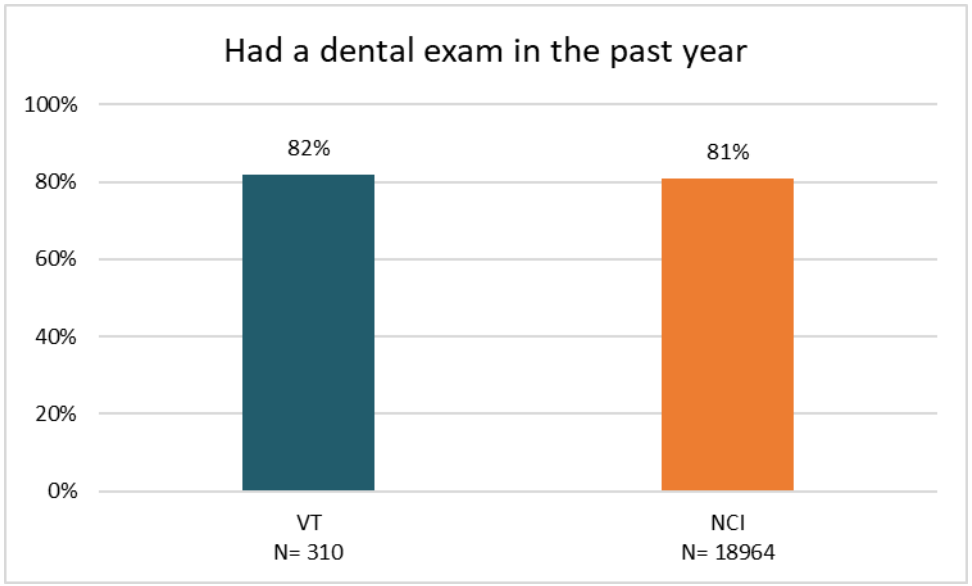
All NCI Averages are *weighted*

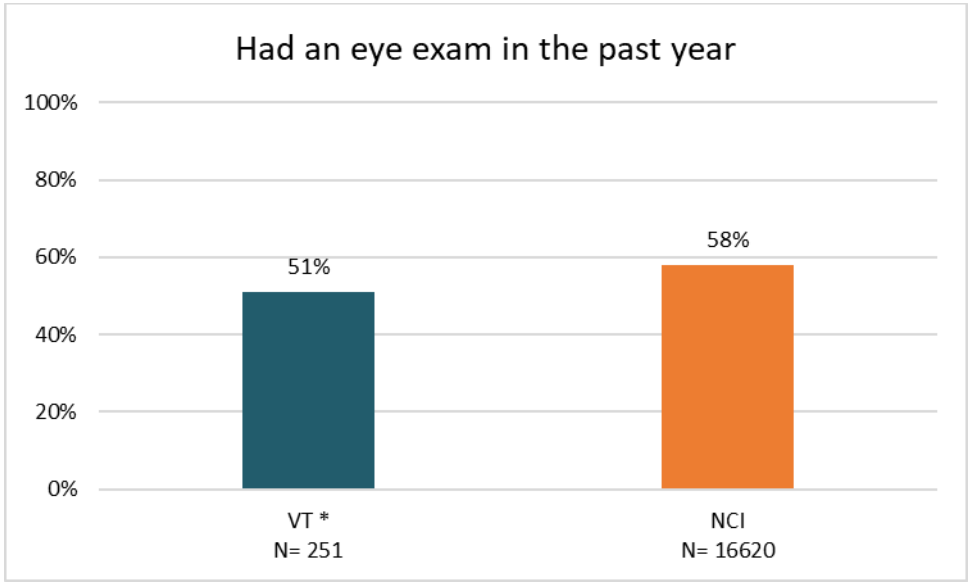


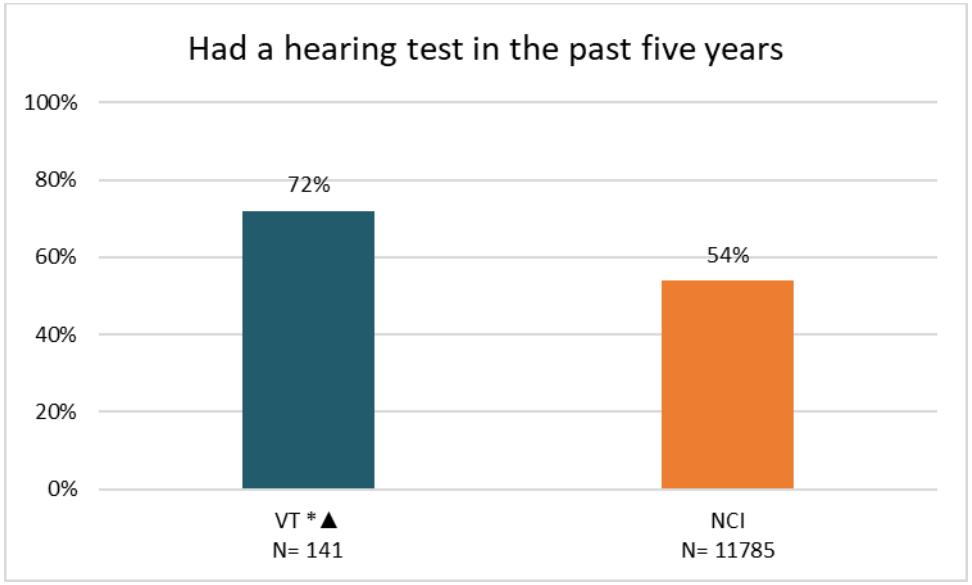


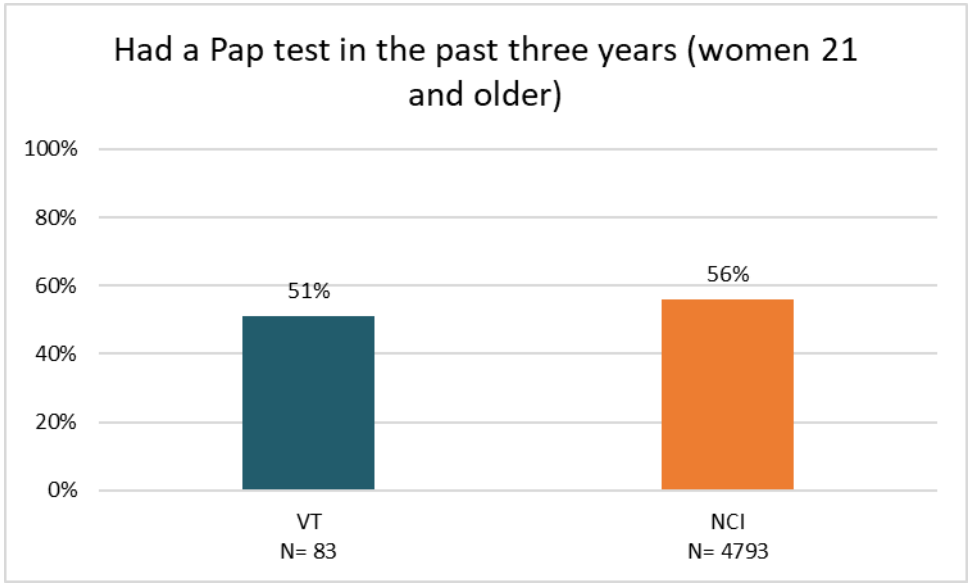


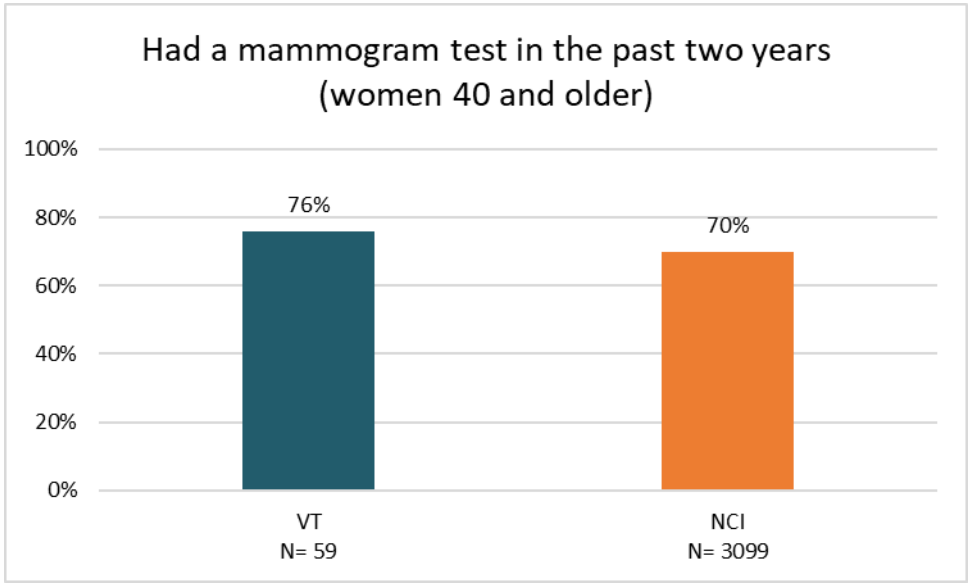


An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***









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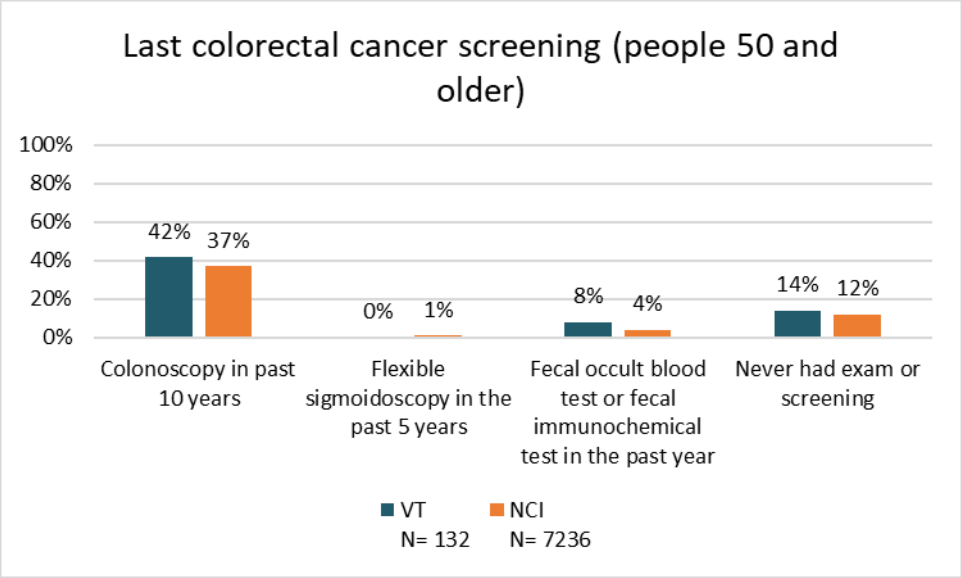
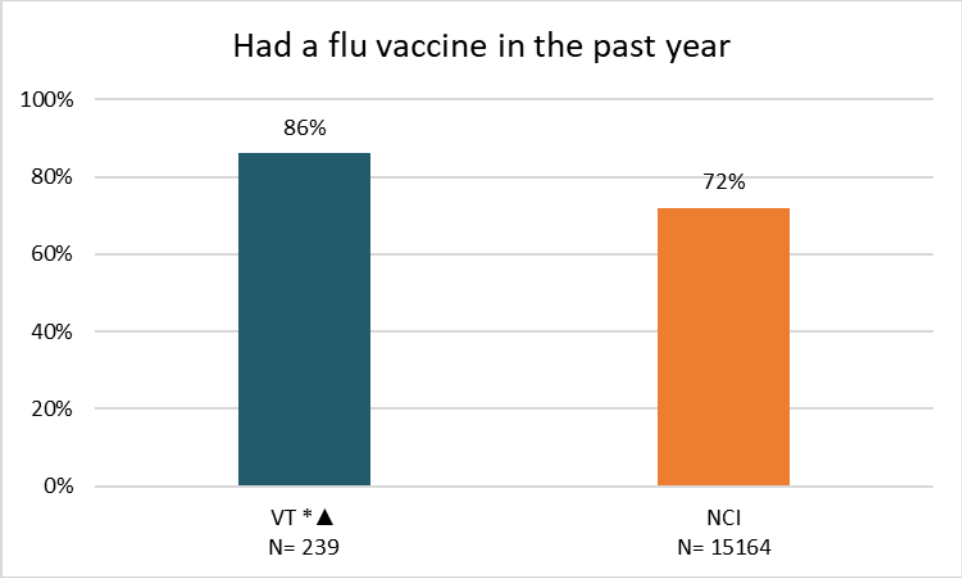
All NCI Averages are ***weighted***





An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are ***weighted***

Table 111. Has a primary care doctor or primary care practitioner

Information may have been obtained through state records

State v NCI	Average	N
VA	99%	800
NCI	98%	21,289

Table 112. In poor health

Proxy respondents were allowed for this question

State v NCI	Average	N
VA	2%	802
NCI	3%	21,178

Table 113. Had a complete physical exam in the past year

Information may have been obtained through state records

State v NCI	Average	N
VA ▼	82%	787
NCI	89%	20,078

Table 114.Had a dental exam in the past year

Information may have been obtained through state records

State v NCI	Average	N
VA ▼	65%	728
NCI	81%	18,964

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

Table 115. Had an eye exam or vision screening in the past year

Information may have been obtained through state records

State v NCI	Average	N
VA *	55%	440
NCI	58%	16,620

Table 116. Had a hearing test in the past five years

Information may have been obtained through state records

State v NCI	Average	N
VA *	52%	266
NCI	54%	11,785

Table 117. Had a Pap test in the past three years (women 21 and older)

Information may have been obtained through state records

State v NCI	Average	N
VA	53%	144
NCI	56%	4,793

Table 118. Had a mammogram test in the past two years (among women age 40 and over)

Information may have been obtained through state records

State v NCI	Average	N
VT	76%	59
NCI	70%	3,099

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

Table 119. Last colorectal cancer screening (among people age 50 and over)

Information may have been obtained through state records

State v NCI	Colonoscopy in past 10 years	Flexible sigmoidoscopy in the past 5 years	Fecal occult blood test or fecal immunochemical test in the past year	Never had exam or screening	N
VT	42%	0%	8%	14%	132
NCI	37%	1%	4%	12%	7,236

Table 120. Had a flu vaccine in the past year

Information may have been obtained through state records

State v NCI	Average	N
VT *▲	86%	239
NCI	72%	15,164

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

Medication

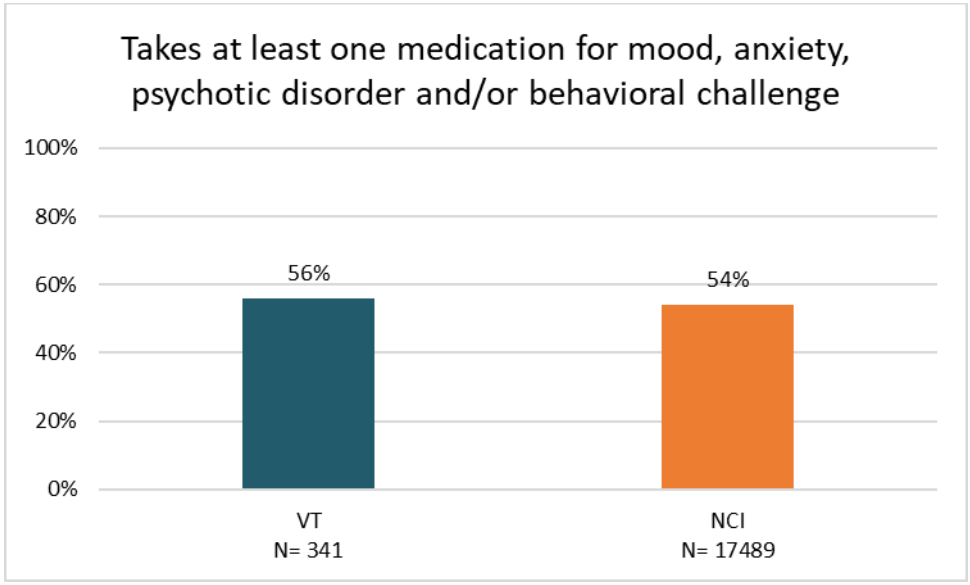
Medications are used effectively and appropriately.

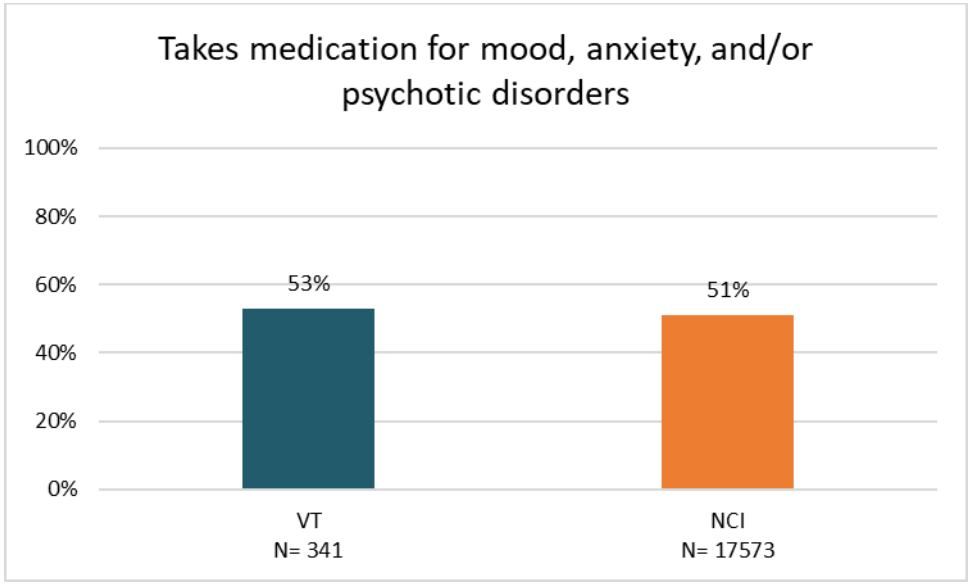
See all states' *Medication* outcomes here.

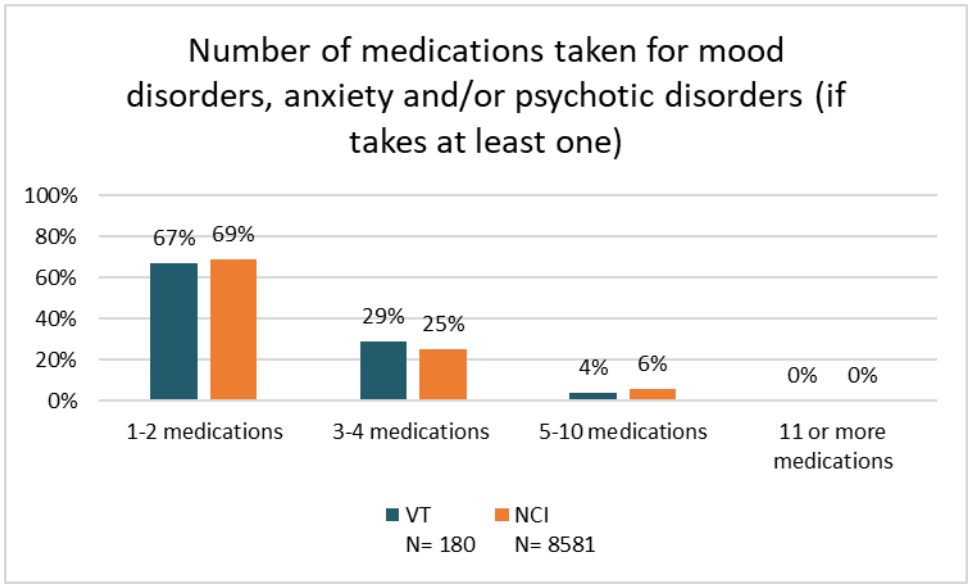
Important note on data

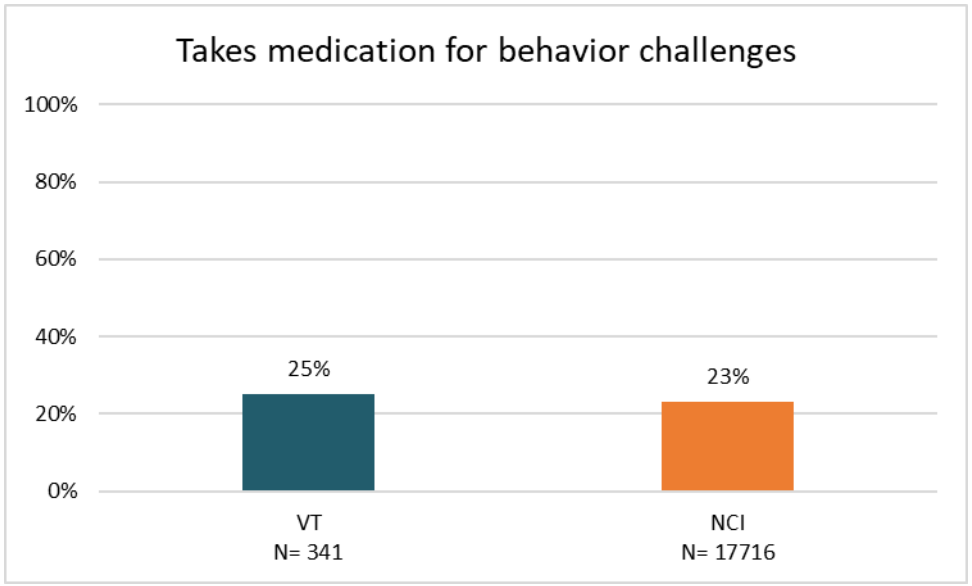
Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are *weighted*









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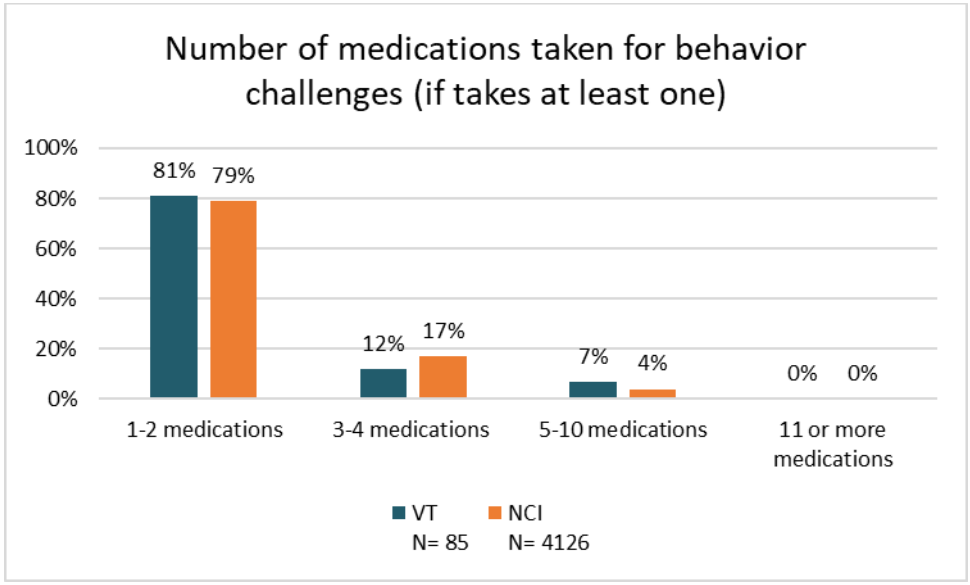
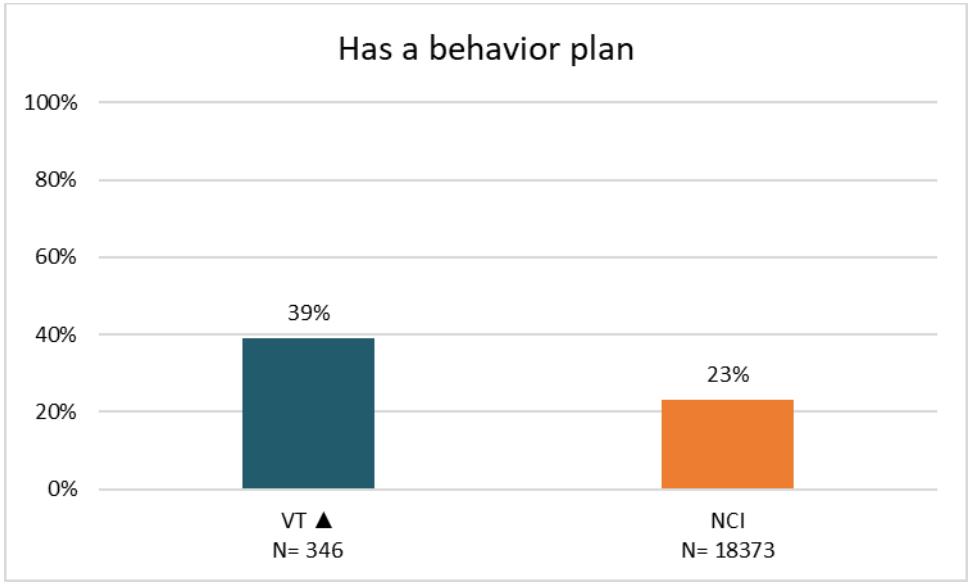
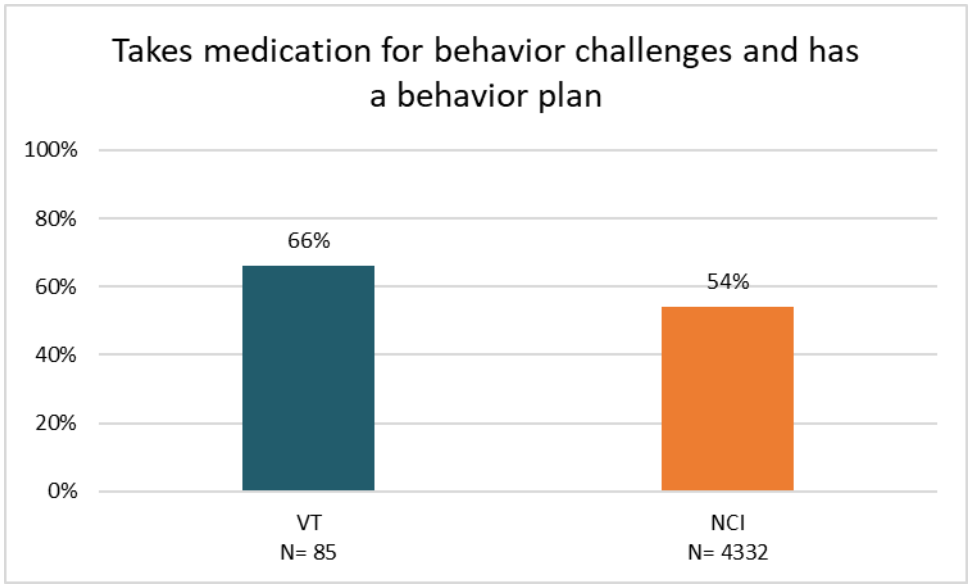
All NCI Averages are *weighted*







An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are ***weighted***

Table 121. Takes at least one medication for mood, anxiety, psychotic disorder and/or behavioral challenge

Information may have been obtained through state records

State v NCI	Average	N
VT	56%	341
NCI	54%	17,489

Table 122. Takes medication for mood, anxiety, and/or psychotic disorders

Information may have been obtained through state records

State v NCI	Average	N
VT	53%	341
NCI	51%	17,573

Table 123. Number of medications taken for at least one of the following: mood disorders, anxiety, or psychotic disorders if taking at least one medication for this purpose

Information may have been obtained through state records

State v NCI	1-2 Medications	3-4 Medications	5-10 Medications	11 or More Medications	N
VT	67%	29%	4%	0%	180
NCI	69%	25%	6%	0%	8,581

Table 124. Takes medication for behavior challenges

Information may have been obtained through state records

State v NCI	Average	N
VT	25%	341
NCI	23%	17,716

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

Table 125. Number of medications taken for behavior challenges if taking at least one for this purpose

Information may have been obtained through state records

State v NCI	1-2 Medications	3-4 Medications	5-10 Medications	11 or More Medications	N
VT	81%	12%	7%	0%	85
NCI	79%	17%	4%	0%	4,126

Table 126. Has a behavior plan

Information may have been obtained through state records

State v NCI	Average	N
VT ▲	39%	346
NCI	23%	18,373

Table 127. Has a behavior plan (among those who take medication for a behavior challenge)

Information may have been obtained through state records

State v NCI	Average	N
VT	66%	85
NCI	54%	4,332

An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

Wellness

People maintain healthy habits.

See all states' *Wellness* outcomes here.

Important note on data

Several states had large amounts of missing data or data recorded as "don't know." Where 25% or more of a state's sample had "don't know" or missing responses, we used an asterisk (*) to indicate that state's data should be interpreted with caution as it may not accurately represent the sample or service population.

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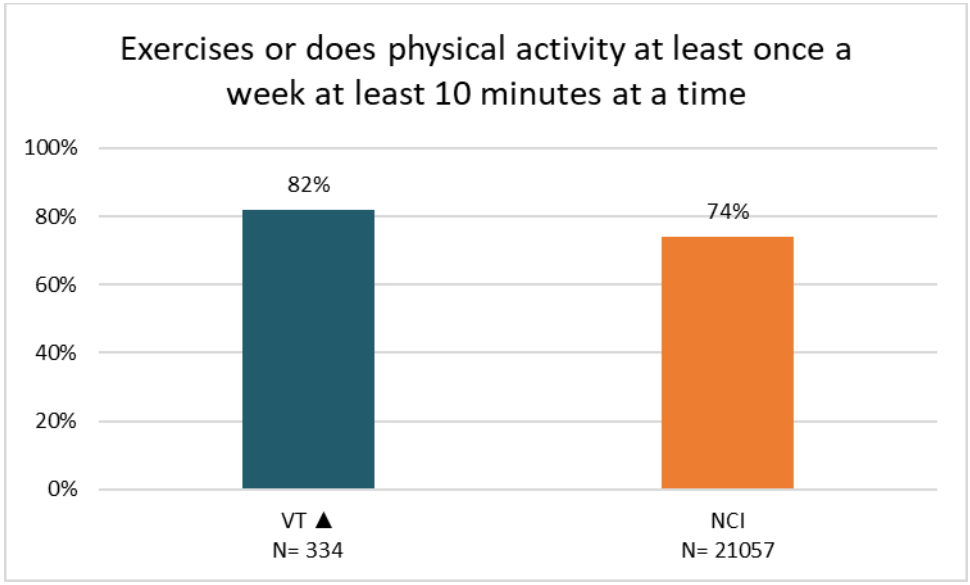
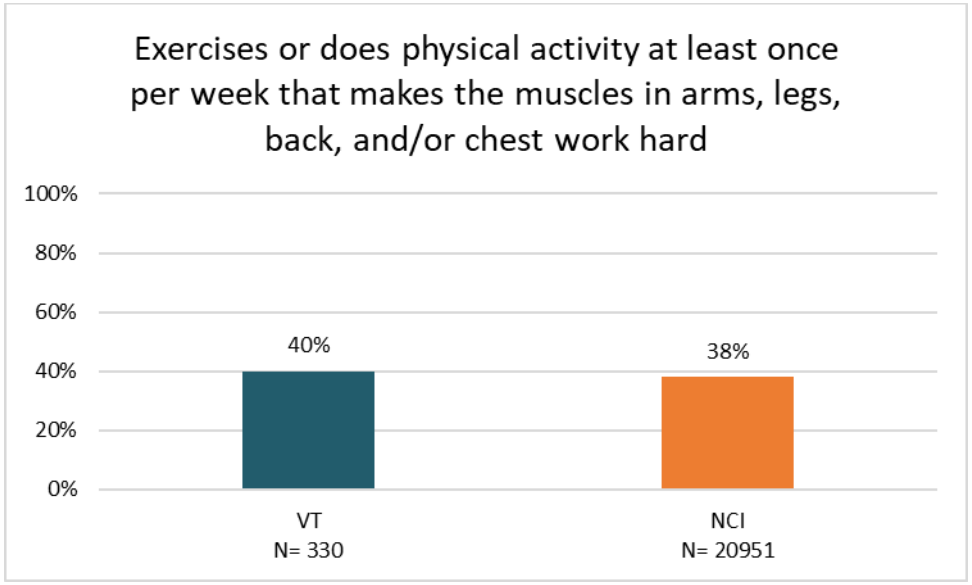
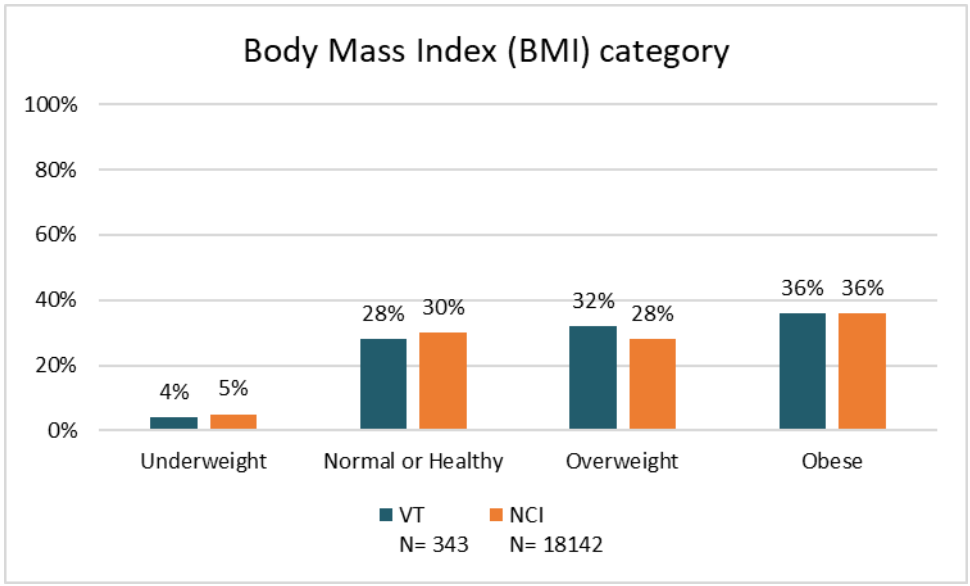
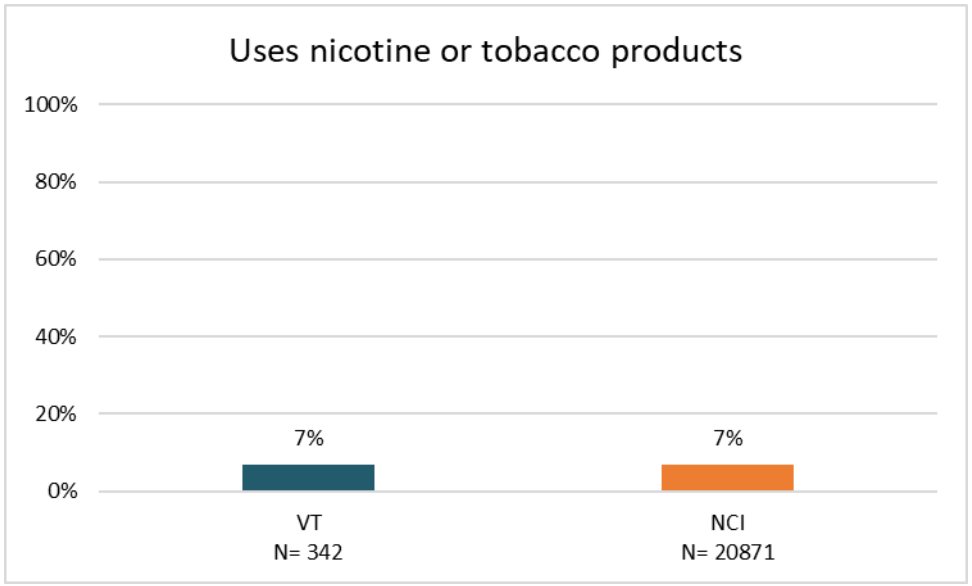
All NCI Averages are *weighted*









An asterisk (*) denotes that data include at least 25% "don't knows" and missing data
All NCI Averages are ***weighted***

Table 128. Exercises or does physical activity at least once per week for 10 minutes or more at a time

Proxy respondents were allowed for this question

State v NCI	Average	N
VT ▲	82%	334
NCI	74%	21,057

Table 129. Exercises or does physical activity at least once per week that makes the muscles in arms, legs, back, and/or chest work hard

Proxy respondents were allowed for this question

State v NCI	Average	N
VT	40%	330
NCI	38%	20,951

Table 130. Body Mass Index (BMI) category

BMI calculated using data on weight and height; information may have been obtained through state records

State v NCI	Underweight	Normal or Healthy	Overweight	Obese	N
VT	4%	28%	32%	36%	343
NCI	5%	30%	28%	36%	18,142

Table 131. Uses nicotine or tobacco products

Information may have been obtained through state records

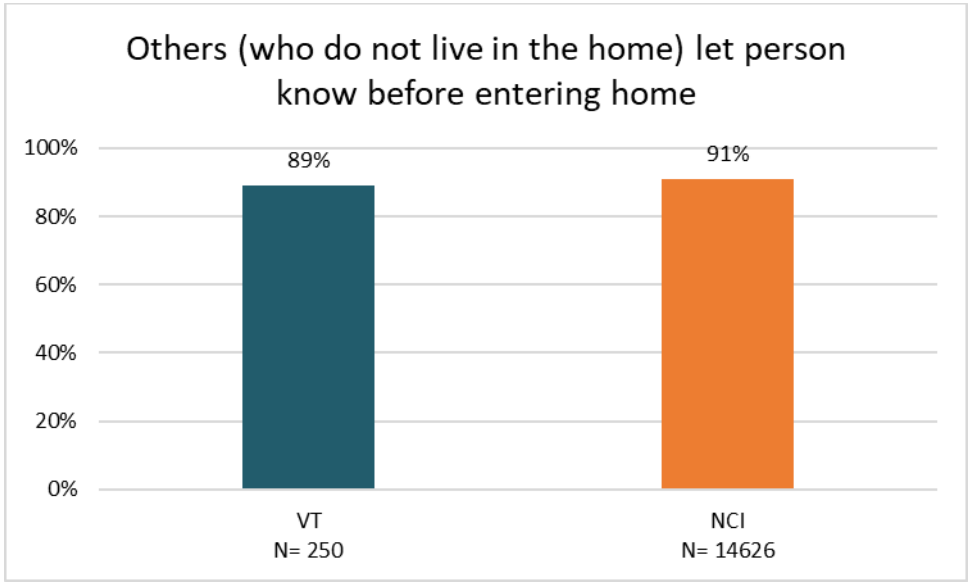
State v NCI	Average	N
VT	7%	342
NCI	7%	20,871

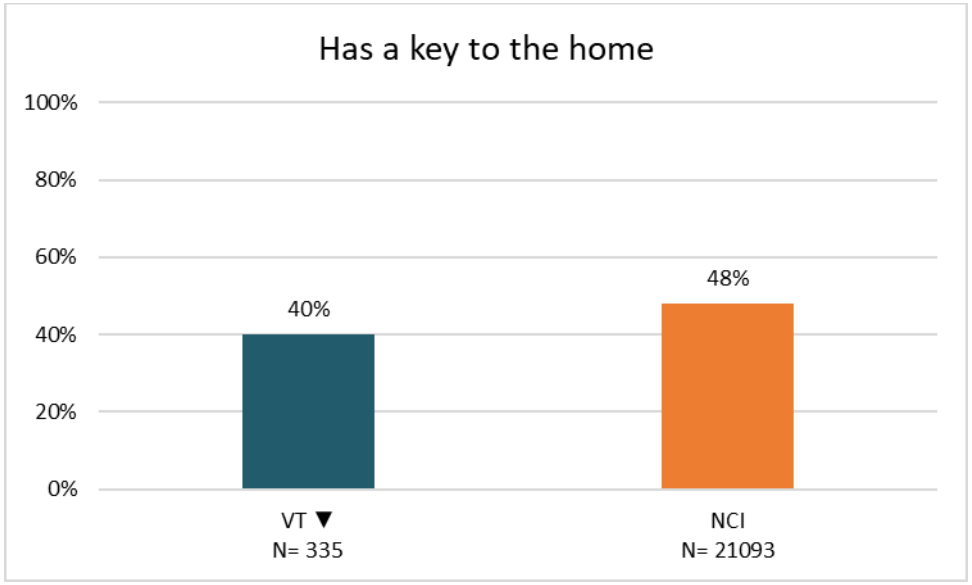
An asterisk (*) denotes that data include at least 25% “don’t knows” and missing data
All NCI Averages are ***weighted***

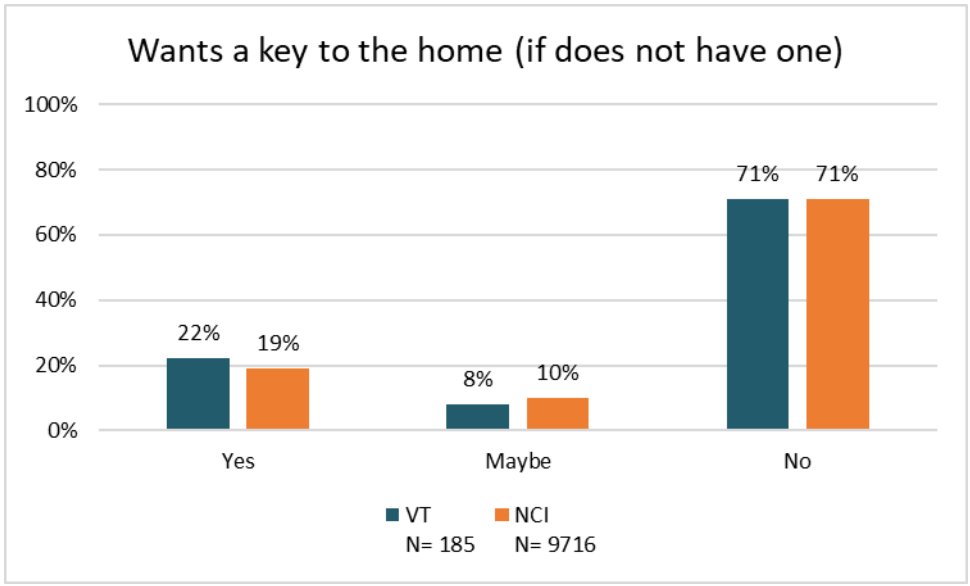
Rights and Respect

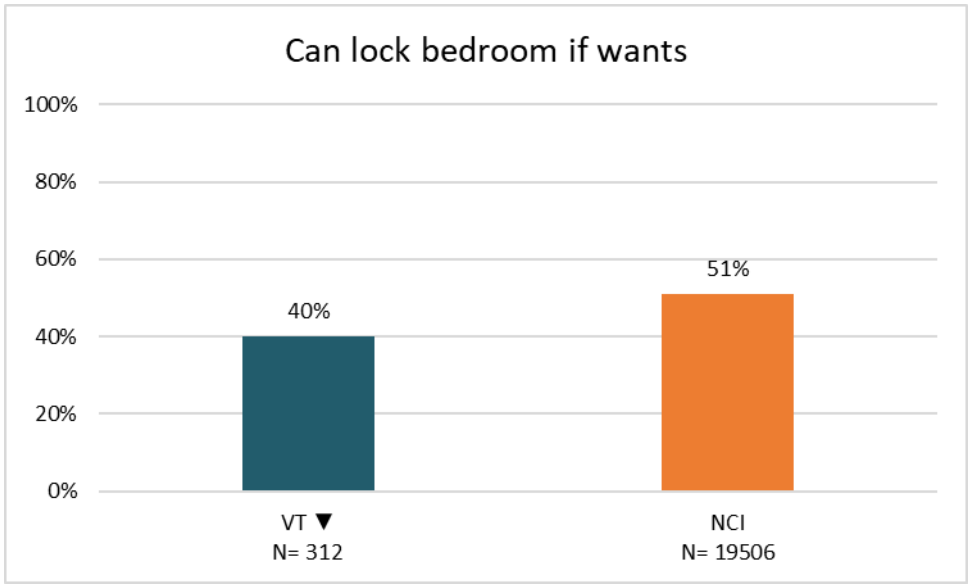
People receive the same respect and protections as others in the community.

See all states' *Rights and Respect* outcomes here.

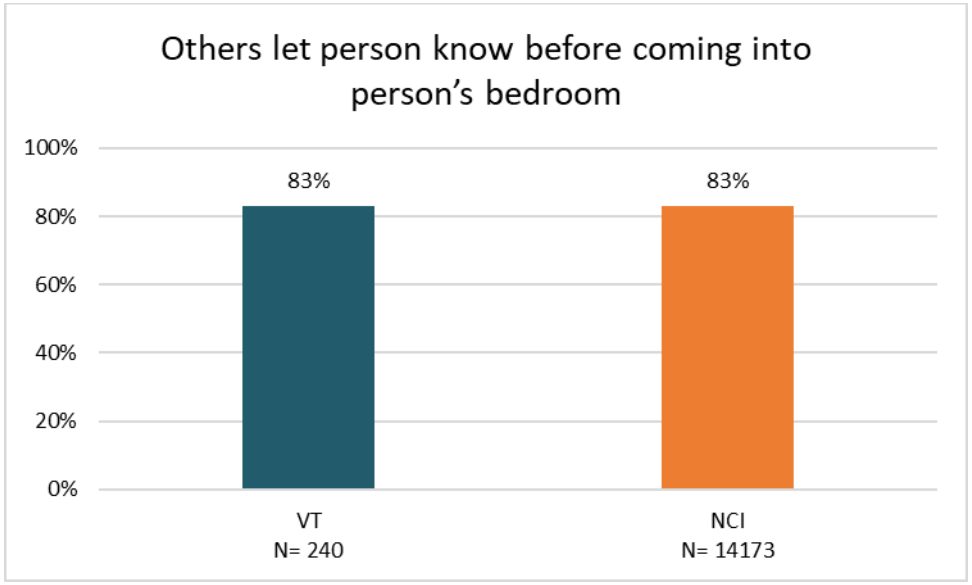


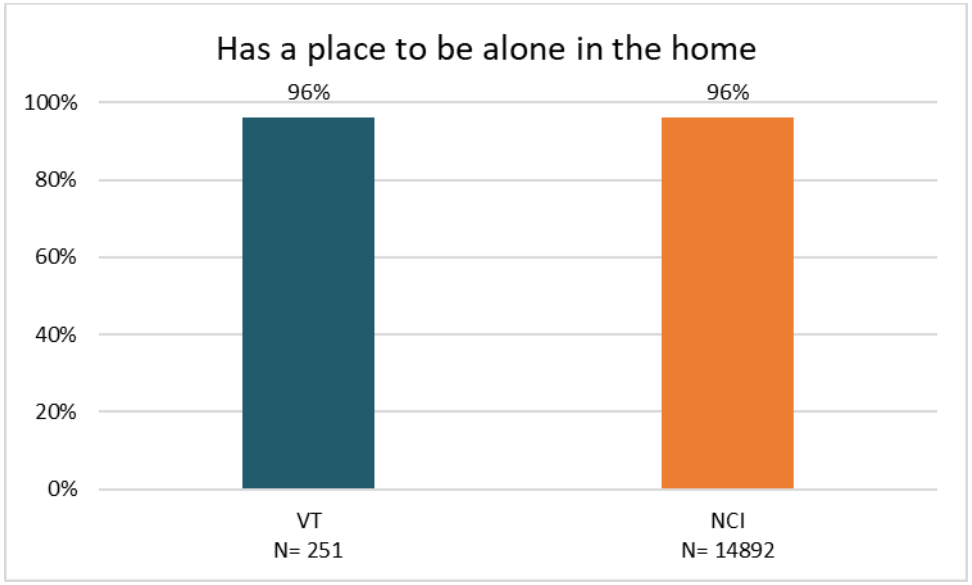


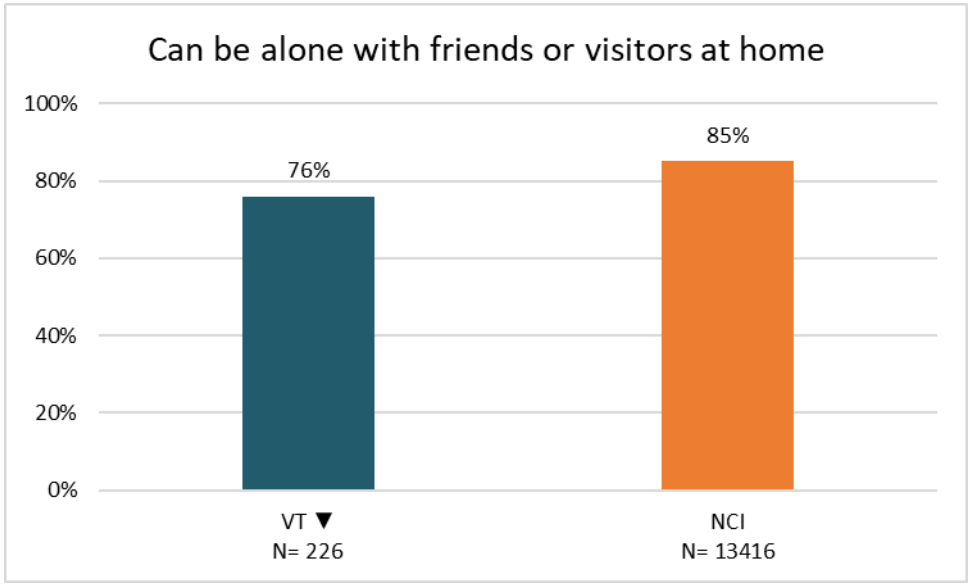


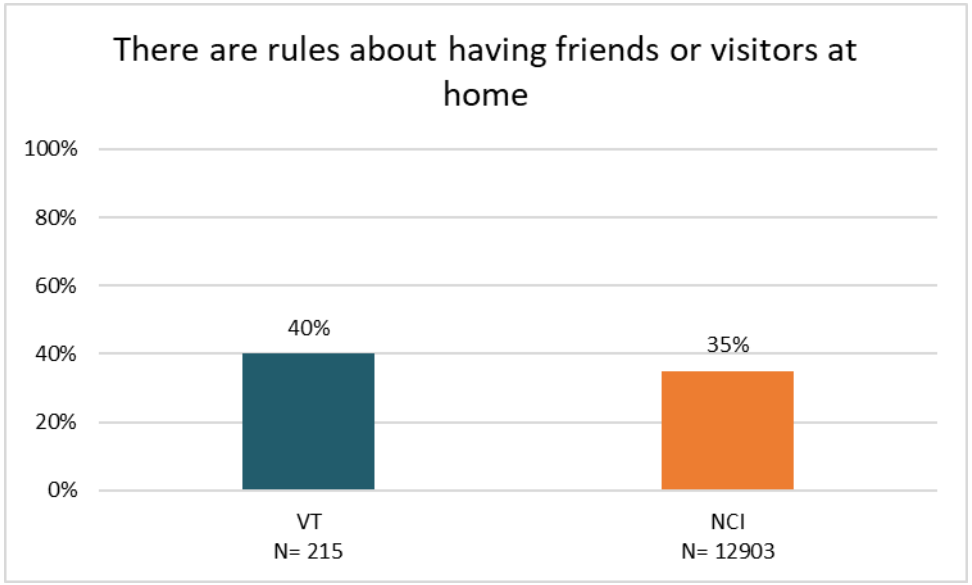


All NCI Averages are *weighted*

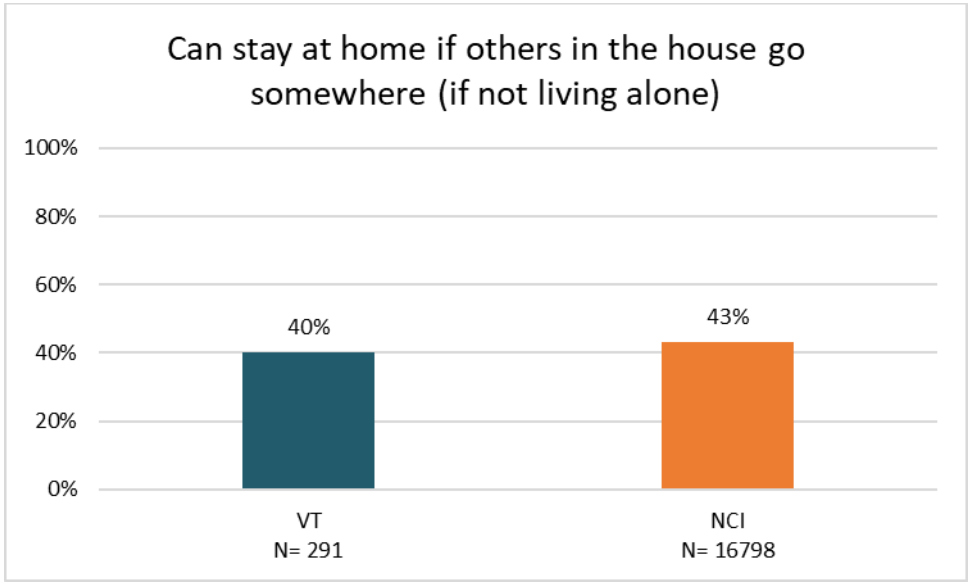


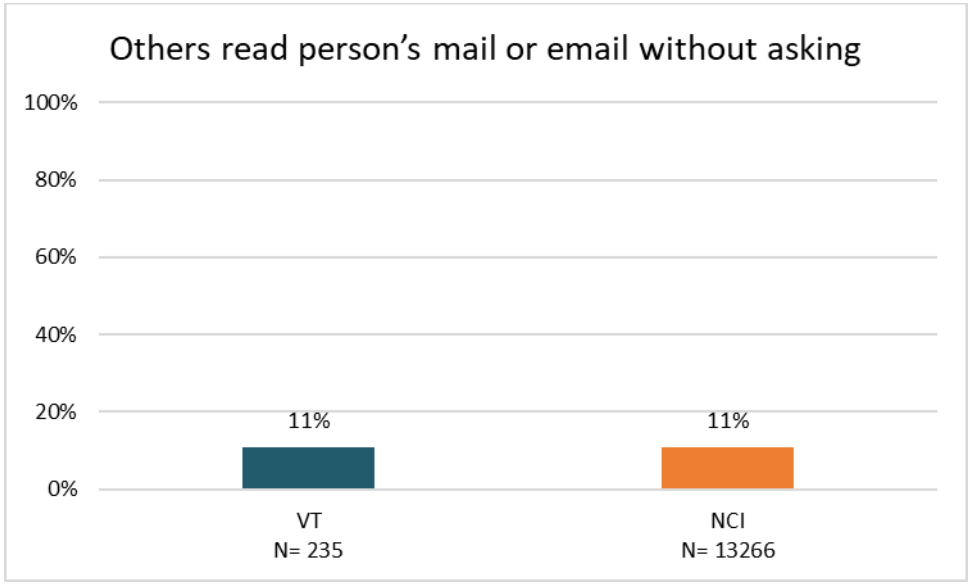


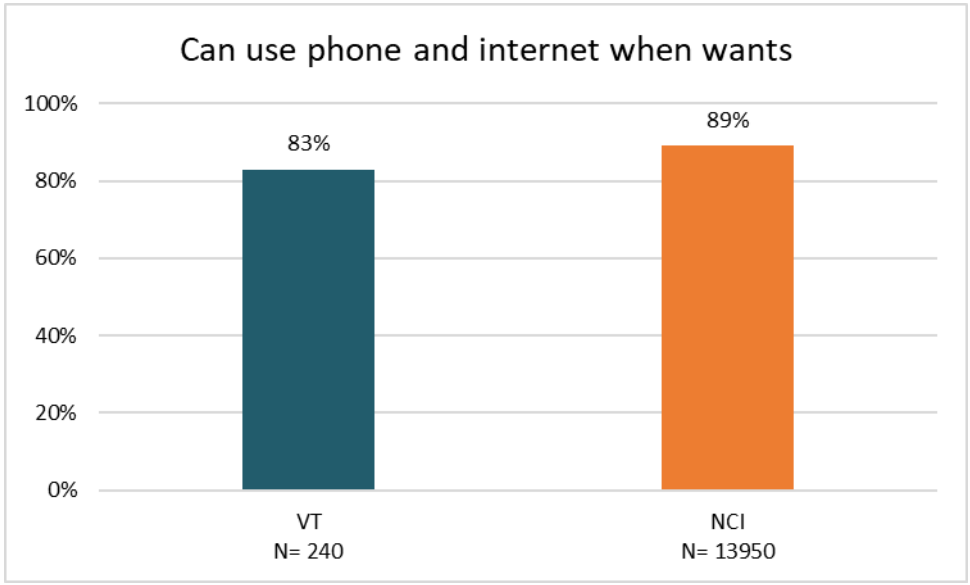


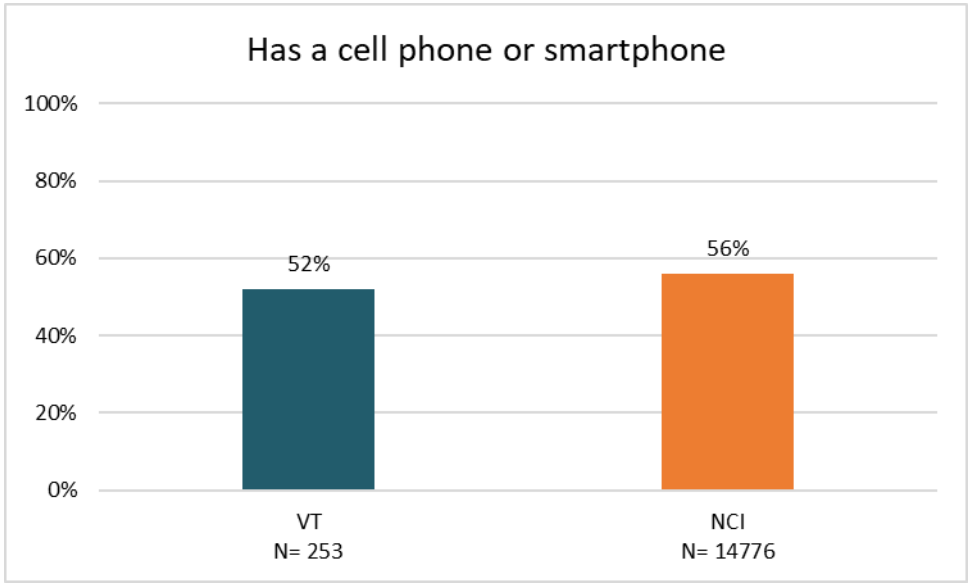


All NCI Averages are *weighted*

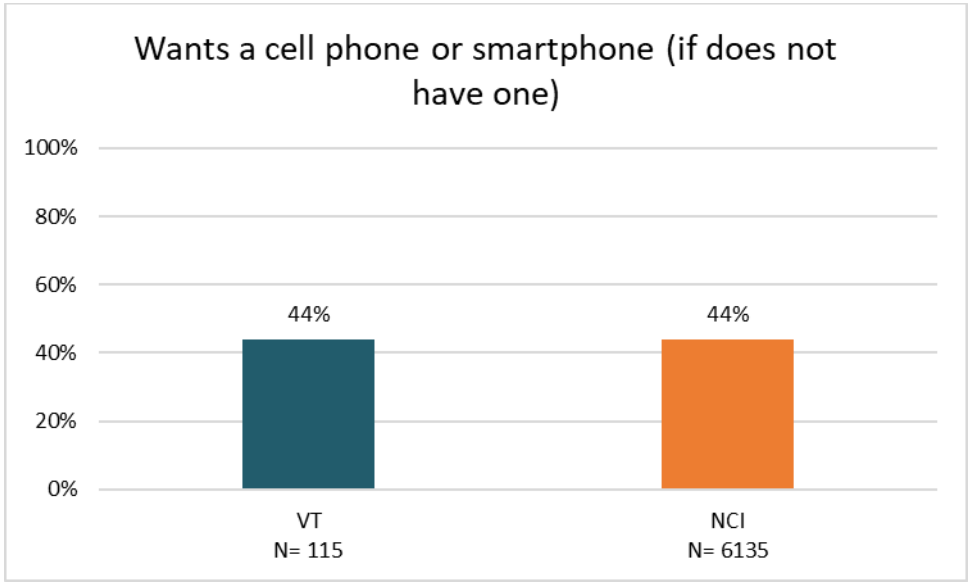


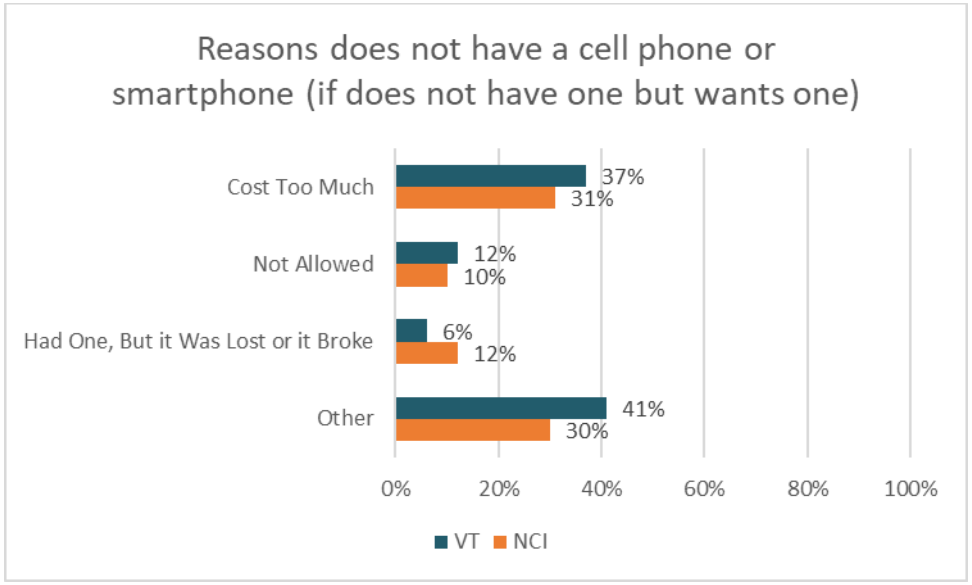


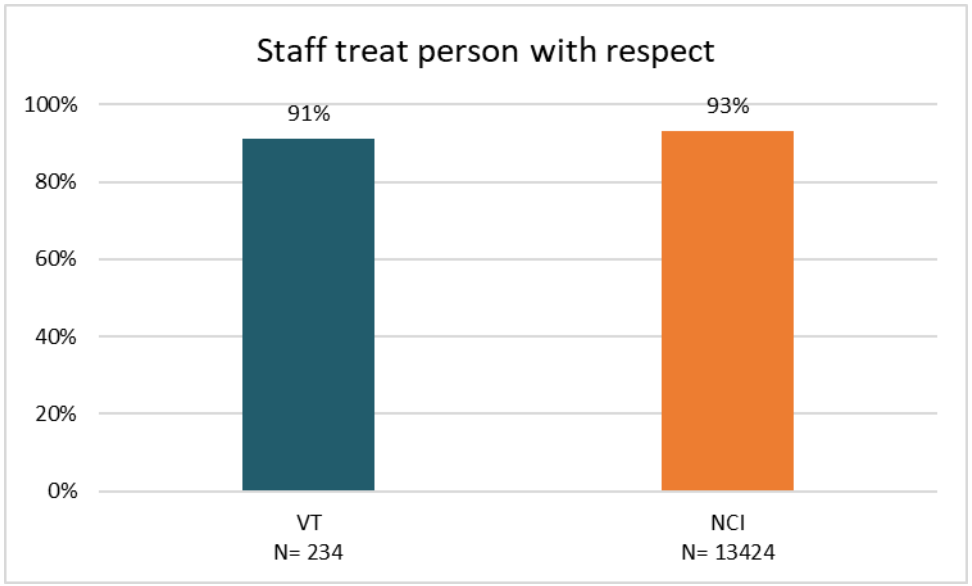


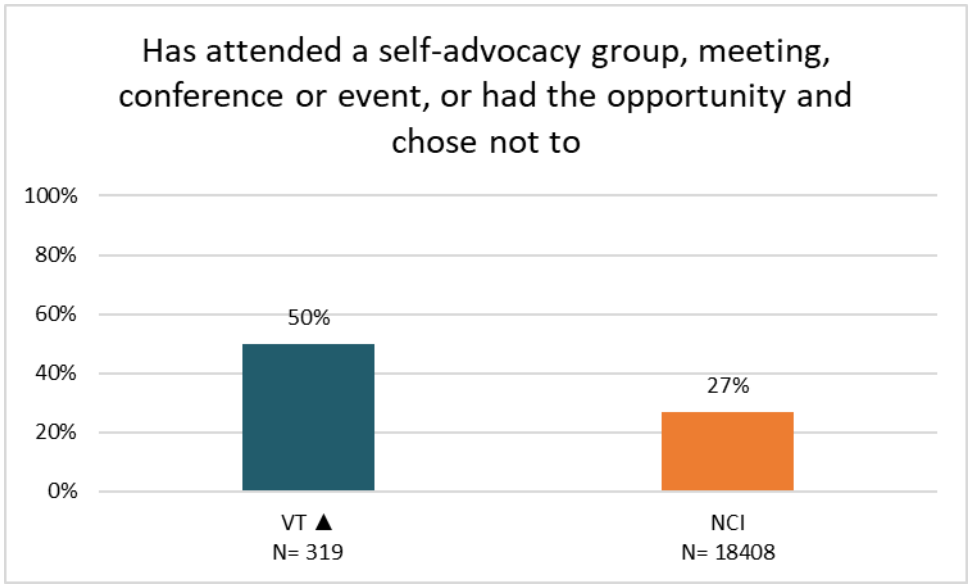


All NCI Averages are *weighted*

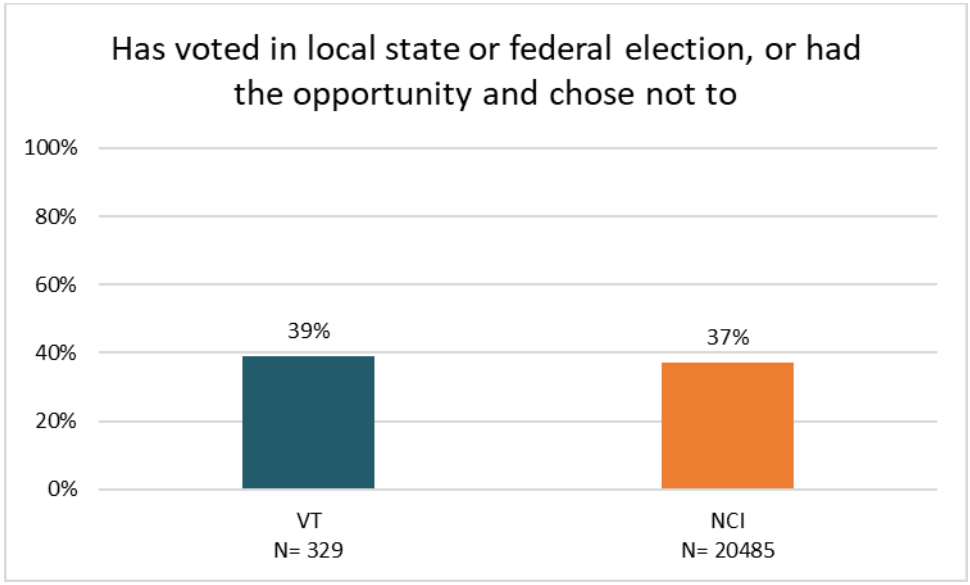








All NCI Averages are *weighted*



All NCI Averages are *weighted*

Table 132. Others (who do not live in the home) let person know before entering home

State v NCI	Average	N
VT	89%	250
NCI	91%	14,626

Table 133. Has a key to the home

State v NCI	Average	N
VT ▼	40%	335
NCI	48%	21,093

Table 134. Wants a key to the home (if does not have one)

State v NCI	Yes	Maybe	No	N
VT	22%	8%	71%	185
NCI	19%	10%	71%	9,716

Table 135. Can lock bedroom if wants

State v NCI	Average	N
VT ▼	40%	312
NCI	51%	19,506

Table 136. Others let person know before coming into person's bedroom

State v NCI	Average	N
VT	83%	240
NCI	83%	14,173

All NCI Averages are *weighted*

Table 137. Has a place to be alone in the home

State v NCI	Average	N
VT	96%	251
NCI	96%	14,892

Table 138. Can be alone with friends or visitors at home

State v NCI	Average	N
VT ▼	76%	226
NCI	85%	13,416

Table 139. There are rules about having friends or visitors in the home

State v NCI	Average	N
VT	40%	215
NCI	35%	12,903

Table 140. Can stay at home if others in the house go somewhere (if not living alone)

New in 2018-19; proxy respondents were allowed for this question

State v NCI	Average	N
VT	40%	291
NCI	43%	16,798

Table 141. Others read person's mail or email without asking

State v NCI	Average	N
VT	11%	235
NCI	11%	13,266

Table 142. Can use phone and internet when wants

State v NCI	Average	N
VT	83%	240
NCI	89%	13,950

Table 143. Has a cell phone or smartphone

New in 2018-19

State v NCI	Average	N
VT	52%	253
NCI	56%	14,776

Table 144. Wants a cell phone or smartphone (if does not have one)

New in 2018-19

State v NCI	Average	N
VT	44%	115
NCI	44%	6,135

Table 145. Reasons does not have a cell phone or smartphone (if does not have one but wants one)

New in 2018-19; categories are not mutually exclusive; therefore, N is not shown

State v NCI	Cost Too Much	Not Allowed	Had One, But it Was Lost or it Broke	Other
VT	37%	12%	6%	41%
NCI	31%	10%	12%	30%

Table 146. Staff treat person with respect

State v NCI	Average	N
VT	91%	234
NCI	93%	13,424

Table 147. Has attended a self-advocacy group, meeting, conference or event or had the opportunity and chose not to

Proxy respondents were allowed for this question

State v NCI	Average	N
VT ▲	50%	319
NCI	27%	18,408

Table 148. Has voted in local, state, or federal election, or had the opportunity and chose not to

Proxy respondents were allowed for this question

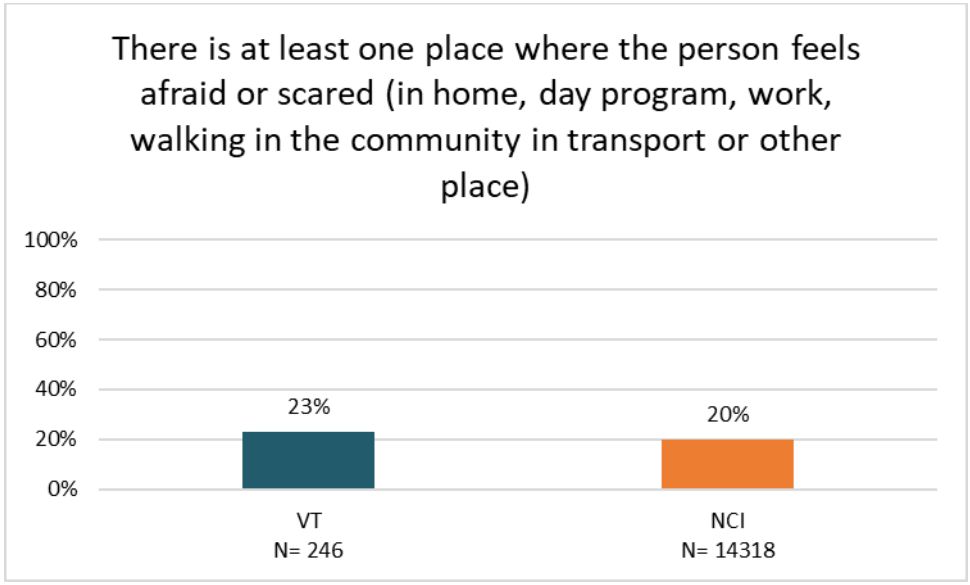
State v NCI	Average	N
VT	39%	329
NCI	37%	20,485

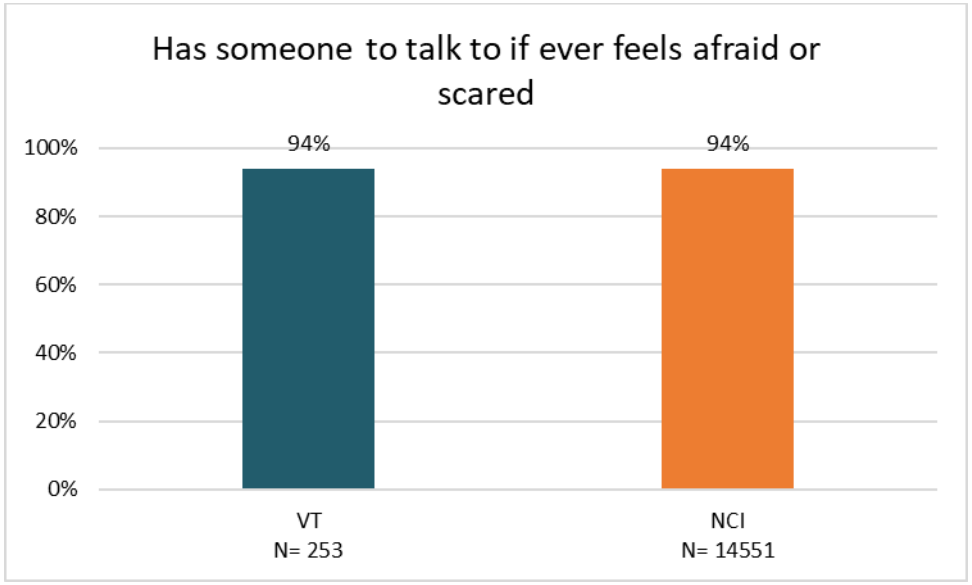
All NCI Averages are *weighted*

Safety

People feel safe.

See all states' *Safety* outcomes here.





All NCI Averages are *weighted*

Table 149. There is at least one place where the person feels afraid or scared (in home, day program, work, walking in the community, in transport, and/or other place)

State v NCI	Average	N
VT	23%	246
NCI	20%	14,318

Table 150. Has someone to talk to if ever feels afraid or scared

State v NCI	Average	N
VT	94%	253
NCI	94%	14,551